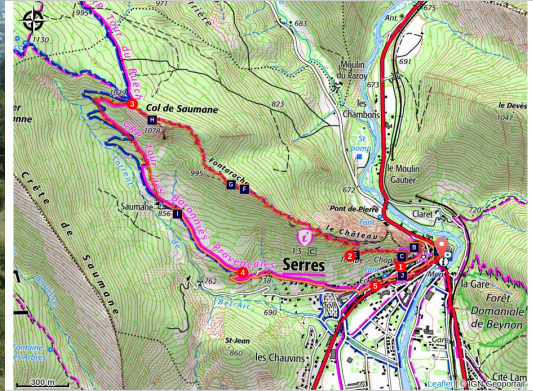


Monks' Trail

Serres



Chapelle de Saumane et vallée du Buëch (Pnr Baronnies provençales)

A family hike to meet the historical and religious heritage of Serres, passing between chapels and Hebrew tomb.

"A beautiful hike that allows you to discover the heritage and the old town of Serres before escaping on the heights and walk in a wilder atmosphere on the crests. Some beautiful points of view largely reward the effort of climbing in the undergrowth. On the way, several religious heritage elements invite you to pause and contemplation and make this loop a complete tour! "Vincent Aubert, technician of nature sports to the Pnr Baronnies of Provence.

Useful information

Practice : WALKING

Duration : 2 h 30

Length : 6.4 km

Trek ascent : 392 m

Difficulty : Easy

Type : Boucle

Themes : Heritage and history



Trek

Departure : Serres, Tourist Office

Arrival : Serres, Tourist Office

Markings :  PR local

From the fountain, in front of the Tourist Office, turn right on the lane (Saint-Claude) to join the highs of Serres by following the Guérite path Go up the hairpin path that joins the upper part of the city and follow the road "Chemin du château".

1 - Go right on Chemin de la Chapelle (explanatory panel). Pass at the foot of the Molend tower (14th century) and bypass the small cemetery of the chapel Notre-Dame-de-Bon-Secours. Continue on the trail passing in front of Jewish tomb (14th s), and which rises then in laces under the pines.

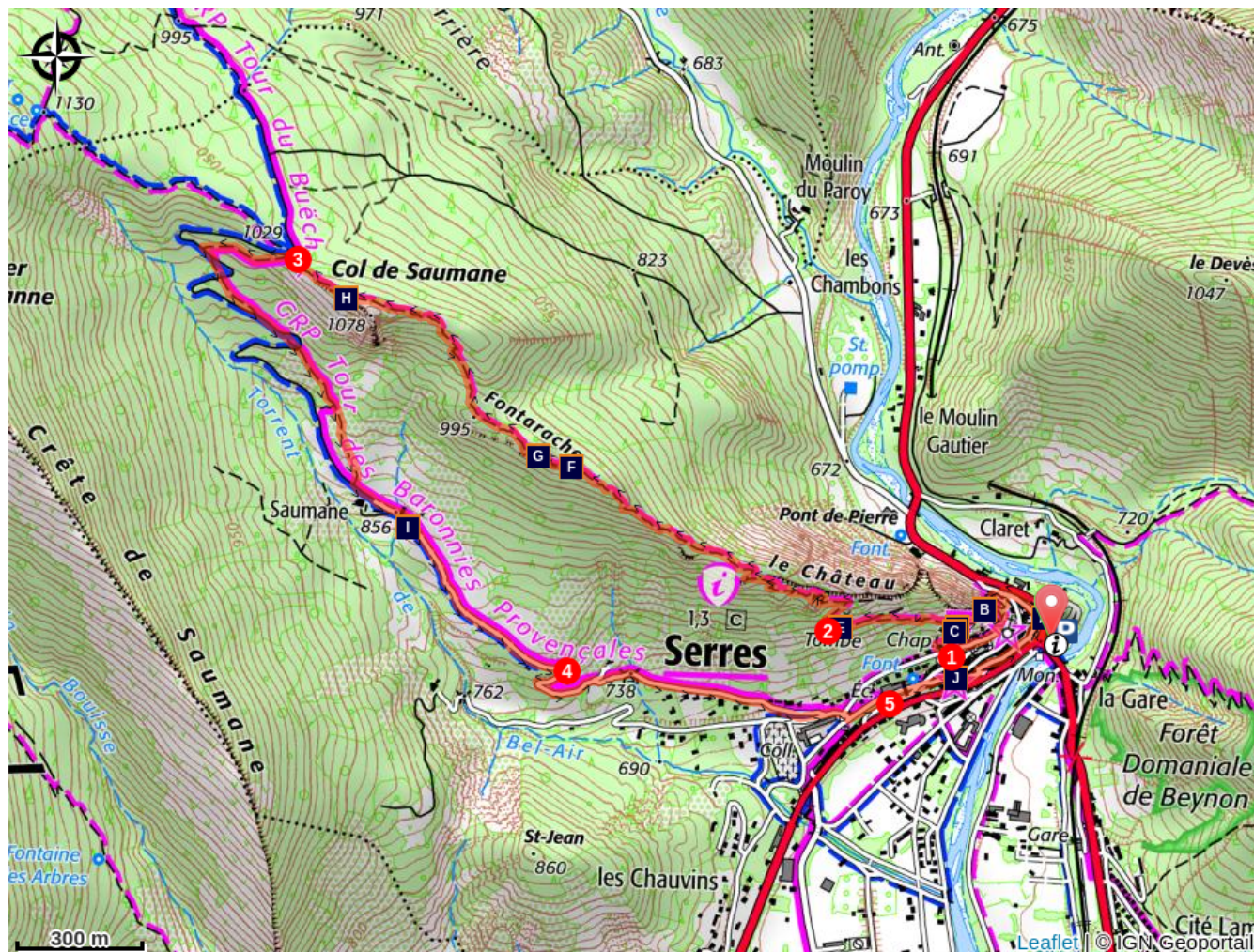
2 - Bend the sharp Rock (842 m) to continue on the ridge of Fontarache. After some steep climbs in the rocks, you get to the Saumane pass (1031 m).











3 - At the directional post at the pass, turn left and go down towards Serres. Follow the same route as the GR by a path that crosses several times the forest track. Pass in front of the Saumane chapel.

4 - Continue the track. The track turns into a tarred road to join Serres.

5 - Enter the village of Serres and arrive near the college, turn left to pass on the esplanade Sainte Catherine (along the school). Find the Tourist Office by continuing through the alleys and vaulted passages (soustets).

On your path...



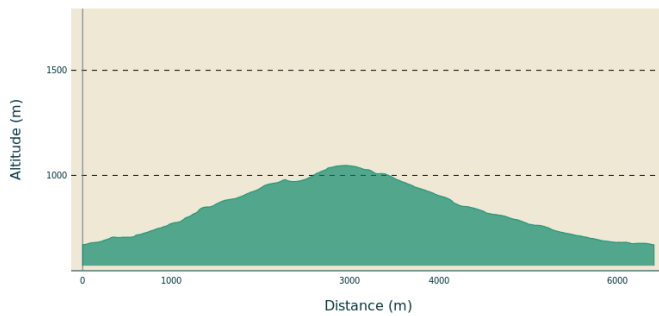
-  Serres, gateway to the Baronnies (A)
-  The Notre-Dame de Bon-Secours Chapel (C)
-  The Jewish tomb (E)
-  Panorama on the Buëch Valley (G)
-  The Saumane Chapel (I)
-  The old citadel of Serres (B)
-  The Bon-Secours Cemetery (D)
-  View of Arambre Mountain (F)
-  View of the Sigottier cliffs (H)
-  The carved door of the town hall (J)

All useful information

AdVICES

Be careful, the path follows steep rocky passages between point 2 and point 3.

Altimetric profile



Min elevation 670 m
Max elevation 1048 m

Transports

[SNCF station of Serres](#)

Access

17 km north-west of Laragne-Montéglin by the D1075

Advised parking

Parking de l'Office de Tourisme (place du lac)

Information desks

Maison du Parc naturel régional des Baronnies provençales



575 Route de Nyons - La plaine du Pont, 26510 Sahune

smbp@baronnies-provencales.fr

Tel : +33 (0)4 75 26 79 05

<http://www.baronnies-provencales.fr/>

OT Sisteronais Buëch - Bureau de Serres

Place du Lac, 05700 Serres

serres@sisteron-buech.fr

Tel : +33 (0)4 92 67 00 67

<http://www.sisteron-buech.fr>

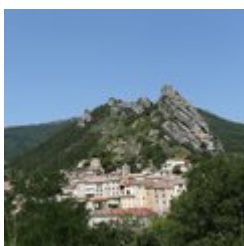
On your path...



Serres, gateway to the Baronnies (A)

The town of Serres is located at the entrance of a clue Buëch coming from the south. This ridge would have given its name to the city, since a "serre" is, in Provençal, an elongated ridge. The city has developed at the foot of a castle. This ensemble was at the same time a point of control of the passages, notably military ones, and a place of reception and trade on the road which connected a part of the Provence and the Comtat Venaissin to Italy by the Buëch.

Attribution : Pnr Baronnies provençales



The old citadel of Serres (B)

On the rock of Pignolette, overlooking the city, stood a castle, from the tenth century. Around 1580, Lesdiguières transformed it into a citadel and made it the seat of a Protestant garrison. In 1633, it was destroyed by the monarchy to better control the region, against possible revolts. The walls are still clearly visible. In the center of the west rampart, the Auche door, gave access to gardens, vineyards and cultivated land.

Attribution : Pnr Baronnies provençales



The Notre-Dame de Bon-Secours Chapel (C)

The church of Notre-Dame-de-Bon-Secours, built in 1730, was partly dug into the rock. It was then located in the district of the *High Coste*, under the enclosure of the castle and to the side of a private cemetery. The chapel was formerly a place of "relevailles" for the women of Serres, which marked the first return to the church after childbirth.

Attribution : Pnr Baronnies provençales



The Bon-Secours Cemetery (D)

This private cemetery, caulked in the back of the Bon-Secours Chapel, encircled by an enclosure and resting against the rock of the Pignolette shelters about fifteen dead. In the middle of the vegetation that occupies the place, a tomb built at the end of the 19th century in large cut stones stands out: this is the Itier-Dubois family. The cemetery belongs nowadays to the municipality but retains an intimate and reserved atmosphere because of its antiquity and its small size.

Attribution : Pnr Baronnies provençales



The Jewish tomb (E)

On the upstream edge of the path is a 14th century Jewish tomb, imposing limestone block of dimensions of 2 meters by 1 meter, roughly squared but flat surface. On its upper side is engraved a Hebrew inscription whose most widespread interpretation is: "Rabbi Joseph son of R (abbi) Nathan May his memory be blessed in the year ..." This stone, listed as a historical monument, testifies to the existence of a Jewish community, settled in Serres in the 13th and 14th century.

Attribution : Pnr Baronnies provençales



View of Arambre Mountain (F)

The Arambre mountain is an eastern part of the syncline of Montmorin. She impressed the spirits so strongly that she was deified by the Romans. A votil altar to the goddess Alambrima, found in La Pierre, is now preserved in the departmental museum in Gap. In the nineteenth century, people exploited the wood for coal but since the forest to regained its territory.

Attribution : Pnr Baronnies provençales



Panorama on the Buëch Valley (G)

From the ridge of Fontarache as the trail goes up, the point of view towards the south makes it possible to embrace the whole extent of the Buëch valley. Marked on the west by the Beaumont mountain and on the east by those of Arambre and Saint-Genis, the point of view on the valley also leaves the rectilinear silhouette of the Chabre Mountain to the south. In the same axis we also distinguish the dam of Saint-Sauveur and the promontoir Marneux de Montrond, giving its name to the adjoining village.

Attribution : Pnr Baronnies provençales



View of the Sigottier cliffs (H)

Shortly before the Col de Saumane, from the ridge of Fontarache, a point of view is released to the northeast on the Torrent d'Aiguebelle valley. To the north, this tributary of the Buëch has pierced the barrier of the Agnielle Rocks at the place where the village of Sigottier stands today. The cliffs located to the east of this clue are equipped for climbing and present large scales of limestone particularly popular with climbers for their compactness and the mineral atmosphere they bring.

Attribution : Pnr Baronnies provençales



The Saumane Chapel (I)

The Saumane Chapel or Notre-Dame des Anges, existed already in the Middle Ages. It was rebuilt several times, in 1602 after the wars of religion but also in 1741. Around 1500, it seems to be the place of a hermitage where several priests resided and would have served as a clandestine place of worship for Protestants, very numerous in Serres, during the period of the revocation (1685-1787). It was also maintained by a brotherhood of penitents and was a place of processions.

Attribution : Pnr Baronnies provençales



The carved door of the town hall (J)

In the Rue du Portal, in front of the current Town Hall, a magnificent carved wooden door marks the entrance to the building. The door and piers date from the late sixteenth or early seventeenth century, at a time when the house is owned by Gaspard Perinnet, a lieutenants of Lesdiguières. The walnut doors of this door in Renaissance style are similar to those of the old church Saint-Sauveur de Crest, dated 1598.

Attribution : Pnr Baronnies provençales



- En aucun cas les auteurs des contenus de ce site ne sauraient être tenus pour responsables de problèmes ou d'accidents sur les itinéraires cités.
- Cependant, nous comptons sur vous pour signaler toutes contradictions importantes entre cette fiche et le terrain.
- Pensez également à signaler les éventuels problèmes rencontrés pendant votre balade sur <http://sentinelles.sportsdenature.fr> (erreur de balisage, panneau défectueux, pollution, conflit d'usages...).
- La vente de cette fiche est autorisée au coût d'impression.
- Ne pas jeter dans la nature.

L'outil Geotrek a été financé par l'Union européenne, le Parc national des Ecrins et le Parc national du Mercantour.

Le projet Chemins des Parcs est financé par la Région Provence-Alpes-Côte-d'Azur et les Parcs naturels régionaux des Alpilles, de Camargue, du Luberon, du Queyras et du Verdon.

Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

- The authors of this website will in no case be held responsible for problems or accidents on the routes mentioned.
- We count on you to point out any inconsistency between this content and the field itineraries
- Please report any problems encountered on the routes (route marking problems, defective panels, pollution, conflict of uses ...) on <http://sentinelles.sportsdenature.fr>
- The sale of this sheet is authorized at the cost of printing
- Please don't litter

The Geotrek tool was funded by the European Union, the Ecrins National Park and the Mercantour National Park.

The Chemins des Parcs project is funded by the Provence-Alpes-Côte-d'Azur Region and the regional nature parks of Alpilles, Camargue, Luberon, Queyras and the Verdon.

This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.

www.cheminsdesparcs.fr

*Tours et détours dans les Parcs naturels régionaux
de Provence-Alpes-Côte d'Azur*

Avec le soutien de

