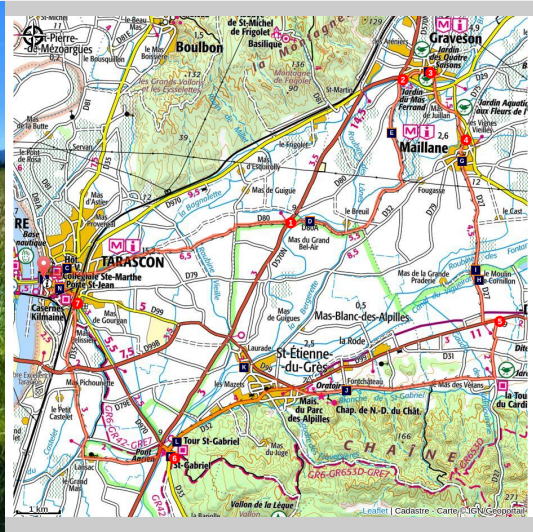


Bike ride in the Provençal countryside

Tarascon



Champ céréalier proche de Tarascon (©Rémi Sérange - PNR Alpilles)

A loop that will make you travel across fields and cross many channels!

After crossing the city of Tarascon with its exceptional heritage, the Grands Champs lowland that connects the Alpilles to the Montagnette is waiting for you. Its small verdant roads, to the peaceful tranquillity, you will go from village to village, each offering their batch of surprises to discover.

Useful information

Practice : BIKE

Duration : 4 h

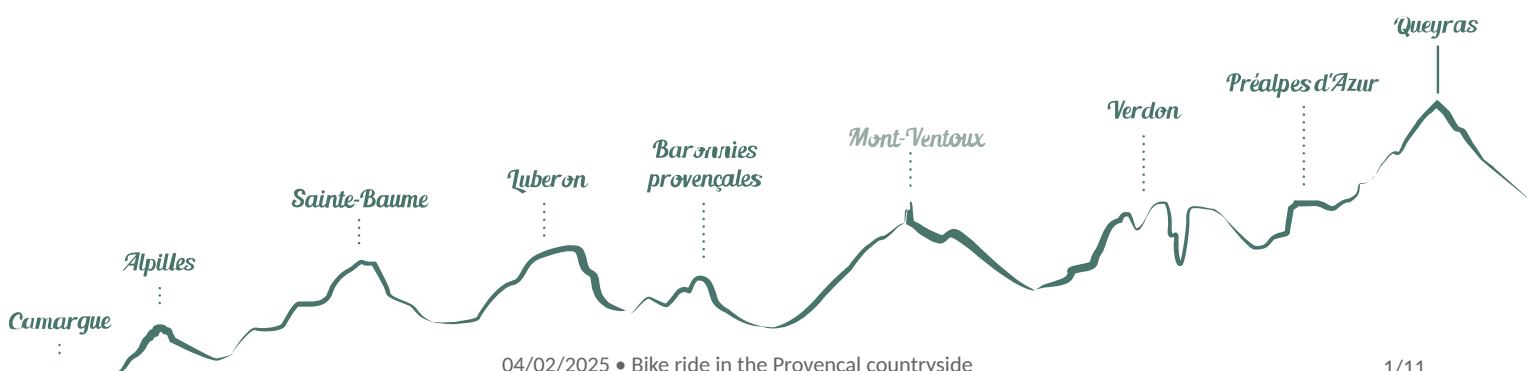
Length : 39.5 km

Trek ascent : 83 m

Difficulty : Easy

Type : Boucle

Themes : Heritage and history, Know-how, Waters and rivers



Trek

Departure : Avenue of the Republic car park, Tarascon

Arrival : Tarascon

Markings :  Vélo

From the parking, go past the castle on the left. At the roundabout take the first exit, Itam Boulevard At the Porte Condamine roundabout, follow the 1st exit, boulevard Gambetta. Continue 100 m then turn left on the D80 towards Maillane. Continue on this road until you cross the D570n.

1- Cross the D570n and follow the D80a towards Maillane for 3 km. After the main entrance of the Breuil estate, turn left on the paved road of Mas de Terras. Continue for 1 km and turn left on the tarmac road of Mas de la Musique. Continue until the D80 then switch to the right.

2- At the roundabout marking the entrance to Graveson, take the 1st exit, Chateaurenard road. Turn immediately left on Lavandin Street towards the center. Continue to the Sundial hotel and turn left on Chemin du Moulin. 200 m further, past the Tourist Office and the Auguste Chabaud Museum.

3- Pass the National Course, take the Jeanne d'Arc street after the Virgin statue and turn right on the Provence street. Then turn right on the General de Gaulle avenue then left on Lieutenant Atger Avenue. At the roundabout continue on the D5 until the entrance to Maillane.

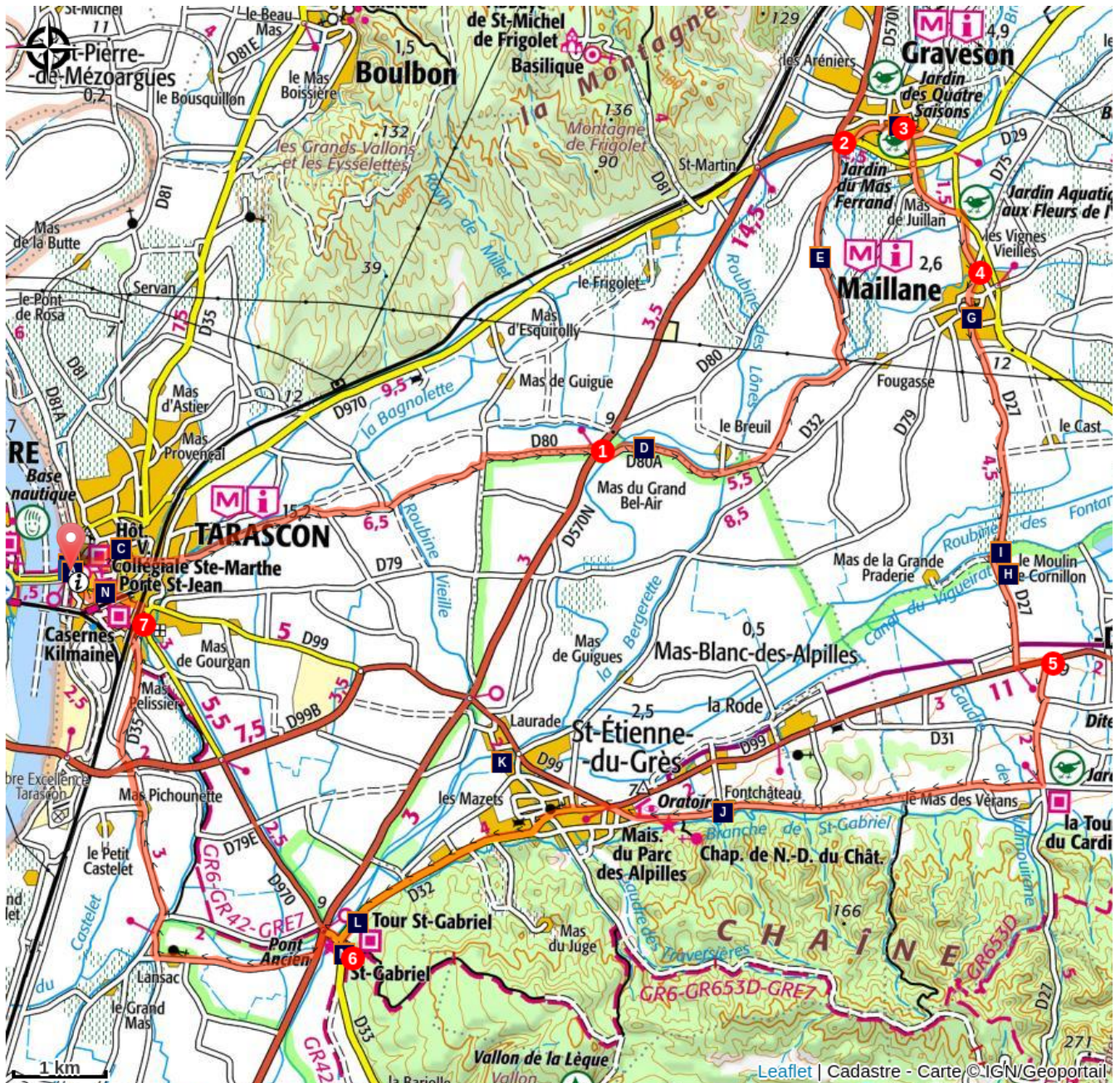
4- Cross Maillane via the Jousse d'Arbaud alley, General de Gaulle avenue and Poet's Avenue. Continue on the D27, for 4 km, to the business area of Massane. At the crossroads with the D99 (Caution, traffic!), Turn left then continue for 400 m and turn right on the D27 towards Les Baux-de-Provence.















5- Drive 1.5 km and turn right on the old road to Arles after crossing the crossing with the Mas-Blanc road. Continue to Saint-Etienne du Grès, cross the village and continue on the D32. At the crossroads with the D33, take the left to join the Saint-Gabriel chapel 100 m further.

6- At the Saint-Gabriel chapel, retrace your steps to the last crossroads and continue towards Tarascon. (Caution, traffic!) At the roundabout take the 3rd exit, D570N, then turn right on the Lansac road. At the intersection with the D35, turn right and drive to Tarascon and continue for 3.5 km.

7- Turn left on the D970, then at the next crossroad, turn left going under the level crossing. At the roundabout, take the 2nd exit, D99 towards Beaucaire. At the next roundabout, take the first exit and turn immediately left on the République Avenue to reach your starting point.

On your path...



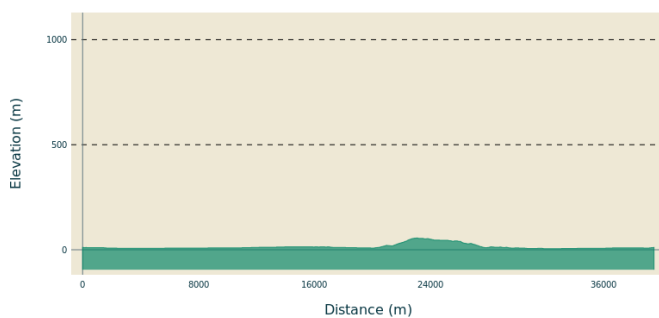
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|--|---|
|  Saint Martha Collegiate Church (A) |  Tarascon Castle (B) |
|  Condamine Door (C) |  Roubine of the Faubourgnette (D) |
|  Luquet Mas (E) |  Auguste Chabaud Museum (F) |
|  Mistral Museum (G) |  Raço di Biou (H) |
|  Vigueirat Canal (I) |  Cross of Notre-Dame-du-Château Chapel (J) |
|  Les Olivades (K) |  Rambaille Pond (L) |
|  Saint-Gabriel Chapel (M) |  Saint-Jean gate (N) |

All useful information

Advices

For your safety, and for the preservation of forest areas, access to natural areas is regulated from June to September. Inquire during the summer period on 08 11 20 13 13 (price of a local call) or on www.bouches-du-rhone.pref.gouv.fr Download the application for free MYPROVENCE ENVIE DE BALADE (available on Appstore and Android Market).

Altimetric profile



Min elevation 5 m
Max elevation 56 m

Transports

Look for transit times on the website www.lepilote.com in the town of Tarascon.

Access

2 minutes from Beaucaire by the D999.

Advised parking

Parking avenue de la République, Tarascon

Source

OT Tarascon

Information desks

Bureau d'information touristique (BIT) de Tarascon
en Provence



62 rue des Halles, 13150 Tarascon en Provence

tarascontourisme@agglo-accm.fr

Tel : +33 (0)4 90 91 03 52

<http://www.tarascon.fr/>

House of the Alpilles Regional Nature Park

2, boulevard Marceau, 13210 Saint-Rémy-de-Provence

contact@parc-alpilles.fr

Tel : +33 (0)4 90 90 44 00

<http://www.parc-alpilles.fr/>

On your path...



Saint Martha Collegiate Church (A)

The Saint Martha Collegiate Church is a unique building in the South Possessing one of the most beautiful portals in Provence, this church has the particularity to include a Romanesque part dating from the 12th century, a Gothic part of the 14th century, as well as other architectural styles. It houses the relics of St. Martha, venerated in Tarascon for several centuries.

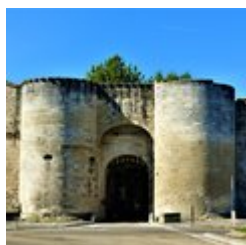
Attribution : ©Rémi Sérange - PNR Alpilles



Tarascon Castle (B)

The Tarascon castle - Rene d'Anjou Art Center - is built on a rocky island on the banks of the Rhone, while a ditch cut into the rock that can receive the waters of the river separates it from the city. With its remarkable state of conservation, this monument is one of the most beautiful medieval castles of France and Europe. It was built in the early fifteenth century. by architect Jean Robert, modeled on the castle of the Bastille.

Attribution : ©Rémi Sérange - PNR Alpilles



Condamine Door (C)

The medieval town of Tarascon was surrounded by ramparts, with four secondary and three main gates, including the Condamine to the northeast. The construction of this door date of 1379, during the realization of the third enclosure of the city. The door, which was equipped with a drawbridge, is framed by two towers formerly crenellated, one of which is equipped with loopholes. Since then, they lost their alias and the gap that preceded them.

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Roubine of the Faubourquette (D)

Typically Provençal, the term "roubine" designates a secondary canal. The Alpilles territory benefits from the proximity to the Rhône and the Durance. Since ancient times, man has sought to divert and funnel these rivers to deliver the water needed for his crops. La roubine de la Faubourquette is a secondary canal that extends the Pourrie roubine in the area of Breuil and finishes its course in the Vigueirat canal.

Attribution : ©Rémi Sérange - PNR Alpilles



Luquet Mas (E)

The farmhouse Luquet, also called "Figuières" is a family farm that produces figs (not chemically treated) and various processed products such as jam, chutney and fig mustard. Specialized in this production for 40 years, it has 12 hectares where a collection of 150 figs grows (black, white, green, variegated, gray or violet fig).

Attribution : ©Rémi Sérange - PNR Alpilles



Auguste Chabaud Museum (F)

Auguste Chabaud, born October 3, 1882 in Nimes and died May 23, 1955 in Graveson, is a French painter and sculptor. He is part of the pioneers of the modern painting and represents the landscapes, the gestures of daily life, as well as the massif of the Montagnette in his works. His expressionist-fauvist style differentiates him from other French painters of his generation. The Auguste Chabaud Museum presents a permanent collection of works by this artist.

Attribution : ©Rémi Sérange - PNR Alpilles



Mistral Museum (G)

This museum is dedicated to the Provençal writer Frédéric Mistral (1830-1914). The latter had three successive residences at Maillane. Forced to leave the mas of the Judge at the death of his father, he settled in the house of the Lizard with his mother before his notoriety allowed him to build his own house, which now houses the museum. This house, its garden and outbuildings are classified as historical monuments since November 10, 1930.

Attribution : ©Rémi Sérange - PNR Alpilles



Raço di Biou (H)

Bovine breeding in the Alpilles is linked to a local tradition: The bullfighting. The manades raise the Camarguaise local breed "Raço di Biou" to practice the Camargue races (or races with the cockade). This consists of getting as close as possible to the bull to seize the cockade attached between his horns. Cattle that are not selected for these races can be valued with the PDO Taureau de Camargue label, created in 1996.

Attribution : ©Rémi Sérange - PNR Alpilles



Vigueirat Canal (I)

This canal was built between 1642 and 1647 to clean up the "Vigueirie" (agricultural lowland between the Montagnette and the Alpilles) by draining the waste water to the sea. The Vigueirat Canal, which originates in the town of Tarascon, extends for 46 km and is partly classified in the National Nature Reserve Marais du Vigueirat. The outfall is located in the navigation channel from Arles to Bouc.

Attribution : ©Rémi Sérange - PNR Alpilles



Cross of Notre-Dame-du-Château Chapel (J)

This cross announces the path leading to the Romanesque chapel Notre-Dame-du-Château. This is mentioned for the first time in 1180 and was restored around 1419. Erected on the hill Saint-Michel-de-Briançon, it dominates the village of Saint-Etienne du Grès, former parish of the city of Tarascon. It was a priory chapel dependent on the Abbey Saint-Laurent of Avignon. Since 1350 she welcomed the "Belle Briançonne", a statue of the Virgin to the Child very famous from the Tarasconnais people.

Attribution : ©Rémi Sérange - PNR Alpilles



Les Olivades (K)

Léonard Quinche joined forces in 1818 with two Tarasconnais and created an Indian factory in Saint-Etienne du Grès. In 1948, the company is taken over by Pierre Boudin. In 1977, he created "Les Olivades", a family business that perpetuates the ancestral art of printing on fabric from the south of France, while adapting it to the current life. The Les Olivades brand has been a forerunner in terms of high-end products manufactured and sold by the same company.

Attribution : ©DR



Rambaille Pond (L)

The Rambaille pond is one of the few lakes of the Alpilles. Artificial and in which one it is forbidden to swim, it draws its water in the Vigueirat canal and has an area of 2.5 hectares. It makes the happiness of the fishing lovers from the surroundings. Most white-fleshed fish, as well as pike, trout and zander can be caught.

Attribution : ©Rémi Sérange - PNR Alpilles



Saint-Gabriel Chapel (M)

In the early Middle Ages, a first church was erected instead of an old pagan place of worship. Dedicated to the Archangel Gabriel, it is an important step on the road to Santiago de Compostela. The current chapel was built in the 12th century. and testifies to the splendor of the beginnings of Romanesque art in Provence, as shown by its architecture: its facade, its monumental portal, its carved friezes, or its oculus decorated with symbols of the four evangelists.

Attribution : ©Rémi Sérange - PNR Alpilles



Saint-Jean gate (N)

The Porte Saint-Jean dates from the 14th century. and takes its name from the Saint-Jean-Baptiste chapel. This is one of the three main gates of the walled city. At its creation, it was equipped with crenellations and barbican. Then it was rebuilt in 1758 in its current form, during the modifications made to the southern rampart. In 1866, the municipality had erected a statue of the Virgin in golden cast iron, with the inscription: "Posuerunt me custodem", which translates to "They made me their guardian".

Attribution : ©Rémi Sérange - PNR Alpilles



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This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.

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