

SAINT REMY DE PROVENCE - From Saint Rémy to Les Baux



Saint-Rémy-de-Provence



Vue sur le vallon de Valmourane (©Rémi Sérange - PNR Alpilles)

After enjoying the shade offered by beautiful pine forests, contemplate the Alpilles and Provence as you've never done!

This walk will surprise you by making you climb some reliefs from where you can enjoy outstanding views. From Gard to Var and from Ventoux to the seafront, the landscapes you will see will have no limit. So to your binoculars!

Useful information

Practice : WALKING

Duration : 5 h

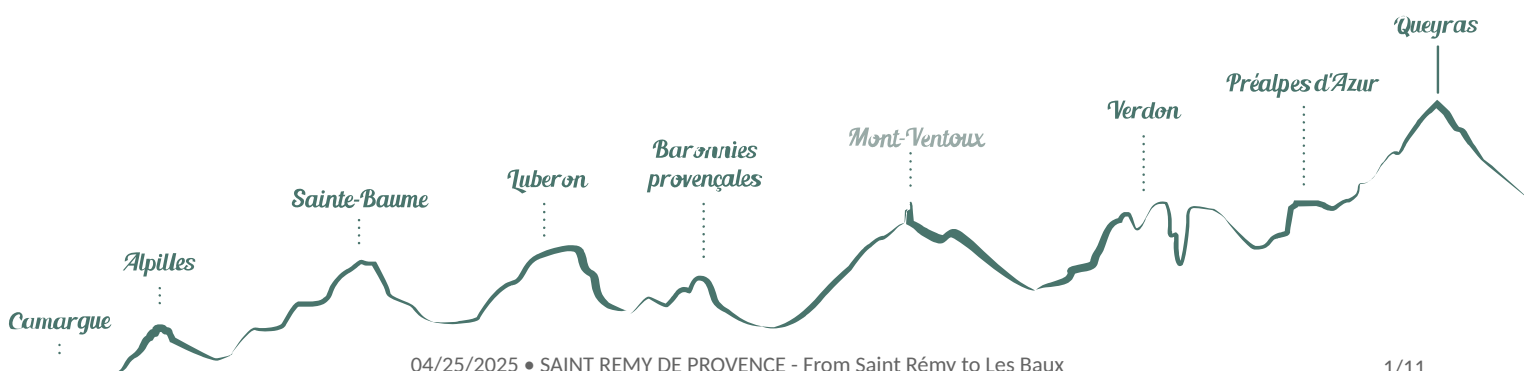
Length : 15.5 km

Trek ascent : 392 m

Difficulty : Medium

Type : Boucle

Themes : A lookout, a viewpoint,
Know-how, Local products



Trek

Departure : Lake Peiroou, Saint-Rémy-de-Provence

Arrival : Saint-Rémy-de-Provence

Markings :  GR®  Non balisé  PR

From the parking, go up track to West through the pines for join the tarred road that comes to Saint-Rémy-de-Provence. Follow it and take the left on the Roman Road and Panouilles. Continue to the Alpines Canal and the Chemin des Servières and Cadenières.

1- At the intersection, turn left (from this point, follow the signs GR® and PR to point 3). Stay on this paved road for 1.7 km, then climb a hill by a path. Join the DFCI track and follow it until the D27.














2- Turn left on this road, go up 250 m, then turn right on the DFCI track AL 107. Pass a barrier and go up the valley called "Gaudre de Valmouriane". After a series of laces, you get to a crossroads.

3- Take the GR® 6 on the left towards Les Baux (from this point follow the GR® signs to the car park from the starting point). At the pass, join the D27. Cross it and continue 500 m on an asphalt road, on the left. After the orientation table and a barrier, continue on a track.

4- Pass the watchtower, leave the Lombards track on the right (panel), then DFCI no. AL 112 on the left. Continue for 1.3 km then turn left into a valley and return to the starting point.

On your path...



- | | | | |
|---|---|---|--|
|  | Lake Peiroou (A) |  | The olive tree (B) |
|  | Northern Alpines Canal (C) |  | The DFCI track (D) |
|  | View of the mountains (E) |  | View of the south-west of the Alpilles (F) |
|  | Forest Defense Against Fire (G) |  | The erosion eye (H) |
|  | View of the Baux-de-Provence castle (I) |  | Limestone Benches (J) |
|  | Watchtower (K) |  | View of Mont Ventoux (L) |
|  | View on the Caume plateau (M) | | |

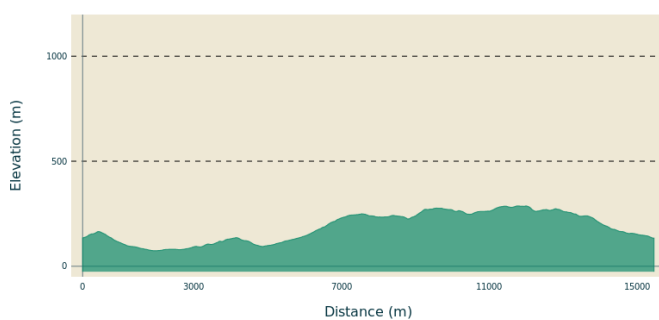
All useful information

Advices

For your safety, and for the preservation of forest areas, access to natural areas is regulated from June to September. Inquire during the summer period on 08 11 20 13 13 (price of a local call) or on <http://bpatp.paca-ate.fr/>

A municipal decree during this same period prohibited motor vehicles from accessing the lake. For parking, follow the updated directions on site.

Altimetric profile



Min elevation 74 m
Max elevation 287 m

Transports

.Look for public transport times on the site www.lepilote.com in the town of Saint-Rémy-de-Provence

Access

From Saint-Rémy-de-Provence take the D5 direction Maussane-les-Alpilles and before the exit of the village turn right at the indication Lac du Peiroou.

Advised parking

Parking du Lac du Peiroou d'octobre à juin, Saint-Rémy-de-Provence

Information desks

House of the Alpilles Regional Nature Park



2, boulevard Marceau, 13210 Saint-Rémy-de-Provence

contact@parc-alpilles.fr

Tel : +33 (0)4 90 90 44 00

<http://www.parc-alpilles.fr/>

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On your path...



Lake Peiroou (A)

Surrounded by limestone cliffs, Lake Peiroou is an artificial lake, with a capacity of 80 000 m³, retained by a dam. Its name comes from the Provençal "pèiroù" which means cauldron. It was here that the Romans built a dam that supplied water to the city of Glanum, thanks to an aqueduct. It was one of the first "arch dam" of history. The current dam, meanwhile, was built in October 1891, in the same place as that of the Romans, to supply the fountains of Saint-Rémy-de-Provence.

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The olive tree (B)

Emblematic culture of the territory of the Alpilles, the olive tree is the symbol of the dry Mediterranean climate. Its multiple trunks are the result of a release at the strain level following a significant frost in 1956. Today, some of the olives and oils produced in the Alpilles are recognized nationally and internationally, benefiting from the Protected Designation of Origin (PDO).

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Northern Alpines Canal (C)

The Alpine Canal network stretches 119 km from Orgon to the Roubines of Anguillon and Vigueirat. Begun in 1826, its construction was slowed by conflicts of interest and ended in 1875. At the time, it was intended to complete the Canal des Alpines meridionales finished in 1772, to supply water to 18 towns and 40 additional mills. ;

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The DFCI track (D)

The tracks for the defense of the forests against fire (DFCI) have for purpose, the movement of vehicles of various actors responsible for the prevention of and fight against fires inside the forest massif of the Alpilles. They allow a rapid response, even in hard-to-reach areas and have underground tanks for supply;fast;In water. These trails also offer a network of wide paths suitable for hiking.

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View of the mountains (E)

In the distance towards north, the Mont Ventoux is outlined on the horizon. It is the highest point of the Vaucluse mountains with its 1911 m altitude. In the foreground, one end of the Alpilles chain stands out and at its feet is Saint-Rémy-de-Provence. Finally, taken between these two reliefs and starting from the right, we can observe the beginnings of the Luberon massif.

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View of the south-west of the Alpilles (F)

It is with a superb view on the reliefs of the southwestern part of the Alpilles, that one can distinguish Mont Paon and Mont Valence, both 234 meters high. They are bordered by the Vallon de Cabrieres, and farther west, by the Vallon de la Lèque. They were very early places of privilege for the implantation of human, as evidenced by the various vestiges present on Mount Paon.

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Forest Defense Against Fire (G)

Forest Defense Against Fire; provides for the deployment of various actors responsible for the prevention and fight against fires in the Alpilles (fire-fighters, foresters-sappers, agents of the National Forestry Office, Agents of Prevention and Awareness of Forest Fires). These, commissioned by the Regional Natural Park, deliver valuable information on the accessibility of the massif and respect for its biodiversity.

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The erosion eye (H)

The erosion eye is a rock, on the heights of Baumayrane, offering a fine example of taffoni;(word of Corsican origin meaning "hole"), common phenomenon around the Baux-de-Provence. Its cavities dug by erosion can have very different shapes and sizes, depending on the structure of the rock and its ability to absorb water. Here, the erosion eye is pierced through, allowing to see through.

Attribution : ©Anastasia Zhukova - OT Baux-de-Provence



View of the Baux-de-Provence castle (I)

Here is a superb panorama at 360 ° C, which offers a breathtaking view of the Baux-de-Provence and their castle. Built in the 11th century under the orders of the lords of Les Baux, this castle was subsequently destroyed several times during the conflicts affecting Provence. The semi-troglodyte specificity of this fortress is that we still found today part of the dungeon relatively well preserved and seen very well from afar, from the surrounding lowlands.

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Limestone Benches (J)

Following the tectonic pressures of the Eurasian and African plates, and the pleating of the rocks that it created, the Alpilles massif allows to find visible geological strata, called "limestone bench". These strata each correspond to a sedimentary ensemble; which has been formed over many years between two parallel surfaces. ;

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Watchtower (K)

The Defense of the Forest Against the Fires is articulated around the watchtowers strategically placed at the mountain summits, which allow a 360 ° C view on the Alpilles massif. In summer, they are the meeting point of the various actors operating against fires. From there, they can quickly identify fire departures and deploy the necessary means for interventions.

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View of Mont Ventoux (L)

Mont Ventoux is the highest peak of the Vaucluse, culminating at 1,911 m. Its altitude makes it visible from afar. In summer, we can notice it at its white summit, suggesting snow. Called also the "Bald mount", the Mont Ventoux owes the whiteness of its summit to the absence of vegetation which leaves its calcareous rocks visible, but also to snow in winter period.

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View on the Caume plateau (M)

Culminating at 378 m of altitude, the Caume plateau is a limestone entity dating from the Upper Cretaceous, which is among the most famous reliefs of the Alpilles. It is also a crossing point of the GR®6 and hosts a rich ornithological biodiversity, with the Bonelli's Eagle, the Egyptian Vulture, but also the jackdaw. To preserve it, a prefectural protection order was put in place.

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L'outil Geotrek a été financé par l'Union européenne, le Parc national des Ecrins et le Parc national du Mercantour.

Le projet Chemins des Parcs est financé par la Région Provence-Alpes-Côte-d'Azur et les Parcs naturels régionaux des Alpilles, de Camargue, du Luberon, du Queyras et du Verdon.

Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

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The Geotrek tool was funded by the European Union, the Ecrins National Park and the Mercantour National Park.

The Chemins des Parcs project is funded by the Provence-Alpes-Côte-d'Azur Region and the regional nature parks of Alpilles, Camargue, Luberon, Queyras and the Verdon.

This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.

www.cheminsdesparcs.fr

*Tours et détours dans les Parcs naturels régionaux
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