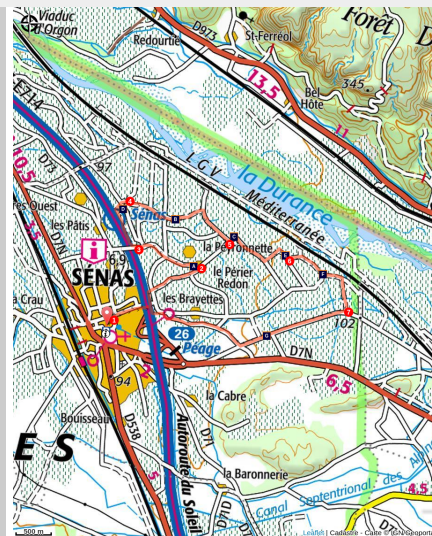


Perrier Redon by bicycle

Sénas



Manade au pied du Petit Luberon (©Rémi Sérange - PNR Alpilles)

Come crisscross Sénas' little trails, at the mercy of the Provençal hedges and the cultures they hide !

"This walk is for you the opportunity to discover the nature side of Sénas as well as its agricultural character with its fruit fields : apple trees, peach trees, pear trees. You have a breathtaking view of the Luberon Massif. Along shady roubines, you may discover a herd of bulls. You can even improvise a picnic in a green area, all with your family. Good walk!" Sophie Mikelis, receptionist at the Tourist Information Office of Sénas.

Useful information

Practice : BIKE

Duration : 1 h 30

Length : 12.3 km

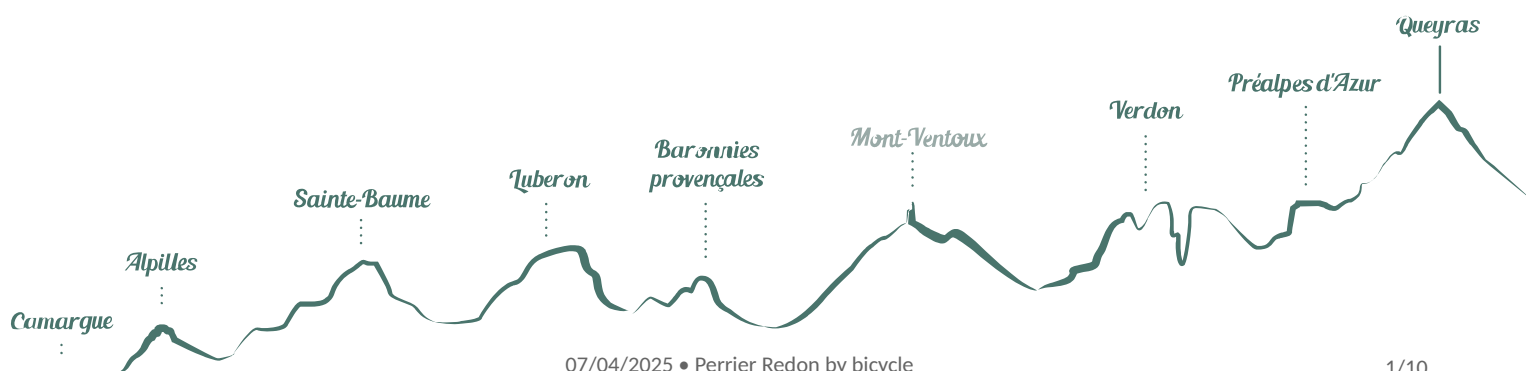
Trek ascent : 32 m

Difficulty : Very easy

Type : Boucle

Themes : A lookout, a viewpoint, Local products



Accessibility : Hybrid bike



Trek

Departure : Tourism Office, Sénas

Arrival : Sénas

Markings :  Non balisé  Vélo

From the Tourist Office, take the avenue Jean Jaurès on the left to the town hall. Turn right on Avenue Désiré Pey and then on the left the passage Massart.

1- (Caution) continue on the avenue Louis Pascal. At the roundabout head straight under the motorway bridge, then turn immediately left on the path of Perrier Redon. Continue for 500 m.

2- Turn left on the path of the cabaret des Boeufs, direction la Peyronnette. Cross the stop and continue until the level crossing.

3- Take the Patis path on the right and immediately on your left the path of the Bressières Est area. Go up to the highway and turn right just after.

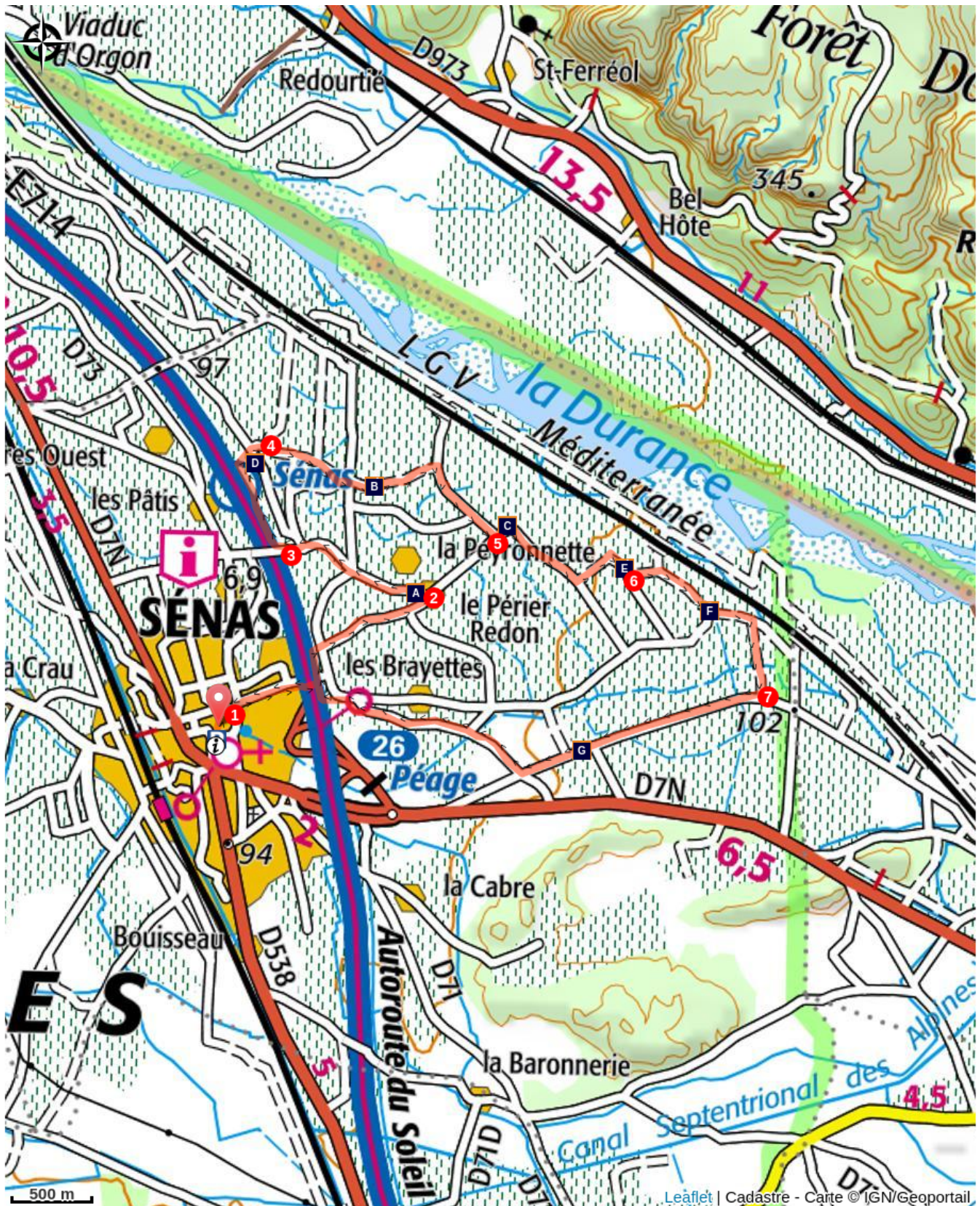
4- Go right at the next crossing. Continue on the path of Durancette and Dumaine. Take a right at the next intersection.



5- Turn left at the intersection and then right on the Bonfillons Sud road. Continue 200 m, before turning left onto the dirt road of the Crillons channel.



6- Turn left at the bridge with a house in the center and continue for 600m. After a large isolated pine tree, take the path on your left and continue to the road.



7- Take a right on the road to Mallemort, continue for 1 km. Turn right on chemin de l'Etang then continue on Chemin des Ribes and Brayettes. At the STOP turn left and return to the starting point.

On your path...



-  Irrigation canals (A)
-  View on the Petit Luberon (C)

-  The olive tree (B)
-  Raço di Biou (D)

 Vineyards and fruit trees (E)
 Opies view (G)

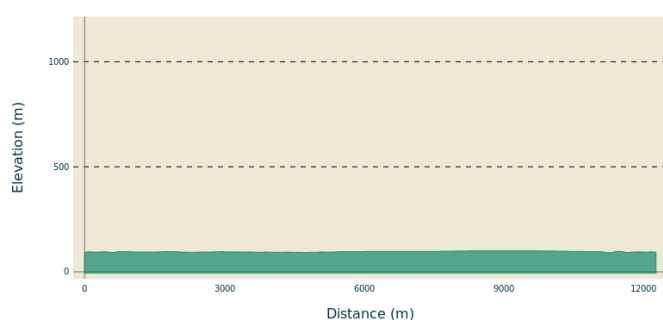
 Provençales hedges (F)

All useful information

Advices

For your safety, and for the preservation of forest areas, access to natural areas is regulated from June to September. Inquire during the summer period on 08 11 20 13 13 (price of a local call) or on www.bouches-du-rhone.pref.gouv.fr Download the application for free MYPROVENCE ENVIE DE BALADE (available on Appstore and Android Market).

Altimetric profile



Min elevation 91 m
Max elevation 100 m

Transports

Look for transit times on the site www.lepilote.com in the town of Sénas.

Access

From the A7 motorway, exit 26 Sénas.

Advised parking

Parking de l'impasse des Trois Rois, Sénas

Source

OT Sénas

Information desks

House of the Alpilles Regional Nature Park



2, boulevard Marceau, 13210 Saint-Rémy-de-Provence

contact@parc-alpilles.fr

Tel : +33 (0)4 90 90 44 00

<http://www.parc-alpilles.fr/>

OT Sénas

Médiathèque P. Beynet, Cours Jean Jaurès, 13560 Sénas

bureauinfotourisme@senas.fr

Tel : +33 (0)7 78 41 27 57

<http://www.senas.fr/>

On your path...



Irrigation canals (A)

The Sénas lowland is located between the Durance and the canal of the northern Alpines. These two waterways give rise to numerous secondary canals (roubines, fillioles, ditches) along the roads and cultivated plots. The most important is the Béal du Moulin. These channels serve to provide the water needed for the irrigation of Provençal crops

Attribution : ©Rémi Sérange - PNR Alpilles



The olive tree (B)

The olive tree is an emblematic culture of the Alpilles territory and is the symbol of the dry Mediterranean climate. Its multiple trunks are the result of a release at the strain level following a significant frost in 1956. Today, some of the olives and oils produced in the Alpilles are recognized nationally and internationally, benefiting from the Protected Designation of Origin (PDO).

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View on the Petit Luberon (C)

A few kilometers away, the Petit Luberon is the closest relief to the Alpilles. It forms an anticlinal fold (arch-shaped fold) orientated east-west, between the plain of Cavaillon and the combe of Lourmarin. Its northern flank dominates the valley of Coulon-Calavon, and its southern flank, the Durance valley. The mountain range of the Luberon is limestone, low and extends from east to west between the Alpes-de-Haute-Provence and Vaucluse.

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Raço di Biou (D)

Bovine breeding in the Alpilles is linked to a local tradition: The bullfighting. The manades raise the Camarguaise local breed "Raço di Biou" to practice the Camargue races (or races with the cockade). This consists of getting as close as possible to the bull to seize the cockade attached between his horns. Cattle that are not selected for these races can be valued with the PDO Taureau de Camargue label, created in 1996.

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Vineyards and fruit trees (E)

The farmers of the Alpilles Regional Natural Park offer a range of products from the Terroir including the wine and fruit. In the plain of Sénas are grown mainly fruits like pears and peaches. The vineyard and fruit plantations then form structuring elements of the landscape, offering open agricultural environments.

Attribution : ©Rémi Sérange - PNR Alpilles



Provençales hedges (F)

Symbols of Provence, many hedges segment the territory and separate the various plots. Composed of cedar or cypress, these hedges have the primary function of protecting the various crops from mistral and frost. These trees are also known for their wood, very solid and fragrant, and have served to build the framework of many farmhouses of the Alpilles.

Attribution : ©Rémi Sérange - PNR Alpilles



Opies view (G)

This relief is characterized by a set of ridges where is the highest point of the territory of the Park: the Opies, at 498 m altitude. Dating from the Jurassic, it is one of the oldest rock formations in the Alpilles. From the tower that symbolizes the summit, it is possible to see up to the alpine massifs. ;This tower was a watchtower, built at the dawn of the twentieth century, to monitor the massif against fire. It is now used to house the Mistral adventurers who have reached the summit.

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L'outil Geotrek a été financé par l'Union européenne, le Parc national des Ecrins et le Parc national du Mercantour.

Le projet Chemins des Parcs est financé par la Région Provence-Alpes-Côte-d'Azur et les Parcs naturels régionaux des Alpilles, de Camargue, du Luberon, du Queyras et du Verdon.

Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

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This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.

Avec le soutien de



Avec l'aide technique de :

- OT Sénas