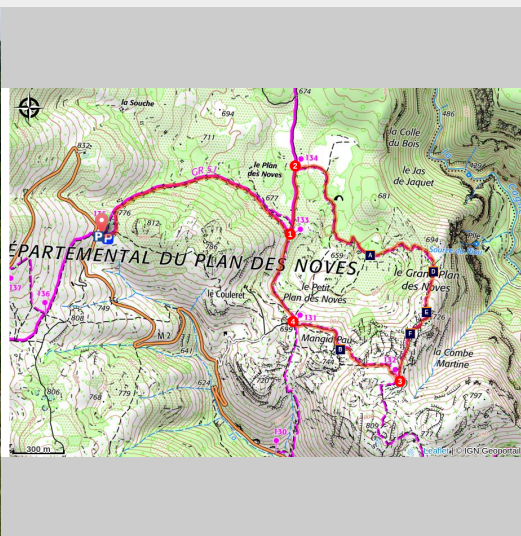


Plan des Noves

Vence



Paysage Plan des Noves (Julien Lageat - PNR Préalpes d'Azur)

This hike is an opportunity to come back to the rich agricultural past of Plan des Noves, former "granary" of the Vençois country. Panoramic peaks and canyon are waiting for you!

"Just 10 minutes drive from the city center of Vence, Plan Noves, Natural Departmental Park, will leave you with the memory of an unforgettable outdoor experience. This exceptional natural heritage will certainly give you the desire to come back in any season to recharge your batteries. "

Florent Bosco - OT from Vence

Useful information

Practice : WALKING

Duration : 3 h

Length : 7.1 km

Trek ascent : 244 m

Difficulty : Easy

Type : Boucle

Themes : Flora, Heritage and history



Trek

Departure : Plan des Noves car park, Vence

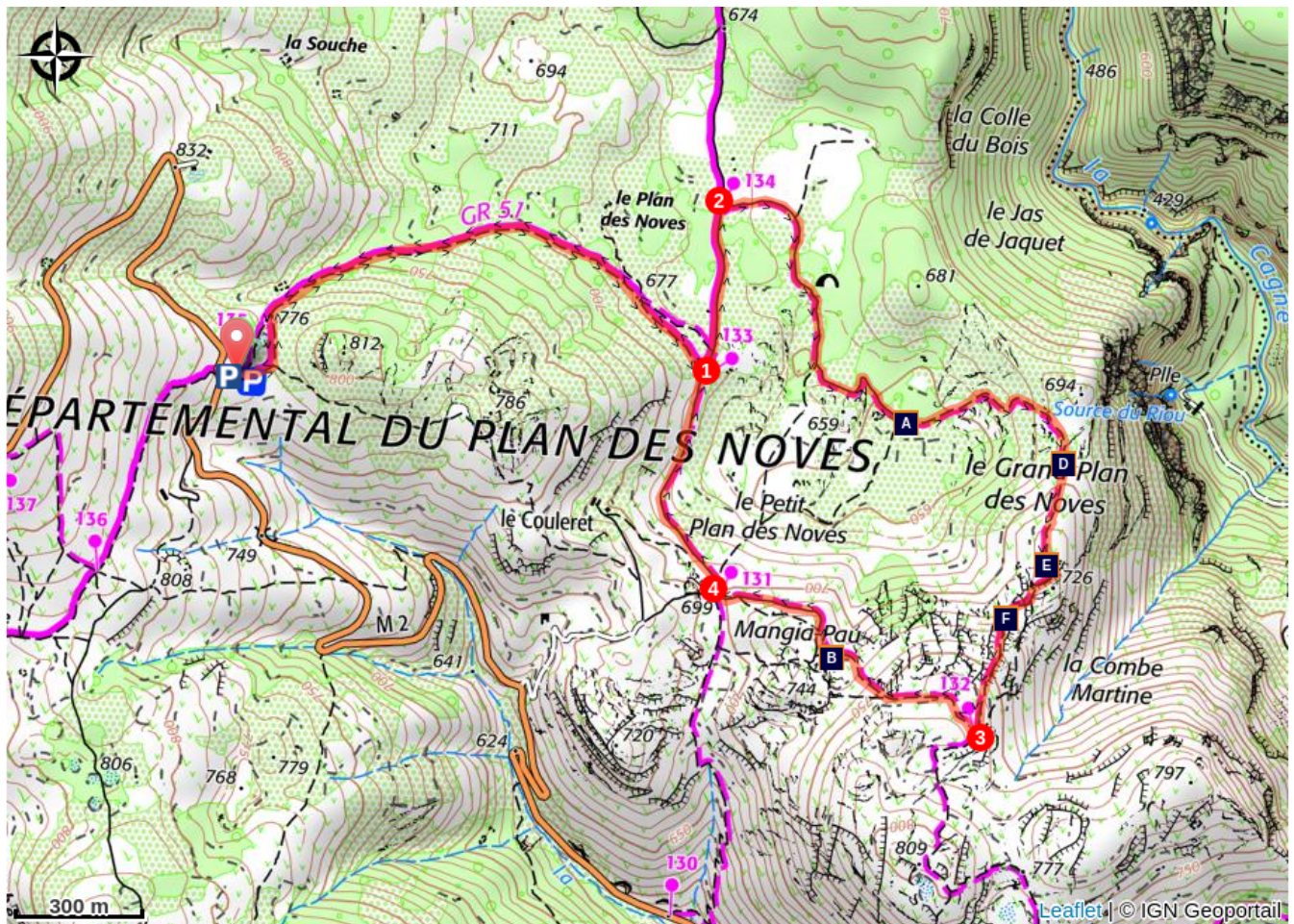
Arrival : Vence

Markings :  GR®  PR

From the Plan des Noves car park, go down slightly on the GR® 51 until you reach the marker 65.

- 1- Take the path on the left to follow the circuit of Plan des Noves, until the marker 65a.
- 2- Turn right on the path (PR), 400 m further to the intersection turn left again on the path (PR) to gradually reach the ascent to the ridge. Go past the remarkable ruined sheepfold and continue 500 m to the crossroads.
- 3- Go down on the right on the path of "Mangia Pan" to find a track to reach the intersection.
- 4- Take the path on the right to return to point 1. Take the path used to go back to the Plan des Noves car park.

On your path...



Apollon (A)



Bloodied geranium (C)



Dry stone (E)



The restanques (B)



Orchis Papillion (D)



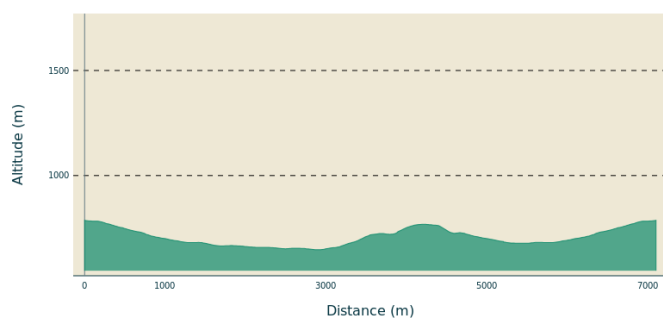
Le Baou! (F)

All useful information

Advices

Beware of grazing areas, if you encounter a protection dog, behave appropriately.

Altimetric profile



Min elevation 647 m

Max elevation 787 m

Access

Less than 8 km north of Vence towards
Coursegoules by the RM (Metropolitan Route)

Advised parking

Parking du Plan des Noves

Source



DÉPARTEMENT
DES ALPES-MARITIMES

Département des Alpes-
Maritimes - Randoxygène

Information desks

OT Vence



Place du grand jardin, 06140 Vence

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Tel : +33 (0)4 93 58 06 38

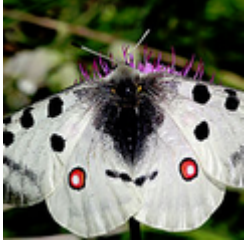
Prealpes of Azur Regional Nature Park

contact@pnr-prealpesdazur.fr

Tel : (+33) 4 92 42 08 63

<https://www.parc-prealpesdazur.fr/>

On your path...



Apollon (A)

From his latin name, *Parnassius Appolo*, the Apollo is a large butterfly with a wingspan of 35 to 40 mm. These wings represent red and black drawings and ocelli that appear as decoys for their predators.

Attribution : DR



The restanques (B)

The restanques designate a development of terraces of dry stone crops. We find them very often in this Provençal landscape. They are evidence of an adaptation of the man in the natural environment in order to perpetuate the agricultural activity: Better retention of waters, limitation of the erosion of the topsoil.

Attribution : Julien Lageat - PNR Préalpes d'Azur



Bloodied geranium (C)

The crimson-purple colour of the flowers of this geranium of its Latin name, *Geranium sanguineu*, prevents any confusion with other species. Its leaves are cut into strips and turn red in autumn, hence the hint of blood. This plant from June to September, likes dry and hot soils.

Attribution : DR



Orchis Papillion (D)

Beautiful orchid of its Latin name, *Anacamptis papilionacea*, the Orchis papillion has red flowers with wide pink lip striped with purple being very characteristic. These petals are folded in gutter and oriented toward the front. It flowers from April to May.

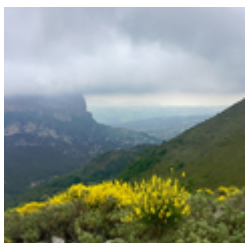
Attribution : DR



Dry stone (E)

This vast territory reveals many heritage treasures. The remains of rural habitats, bories, dry stone buildings, testify to a strong ancestral agro-pastoral activity that remains very present in our days. The sector of the Plan Des Noves is the proof of it!

Attribution : Julien Lageat - PNR Préalpes d'Azur



Le Baou! (F)

This panoramic ridge offers a sumptuous view of the Baou de Saint-Jeannet 802 m high and recognizable by its steep escarpment. One of the jewels of the landscape heritage of the Préalpes d'Azur! You will notice the presence of the Cagne canyon 300 m lower, as you will hear the rustling of its generous waters.

Attribution : Julien Lageat - PNR Préalpes d'Azur



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L'outil Geotrek a été financé par l'Union européenne, le Parc national des Ecrins et le Parc national du Mercantour.

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Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

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This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.

Avec le soutien de



Avec l'aide technique de :

- Département des Alpes-Maritimes - Randoxygène