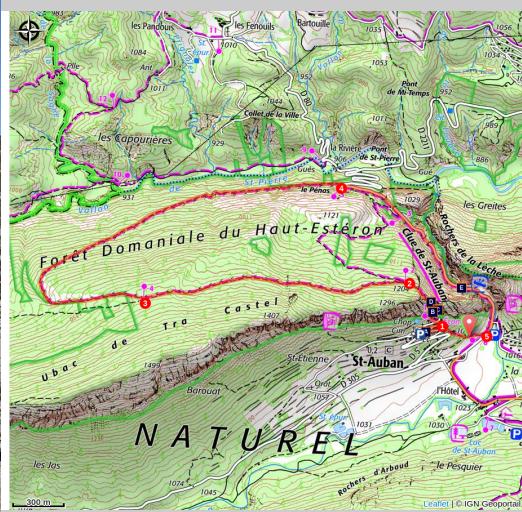


Circuit du Tracastel

Saint-Auban



Vue sur la Clue de Saint-Auban (Julien Lageat - PNR des Préalpes d'Azur)

Very varied course, open to all, located in the heart of the national forest that covers the Tracastel mountain.

"A beautiful circuit that starts with a winding trail above Saint-Auban. The height quickly gained on the first part of the hike opens on breathtaking panoramas on the clue of Saint-Auban, the crests of the Alps and the contours of the Verdon Regional Natural Park. A unique discovery of the evolution of landscapes shaped by water and time. " Sophie Lagarde - Préalpes d'Azur RNP

Useful information

Practice : WALKING

Duration : 2 h

Length : 6.9 km

Trek ascent : 391 m

Difficulty : Easy

Type : Boucle

Themes : Heritage and history, Waters and rivers



Trek

Departure : St Auban village

Arrival : St Auban village

Markings :  PR

From the church square of Saint-Auban, join the beacon 1 in the heart of the village.

1- Continue on the left, continue climbing stairs, rue Tracastel. Take the path (PR) which climbs in laces.

Continue 200 m after climbing the break to the next intersection (beacon 2)

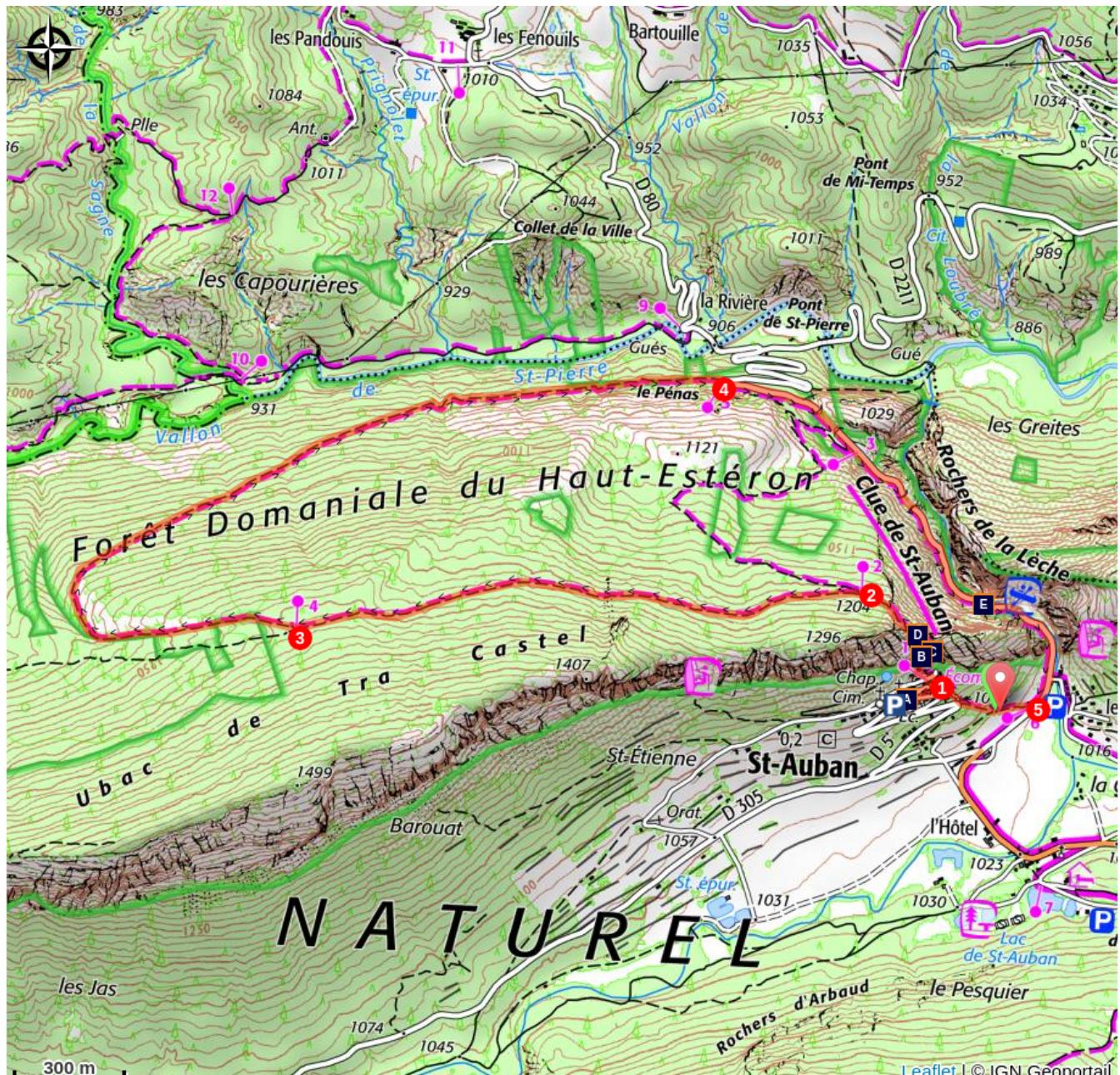
2- Turn off on your left as indicated to continue on the Tracastel circuit until a crossroads 1.5 km further..

3- Take the path below and continue 2.7 km slightly downhill to find the Departmental Road numbered 2211.

4- Engage on the road and continue along the clue of Saint-Auban until finding the beacon 6.

5- Approach the path on the right that goes back to the heart of the village.

On your path...



- St Auban church (A)
- The Tracastel door (C)
- Esteron and Canyon (E)

- St Auban village (B)
- La Clue (D)

All useful information

⚠️ Advices

Caution on the road !

Altimetric profile



Min elevation 964 m
Max elevation 1309 m

Access

60 km north of Grasse towards Castellane, by the Napoléon road. Arrived at the Logis du Pins take towards the Saint-Auban village on the RD2211.

Advised parking

Parking de Saint-Auban

Source

Curious - Association des Géophiles



Département des Alpes-Maritimes - Randoxygène

ℹ️ Information desks

Prealpes of Azur Regional Nature Park



contact@pnr-prealpesdazur.fr
Tel : (+33) 4 92 42 08 63
<https://www.parc-prealpesdazur.fr/>

On your path...



► St Auban church (A)

This square bell tower church has a flamboyant gothic style portal. It was restored in its time by the association Montagn'Arts. You can particularly admire Cross path, the work of Jean Brandy, a painter who lived part of his life in Saint-Auban. "Only a major cause (death) will prevent me from painting."

Attribution : DR



► St Auban village (B)

During the first ascent and leaning against the Tracastel bar, you will see the roofs of this particular village. In the Middle Ages, it is said that Saint-Auban is called "Puget de Mallemort". It seems that at the time, people sentenced to death were pushed from these cliffs...

Attribution : Julien Lageat - PNR des Préalpes d'Azur



► The Tracastel door (C)

The Tracastel door and the remains of a tower are what remains of ancient fortifications protecting a castle now disappeared. Clinging to a rocky bar, overlooking the village, it is the ultimate testimony of the medieval past of Saint-Auban. It was restored in 2007.

Attribution : Sophie Lagarde - PNR des Préalpes d'Azur



► La Clue (D)

It is one of the most visited sites of the Préalpes d'Azur Regional Natural Park. It is an exceptional geological formation, with striking views of the Esteron. The place has an ear, referring to a large balsam on the Esteron. It served as a habitat, and excavations revealed fragments of ceramics from the late Bronze Age.

Attribution : Julien Lageat - PNR des Préalpes d'Azur



► Esteron and Canyon (E)

This clue represents a cut between two mountains, it is the paradise of the canyonists who rub shoulders with these limestone cliffs and cold water pots of the Esteron. During refreshing "supervised" descents, the practitioners combine the fun and the pleasure of discovery.

Attribution : Julien Lageat - PNR des Préalpes d'Azur



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L'outil Geotrek a été financé par l'Union européenne, le Parc national des Ecrins et le Parc national du Mercantour.

Le projet Chemins des Parcs est financé par la Région Provence-Alpes-Côte-d'Azur et les Parcs naturels régionaux des Alpilles, de Camargue, du Luberon, du Queyras et du Verdon.

Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

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The Geotrek tool was funded by the European Union, the Ecrins National Park and the Mercantour National Park.

The Chemins des Parcs project is funded by the Provence-Alpes-Côte-d'Azur Region and the regional nature parks of Alpilles, Camargue, Luberon, Queyras and the Verdon.

This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.

www.cheminsdesparcs.fr

*Tours et détours dans les Parcs naturels régionaux
de Provence-Alpes-Côte d'Azur*

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