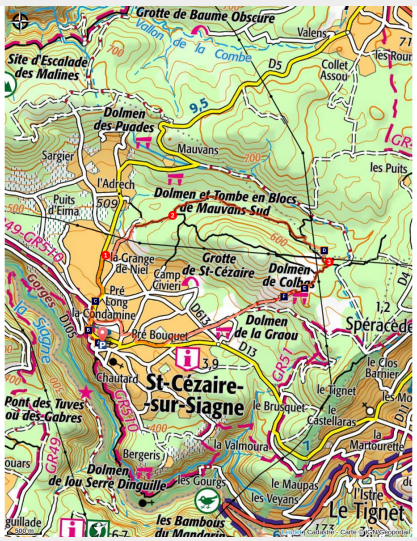
Circuit du Puits d'Amon

Saint-Cézaire-sur-Siagne



Chemin roulant du parcours (Julien Lageat - PNR des Préalpes d'Azur)

A path open to all, in a typical landscape of the high Grasse area. This route crosses vast wooded limestone plateaus.

"A circuit that will take you on the heights of Saint-Cézaire-sur-Siagne by an alternation of broad tracks and wooded roads without great technical difficulties. After enjoying a well-deserved break at the Puits d'Amon in a beautiful glade, the descent to the village will make you discover splendid views of Lake St. Cassian. "Sophie LAGARDE - Pre-Alps d'Azur PNR.

Useful information

Practice : MOUNTAIN BIKE

Duration : 2 h

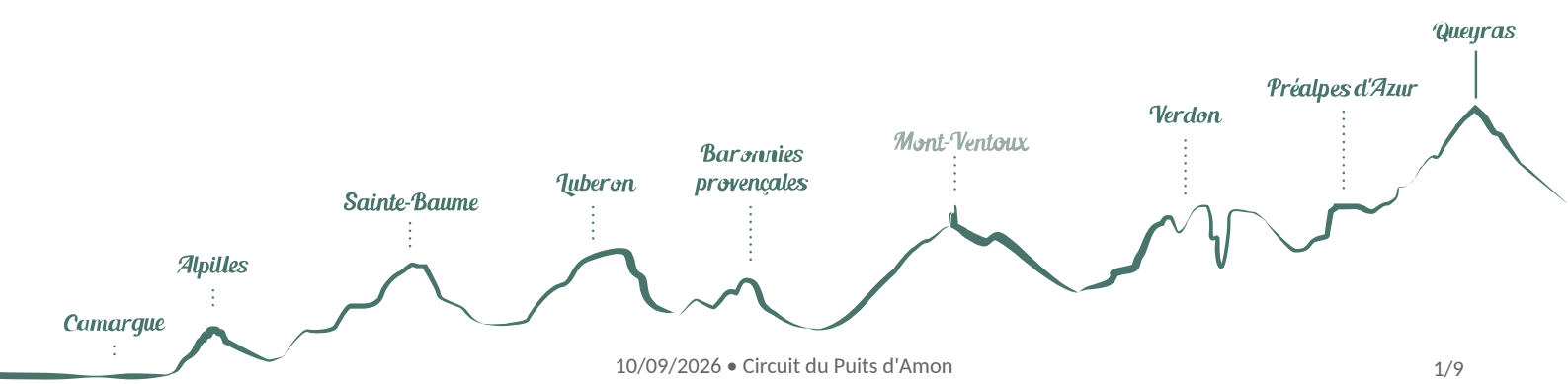
Length : 11.4 km

Trek ascent : 207 m

Difficulty : Very easy

Type : Boucle

Themes : Heritage and history, Local products



Trek

Departure : Saint-Cézaire-sur-Siagne village
Arrival : Saint-Cézaire-sur-Siagne
Markings : PR

From Saint-Cézaire-sur-Siagne, go up the road of Saint-Vallier-de-Thiey for 1.5 km to the bus shelter " des redonnets ".
1- Take a right on the small paved road for 100 m and turn left to reach another small road. Continue on a wide stony path marked 27.
2- Go down slightly to the left on another track and continue on the marked stony path (PR) to go back on a grassland area.
3- fork to the right and get to the beacon 28. Then deviate slightly on the right via the beacon 29. Go back down a pebble road and join the small village of Saint-Cézaire-sur-Siagne through small paved roads.

On your path...

Grotte de Baume Obscure
Vallon de la Combe
Valens
Site d'Escalade des Malines
700
D5
Collet Assou
9,5
Dolmen des Puades
Mauvans
Sargier
700
les Puits
l'Adrech
Puits d'Eima
509
Dolmen et Tombe en Blocs de Mauvans Sud
500
600
49-GR510
1
2
3
D
la Grange de Niel
Grotte de St-Cézaire
Dolmen de Colbas
Camp Civieri
Pré Long
la Condamine
Gorges
la Siagne
D105
C
B
E
F
D613
1,2
Spéracède
Pré Bouquet
Dolmen de la Graou
D13
GR51
3,9
le Clos Barnier
Chautard
St-Cézaire-sur-Siagne
le Tignet
Pont des Tuves ou des Gabres
le Brusquet
le Castellaras
GR510
400
la Valmoura
la Martourette
Bergeris
GR49
Dolmen de lou Serre Dinguille
les Gourgs
le Maupas
les Veyans
l'Istre
Le Tignet
les Bambous du Mandarin
500 m
Leaflet | Cadastre - Carte © IGN/Geoportail

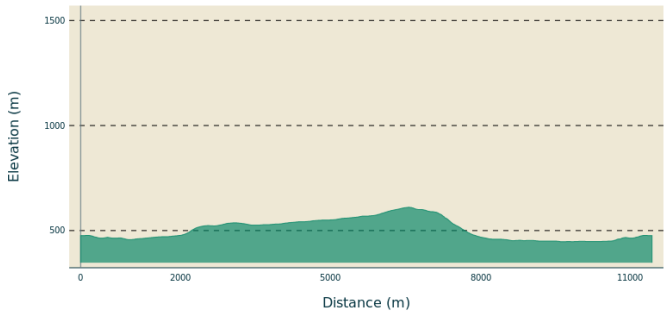
Saint-Cézaire-sur-Siagne (A)
The olive! (C)
The Amon well (E)
The Gorges de la Siagne (B)
The Green Lizard (D)
The lake of Saint Cassien (F)

All useful information

Advices

Take care to the grazing areas. In case of meeting with a Patou, behave appropriately.

Altimetric profile



Min elevation 447 m
Max elevation 611 m

Access

16 km east of Grasse by the RD13.

Advised parking

Parking au centre du village de Saint-Cézaire-sur-Siagne

Source

Département des Alpes-Maritimes - Randoxygène

Information desks

Prealpes of Azur Regional Nature Park

contact@pnr-prealpesdazur.fr
Tel : (+33) 4 92 42 08 63
https://www.parc-prealpesdazur.fr/

On your path...

Saint-Cézaire-sur-Siagne (A)

Perched on the fringe of an imposing vertical wall, the village of Saint-Cézaire-Sur-Siagne stands in front of a superb panorama on the Siagne gorges. Here, forests of softwoods and broad-leaved trees are scattered with sublime terraces of olive groves. Take the time to stroll in the heart of this beautiful medieval village.
Attribution : DR

The Gorges de la Siagne (B)

In any season, come and admire the beauties of Siagne, border between the Var and the Alpes-Maritimes. You will find yourself in a Natura 2000 site because of the exceptional richness of the natural heritage. Ride the 305 m vertical drop to reach the village through many marked trails. The cornices of malines are the delight of climbers.
Attribution : DR

The olive! (C)

Benefiting from the controlled label of origin "Huile et olive de Nice", the oil of Saint-Cézaire-sur-Siagne, famous for its aromas is certainly one of the symbols of the municipality. Whether gold, silver or bronze, many medals awarded at various regional and national competitions reward the olive growers of this land.
Attribution : DR

The Green Lizard (D)

This green lizard, of its latin name *Lacerta bilineata* boasts a blue coloration at the level of the throat. It occupies a wide range of habitats such as forest edges or wastelands. It is a species that likes the environments with a abundant vegetation. For the little anecdote, it is called here, the Lambert.
Attribution : DR

The Amon well (E)

The well made the wealth of the town. The Amon well and one of the most preserved of this particular territory. Composed of a circular stone building paired, closed by a dome and isolated in the center of a meadow, it does not seem to have suffered the passage of time.
Attribution : Julien Lageat - PNR des Préalpes d'Azur

The lake of Saint Cassien (F)

True source of summer freshness, Lake Saint-Cassien is the most popular site in the Pays de Fayence. On this stretch of water of 420 hectares, many activities are available to you. Initially intended for the production of hydro-electric power, the lake has become a coveted recreational area that remains fragile. It is up to everyone to respect the site, the fauna and flora.

Attribution : Julien Lageat - PNR des Préalpes d'Azur

- En aucun cas les auteurs des contenus de ce site ne sauraient être tenus pour responsables de problèmes ou d'accidents sur les itinéraires cités.
- Cependant, nous comptons sur vous pour signaler toutes contradictions importantes entre cette fiche et le terrain.
- Pensez également à signaler les éventuels problèmes rencontrés pendant votre balade sur http://sentinelles.sportsdenature.fr (erreur de balisage, panneau défectueux, pollution, conflit d'usages...).
- La vente de cette fiche est autorisée au coût d'impression.
- Ne pas jeter dans la nature.

L'outil Geotrek a été financé par l'Union européenne, le Parc national des Ecrins et le Parc national du Mercantour.

Le projet Chemins des Parcs est financé par la Région Provence-Alpes-Côte-d'Azur et les Parcs naturels régionaux des Alpilles, de Camargue, du Luberon, du Queyras et du Verdon.

Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

- The authors of this website will in no case be held responsible for problems or accidents on the routes mentioned.
- We count on you to point out any inconsistency between this content and the field itineraries
- Please report any problems encountered on the routes (route marking problems, defective panels, pollution, conflict of uses ...) on http://sentinelles.sportsdenature.fr
- The sale of this sheet is authorized at the cost of printing
- Please don't litter

The Geotrek tool was funded by the European Union, the Ecrins National Park and the Mercantour National Park.

The Chemins des Parcs project is funded by the Provence-Alpes-Côte-d'Azur Region and the regional nature parks of Alpilles, Camargue, Luberon, Queyras and the Verdon.

This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.

Avec le soutien de

Avec l'aide technique de :

- Département des Alpes-Maritimes - Randoxygène