Tours et détours dans les Parcs naturels régionaux de Provence-Alpes-Côte d'Azur PNR Alpilles
In partnership with
OTI Alpilles-en-Provence

## The Civadières with a Mountain bike

Aureille





Piste DFCI (©Rémi Sérange - PNR Alpilles)

## Take a step back on the emblematic reliefs of the Alpilles thanks to this walk accessible to all and full of sensations!

Leave Aureille, a typical Provencal village between Alpilles and Crau, then climb into the heart of the massif and flirt with its limestone landscapes. La Caume, Calans, Opies and of course the Civadières ... so many reliefs to admire, to have the full view!

#### **Useful information**

Practice: MOUNTAIN BIKE

Duration: 2 h

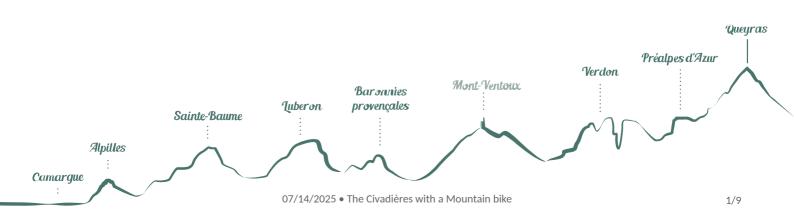
Length: 15.5 km

Trek ascent: 344 m

Difficulty: Easy

Type: Boucle

Themes: Fauna, Local products



#### **Trek**

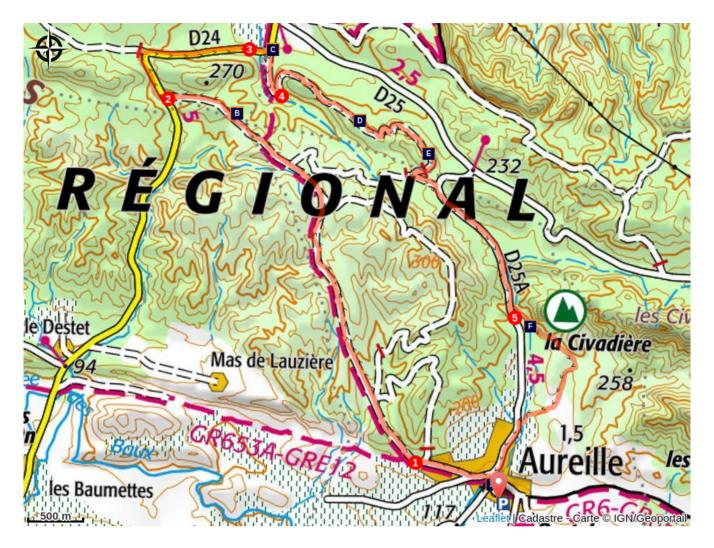
Departure: Stadium parking, Aureille

Arrival : Aureille

From the parking, return on the D25a. Take it on the right towards Eygalières and turn left on the Estandedou road. At the intersection stay on the right, Saint-Jean path, until the end of the houses

- **1-** Follow the GR® on the right. Take the path on the left at the junction and continue for 4 km until the D24 road, leaving on the sides the paths encountered.
- **2-** Cross the D24 and take a path that goes right up to a collar Go past a wide path that goes to the left and take a path down and parallel to the road.
- **3-** Go up on the D24, pass the small stone bridge and in the bend take the path on the right. At the next crossroads, stay to the left. Just after, climb left and pass a barrier.
- **4-** Continue on this path to another barrier. There, turn left to join the D25a. Get off on the road until after the rocky bars and take the first path on the left.
- **5-** Walk along the fence and the olive trees to a stool. Continue, then at the next junction, turn right twice. Pass an oratory, take the D25a on the left and join Aureille and the starting point.

# On your path...



- Notre Dame de l'Assomption (A)
- The Mas of the Vallongue (C)
- Short-toed snake eagle (E)

- Limestone Benches (B)
- The Dartford warbler (D)
- The olive tree (F)

# All useful information



#### **Advices**

For your safety, and for the preservation of forest areas, access to natural areas is regulated from June to September. Inquire during the summer period on 08 11 20 13 13 (price of a local call) or on www.bouches-du-rhone.pref.gouv.fr Download the application for free MYPROVENCE ENVIE DE BALADE (available on Appstore and Android Market).

#### **Altimetric profile**



Min elevation 128 m Max elevation 268 m

#### **Transports**

#### Consult the timetables for the municipality of Aureille on the site www.lepilote.com

#### **Access**

8 km from Mouriès by the D17 then the D25A..

#### **Advised parking**

Parking du stade, Aureille

## **1** Information desks

House of the Alpilles Regional Nature Park



2, boulevard Marceau, 13210 Saint-Rémy-de-Provence

contact@parc-alpilles.fr Tel: +33 (0)4 90 90 44 00 http://www.parc-alpilles.fr/

OTI Alpilles-en-Provence Place Jean Jaurès, 13210 Saint-Rémy-de-Provence

saintremy@alpillesenprovence.com Tel: +33 (0)4 90 92 05 22

http://www.alpillesenprovence.com

# On your path...



## Notre Dame de l'Assomption (A)

Once you have reached Aureille, I invite you to make a detour in the center of the village to admire the church of Notre Dame de l'Assomption. The construction of this neo-Romanesque church was initiated by the parish priest, named Father Pauleau, who arrived in 1867 at Aureille. The first stone was laid by the Archbishop of Aix, George Chalandon, on 31 March of that year. His plans are the work of the architect Auguste Veran from Arles.

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## Limestone Benches (B)

Following the tectonic pressures of the Eurasian and African plates, and the pleating of the rocks that it created, the Alpilles massif allows to find visible geological strata, called "limestone bench". These strata each correspond to a more or less homogeneous sedimentary set which has formed over many years between two parallel surfaces. These surfaces ;correspond mostly to rapid environmental variations.

Attribution: ©Rémi Sérange - PNR Alpilles



# The Mas of the Vallongue (C)

Located at the south-eastern end of the crests of the Alpilles, the Vallongue estate has a surface of 38 hectares on which are produced wines and olive oils. These vineyards have been grown organically since 1985. Reds, rosés and whites benefit from the Protected Designation of Origin (PDO) Les Baux de Provence and the Protected Geographical Indication (PGI) Alpilles de la Vallongue, witnesses of a real know-how.

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## 🔼 The Dartford warbler (D)

If you see the Kermes oak trees around you, keep an eye out, and the right one! As you could probably see the Dartford Warbler, characterized by its eye circled in red, fond of Kermes oaks. This species has little adaptability, making it dependent on the Mediterranean natural environment and vegetation of low altitude and high density. An insect-eating bird, it also seems to feed on plant material during the harshest season. Do not disturb it!

Attribution: Agami



## Short-toed snake eagle (E)

Returning from the Sahara for the summer period, the short-toed snake eagle Jean-in-the-blank, *Circaetus gallicus*, is a raptor with a wingspan of 1.80 m and he can weigh up to 2 kilos. He has the top of the brown wings and the white underside. Its body is dotted with colorful spots, colour and density depending on the individual (between light beige and dark brown). It hovers for a long time in the manner of vultures to hunt its prey, mainly reptiles!

Attribution: ©David Tatin



# The olive tree (F)

Emblematic culture of the territory of the Alpilles, the olive tree is the symbol of the dry Mediterranean climate. Its multiple trunks are the result of a release at the strain level following a significant frost in 1956. Today, some of the olives and oils produced in the Alpilles are recognized nationally and internationally, benefiting from the Protected Designation of Origin (PDO).

Attribution: ©PNR Alpilles

# www.cheminsdesparcs.fr

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Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

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