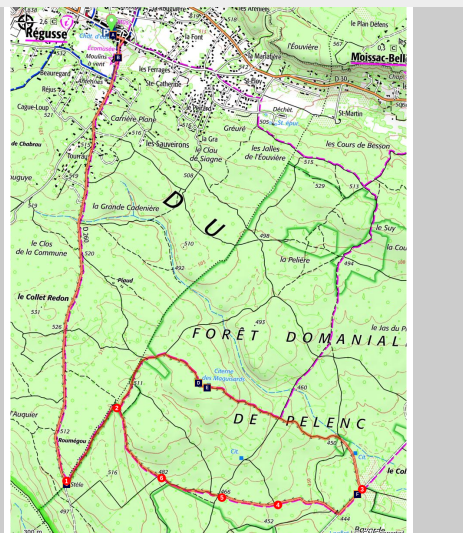


The Pelenc forest from Régusse

Régusse



Les moulins de Régusse (©Stefano Blanc - PNR Verdon)



You will go through the state-owned forest of Pelenc to meet a past filled with history, that of coal and that of the Members of the French Resistance.

The circuit around the state-owned Pelenc forest is done on wide and relatively flat paths. Once on your way, you will go back up the history of this forest and discover the trails left by mankind and his activities; the traces of coal, the members of the French Resistance, farmers, or officers of Water and Forestry

Useful information

Practice : WALKING

Duration : 3 h 30

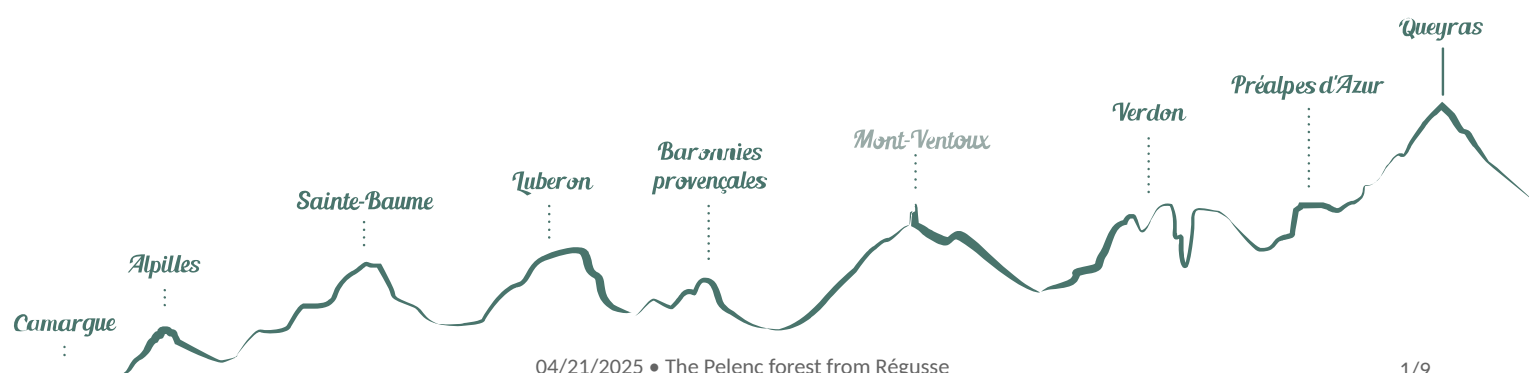
Length : 14.3 km

Trek ascent : 166 m

Difficulty : Medium

Type : Boucle

Themes : Fauna, Heritage and history,
Know-how



Trek

Departure : At the village, Cours Alexandre Gariel

Arrival : Village center

Markings : ■ PR local

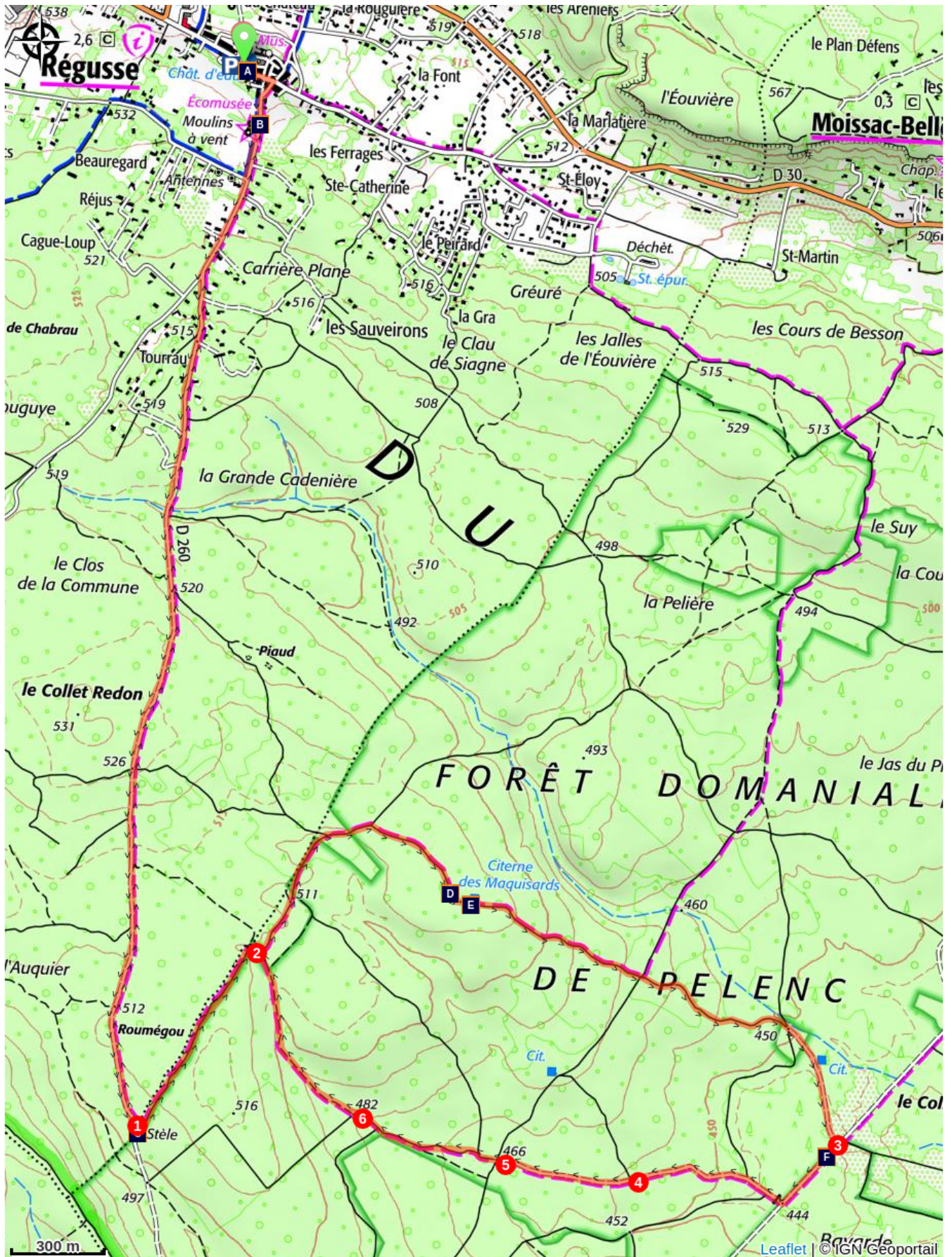
Cross the village by the Grand Rue and head down to the windmills by the Rue des Moulins. Pass the two mills and follow the small road (CD 260) for 800m. Continue straight to the intersection with the Chemin de la Sine. Take a right on the Avenue Jean Giono (paved road on 600m). Continue on a dirt road in the middle of the forest for 2.3km.

1- In the woods, reach by the track the Commemorative Rock of the maquis of Pélenç. Turn left on the "Piste de Moissac". The roadside is lined with stone markers indicating the limits of the state-owned forest. At the "Valley de Bolle" track (not shown), reach by the route the intersection between Moissac and Régusse.

2- Follow the direction of Moissac. Leave a first track behind, then proceed on the second one ("Piste du Cadastre "). Follow the path that passes by the old coal burners in front of the Maquis tank. Go down for 500m to the "Baquis" track. Follow it to a tank. Continue straight in the middle of the pines. At the next intersection (800m), leave to the right the "Piste de l'Auviduery" (not shown) and take the second path to the left. Go back up the plateau (viewpoint of the village) and reach at a barrier a junction of the routes to Moissac and Régusse.

3 - Turn left on Chemin de Régusse. Leave a path starting on the left, past a ruin then, at the forest exit, reach a small road. Follow it for 100m and at the intersection turn left on the road. Come out at the St. Eloy oratory on the Avenue Frédéric Mistral. Enter the village by the road (for your security, walk on the left side of the road).

On your path...





A little heraldry (A)



Memorial to the Resistance (C)



The Maquisards' Tank (E)



The Windmills (B)



Go to coal (D)



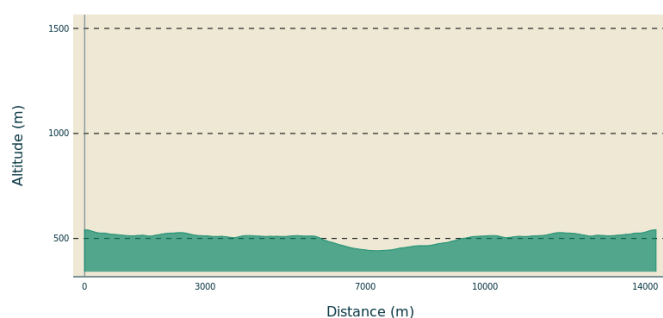
Emergency WaterEmergency water (F)

All useful information

AdVICES

Avoid high summer temperatures, leave early. Remember to pack at least 2L of water per person, a hat and proper walking shoes. In summer time, find out whether the forests are open to the public (fire risk) by calling 04 89 96 43 43 (answering machine of the Direction Départementale des Territoires et de la Mer) or by visiting the website of the Prefecture by clicking the tab "For more information".

Altimetric profile



Min elevation 442 m
Max elevation 542 m

Access

At 9.5km West of Aups, through the D9 and the D30.

Advised parking

Car park below the village

Information desks

House of the Verdon Regional Nature Park



Domaine de Valx, 04360 Moustiers-Sainte-Marie

info@parcduverdon.fr

Tel : +33 (0)4 92 74 68 00

<http://www.parcduverdon.fr/>

OTI Lacs et gorges du Verdon

Place Martin Bidouré, 83630 AUPS

<http://www.lacs-gorges-verdon.fr/>

On your path...



A little heraldry (A)

It could be that the coat of arms of Régusse reminds you of something. These red and white diamonds (called tapered reds in heraldry) are indeed the coat of arms of the Grimaldi family who rules the Principality of Monaco today. A branch of this family from Genoa bought the domain of Régusse in the 17th century and kept it until the Revolution, when their property was confiscated. But the town of Régusse stills holds the arms of the family on its coat of arms.

Attribution : Stefano Blanc - PNR Verdon



The Windmills (B)

Provence is a chosen land for windmills that were introduced in this region in the 13th century. Mistral offers here a powerful and constantly renewed energy. The two windmills of Régusse were already indicated on Cassini's map in the 13th century. Their construction may date from the 18th century – a period of expansion for windmills. But it is possible that their origin dates back to the Templars who helped to spread this technique and had a commandery in Régusse in the 13th century.

Attribution : Stefano Blanc - PNR Verdon



Memorial to the Resistance (C)

The Var department played an important role in the liberation of France since it was on its beaches that French and American troops landed. But if during this winter 1942-1943 liberation was a distant hope, the Resistance was preparing it and getting organized. Thus the site of the forest of Pelenc received a group of parachutists 4 May 1944. They were dispersed by the Germans on 18 May, and then reconstituted by Lt. Abiven. The memorial recalls this glorious episode of the member of the Resistance of the forest of Pelenc.

Attribution : ©Stefano Blanc - PNR Verdon



Go to coal (D)

This is a profession forgotten today: charcoal burner. In Provence, we say "carbounié". Its origin dates back to the mid-19th century when energy needs transformed the industry and domestic life. The artisanal technique of producing charcoal is long and requires expertise. It is necessary, needless to say, to cut wood. On communal properties, this activity was subject to authorization and, in order to allow the forest to regenerate, cutting and rest are alternated.

Attribution : Stefano Blanc - PNR Verdon



The Maquisards' Tank (E)

In Pelenc, tanks were used as water reserves at the beginning of last century. One of them is called: the "Maquisards' Tank". This name refers to a forest site located in the woods during the Second World War. The little troop consisting of forty men were not a kind of "maquis", active and armed people, as it often existed in the Haut-Var at the same time. Most charcoal burners exercised this ancient and traditional activity here.

Attribution : ©Stefano Blanc - PNR Verdon



Emergency WaterEmergency water (F)

The ponds are real havens of peace and places where wildlife comes to drink especially during the hot summers. If you are discreet, it is not uncommon to see animals that quench their thirst.

Attribution : ©Stefano Blanc - PNR Verdon



- En aucun cas les auteurs des contenus de ce site ne sauraient être tenus pour responsables de problèmes ou d'accidents sur les itinéraires cités.
- Cependant, nous comptons sur vous pour signaler toutes contradictions importantes entre cette fiche et le terrain.
- Pensez également à signaler les éventuels problèmes rencontrés pendant votre balade sur <http://sentinelles.sportsdenature.fr> (erreur de balisage, panneau défectueux, pollution, conflit d'usages...).
- La vente de cette fiche est autorisée au coût d'impression.
- Ne pas jeter dans la nature.

L'outil Geotrek a été financé par l'Union européenne, le Parc national des Ecrins et le Parc national du Mercantour.

Le projet Chemins des Parcs est financé par la Région Provence-Alpes-Côte-d'Azur et les Parcs naturels régionaux des Alpilles, de Camargue, du Luberon, du Queyras et du Verdon.

Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

- The authors of this website will in no case be held responsible for problems or accidents on the routes mentioned.
- We count on you to point out any inconsistency between this content and the field itineraries
- Please report any problems encountered on the routes (route marking problems, defective panels, pollution, conflict of uses ...) on <http://sentinelles.sportsdenature.fr>
- The sale of this sheet is authorized at the cost of printing
- Please don't litter

The Geotrek tool was funded by the European Union, the Ecrins National Park and the Mercantour National Park.

The Chemins des Parcs project is funded by the Provence-Alpes-Côte-d'Azur Region and the regional nature parks of Alpilles, Camargue, Luberon, Queyras and the Verdon.

This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.

www.cheminsdesparcs.fr

*Tours et détours dans les Parcs naturels régionaux
de Provence-Alpes-Côte d'Azur*

Avec le soutien de

