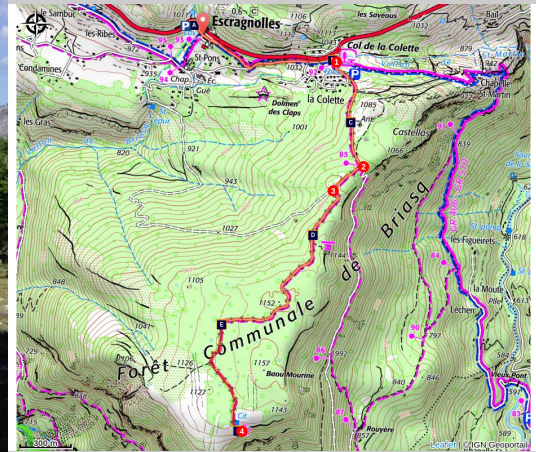


Baou Mourine

Escragnolles



Paysages des Préalpes d'Azur (Julien Lageat - PNR Préalpes d'Azur)

A mountain bike ride to share with family in a wild nature on the Briasq trail that will take you to a lookout post with an exceptional view.

"A beautiful course in an environment steeped in history with the presence of fortified enclosures testifying to the adaptation of the so-called Celto-Ligurians 1000 years before our era. Napoleon Bonaparte also marked the village of Escragnolles by his passage on his return from the Elba island in 1815." Jean-Luc Manneveau -The Geophiles

Useful information

Practice : MOUNTAIN BIKE

Duration : 2 h

Length : 8.0 km

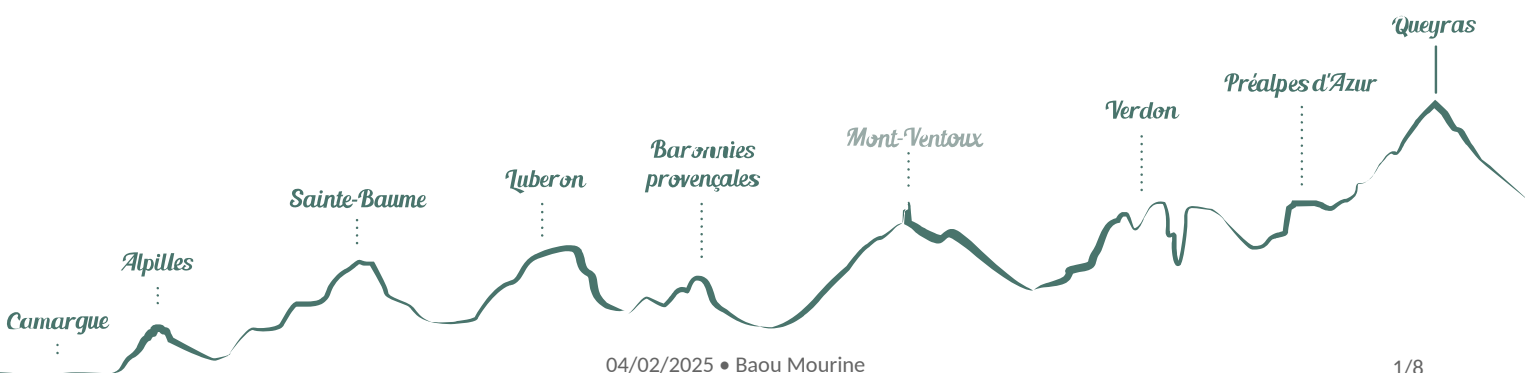
Trek ascent : 204 m

Difficulty : Very easy

Type : Aller-retour

Themes : A lookout, a viewpoint, Heritage and history

Accessibility : Disabled person



Trek

Departure : Village of Escragnolles

Arrival : Escragnolles

Markings :  PR

Back to the car park, turn right on a small paved road, cross the village of Escragnolles before joining the Colette car park 750 m further.

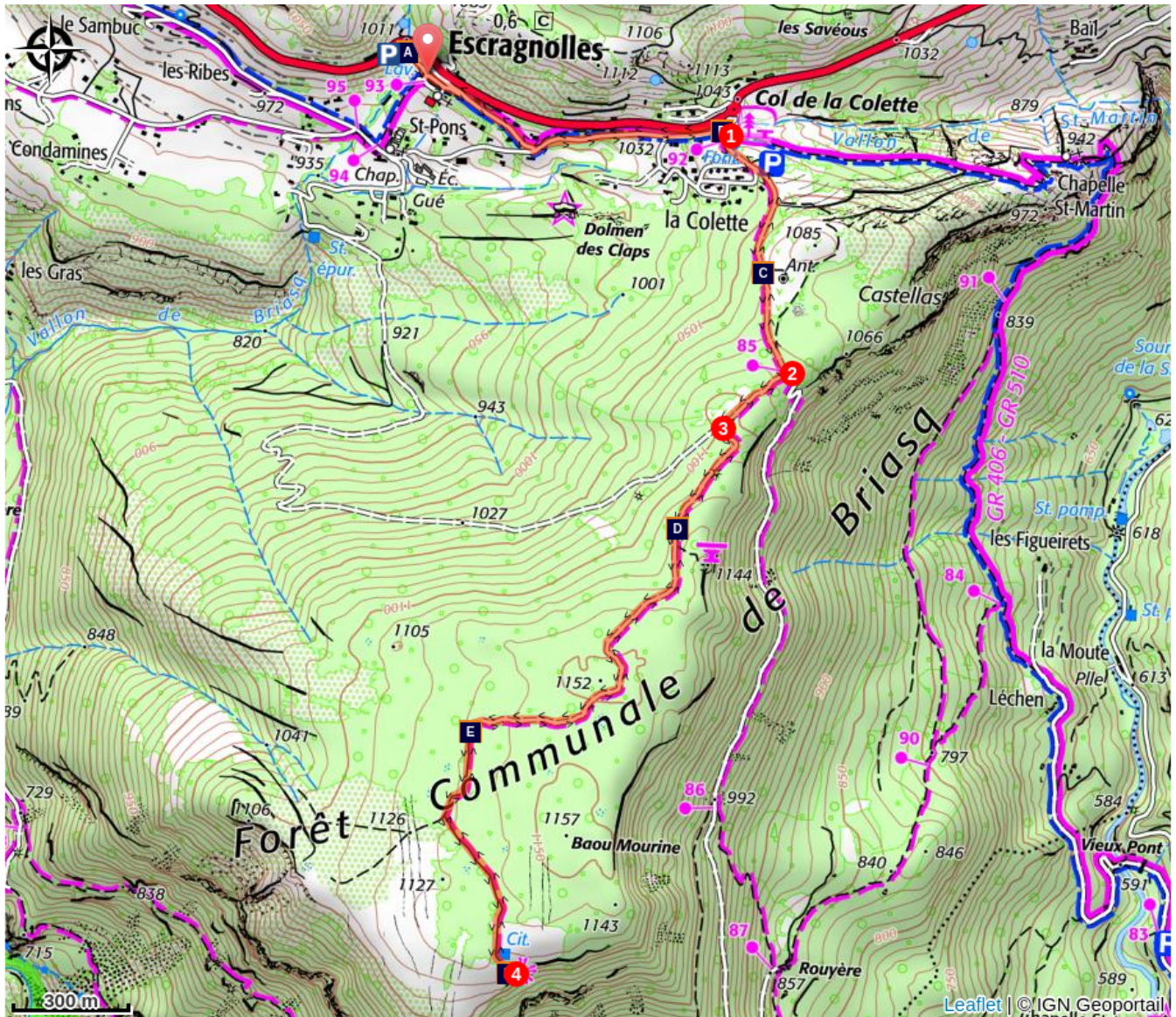
1- Take the Briasq Forest Trail in a southerly direction to Beacon 85 (PR).


2- Turn right on a stony track. Continue for 250 m.

3- Leave it to take a left at a barrier D.F.C.I. and continue for 1.5 km to the forked intersection Turn left and go to the point of view of Baou Mourine where is watchtower established.

4- Make the return by the same route.

On your path...



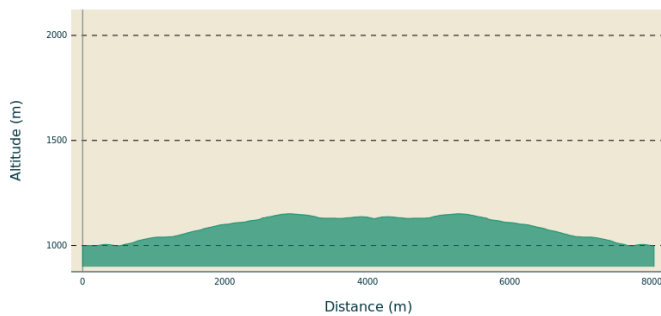
-  François Mireur (A)
-  Fortified enclosures (C)
-  Maple trees (E)
-  In the footsteps of the Emperor (B)
-  The him is hiding there! (D)
-  Outpost (F)

All useful information

AdVICES

Take into account the hunting periods. Beware of grazing areas, if you encounter a protection dog, behave appropriately.

Altimetric profile



Min elevation 999 m
Max elevation 1151 m

Access

9 km east of Grasse, by the D2285 and D2210 or
25 km north of Cagnes-sur-Mer, by the RD2210.

Advised parking

Escragnolles, parking situé à l'entrée ouest du village, au bord de la Route Napoléon (D6085)

Source



Département des Alpes-Maritimes - Randoxygène

Information desks

Prealpes of Azur Regional Nature Park



contact@pnr-prealpesdazur.fr
Tel : (+33) 4 92 42 08 63
<https://www.parc-prealpesdazur.fr/>

On your path...



François Mireur (A)

Born in Escragnolles on February 9, 1770, François Mireur became a doctor at the age of 22. In June 1792 he organized the movement of volunteers from the south to Paris to fight the Austrians. He sings for the first time in Marseilles the song of Rouget-de-Lisle which will become the "Marseillaise". General under Bonaparte at age 26, he distinguished himself by his bravery in the army of Italy, and died at the age of 28, on July 9, 1798, in Damanhour during the Egyptian campaign.

Attribution : Jean-Luc Manneveau - Les Géophiles



In the footsteps of the Emperor (B)

The Emperor, Napoleon Bonaparte, crossed the Préalpes d'Azur in 1815. On his return from the Elba island, he brought with him an army of 1 ;200 men. He will make a stop in Escragnolles, and after 64 km of walk from Golfe-Juan, he will wait on March 2, 1815 in the village of Séranon where he bivouacked in the snow at more than 1 000 m of altitude.

Attribution : DR



Fortified enclosures (C)

The territory of Escragnolles is framed by a dozen fortified enclosures. They have served over time, as refuges, lookouts and observations points. This one in particular (to 100 m on the left) crowns a peak at the northern end of the Baou de Mourine. Consisting of several ramparts, the main entrance to the east is still visible.

Attribution : Jean-Luc Manneveau - Les Géophiles



The him is hiding there! (D)

From his latin name *Empusa pennata*, it has the frail look of the Phasme, the weapons of a Praying Mantis and a sci-fi monster's head. If luck is with you, you can meet him on the side of Escragnollles, but you will have to be patient because he can remain motionless for hours. Indeed, its prey (small flies) come directly to be placed in his mandibles for a little known reason, which could be olfactory. ;

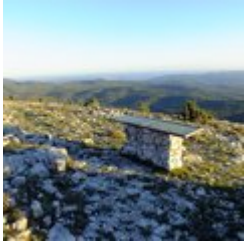
Attribution : Jean-Luc Manneveau - Les Géophiles



Mapple trees (E)

The communal forest of Briasq is very rich from a landscape and natural point of view. Maple tree stations are present along the route. From its latin name *Acer opalus*, there is a large population on this territory, a real treat for the eyes especially when the autumn comes.

Attribution : Jean-Luc Manneveau - Les Géophiles



Outpost (F)

A lookout cabin located at the end of the route dominates the Siagne valley and offers an unexpected view of these gorges with vertiginous reliefs to the coast. We can see the Saint-Cassien lake and the peak of the Bear, one of the summits of the volcanic massif of Estérel. An orientation table will allow you to better distinguish the elements of the landscape.

Attribution : PNR Préalpes d'Azur



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L'outil Geotrek a été financé par l'Union européenne, le Parc national des Ecrins et le Parc national du Mercantour.

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Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

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This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.

Avec le soutien de



Avec l'aide technique de :

- Département des Alpes-Maritimes - Randoxygène