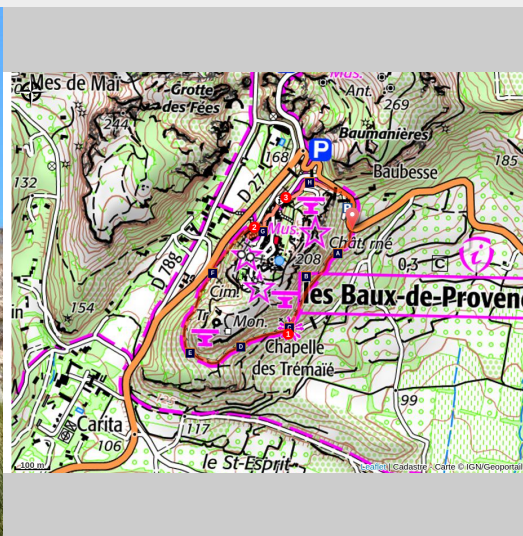


LES BAUX DE PROVENCE - Chemin des Trémaïé

Les Baux-de-Provence



Les rochers des Baux (©Jason Gaydier - PNR Alpilles)



*Come observe the birds which have left
the hills to spend winter in these rocks,
one of the best sights of France!*

In a beautiful setting at the foot of the rocky outcrop where the castle stands, take the time to stop and look, observe, and hear the birds sing at the break of dawn of a winter day. At the foot of the historic village of Les Baux-de-Provence, discover the history of Trémaïé and go up the steps leading to the village center to get to know this place, in the heart of the Alpilles, between the Baumayrane and Entreconque rocks.

Useful information

Practice : WALKING

Duration : 1 h

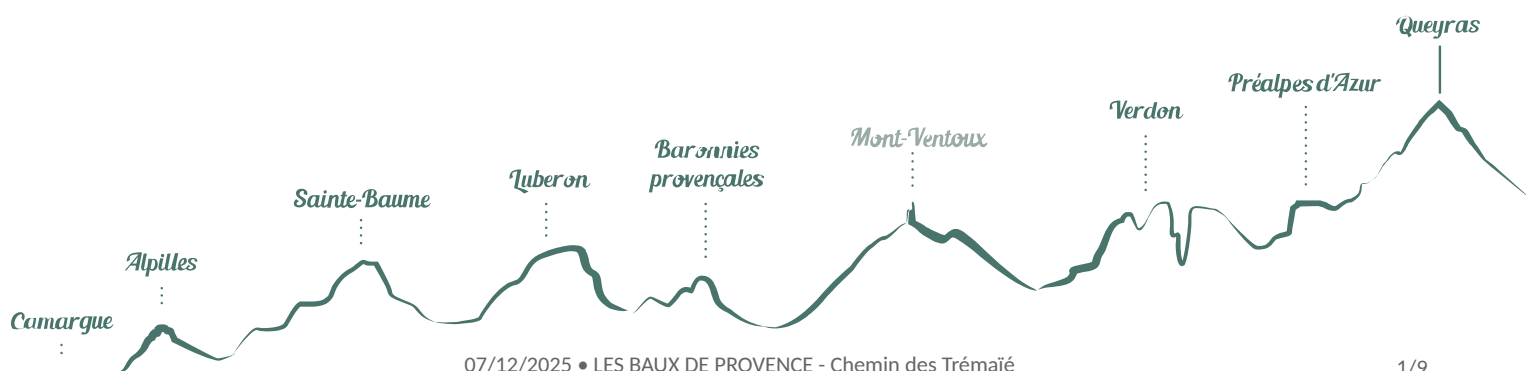
Length : 1.8 km

Trek ascent : 73 m

Difficulty : Very easy

Type : Boucle

Themes : A lookout, a
viewpoint, Fauna, Heritage and history



Trek

Departure : Car park along the D27A, Les Baux-de-Provence

Arrival : Car park along the D27A, Les Baux-de-Provence

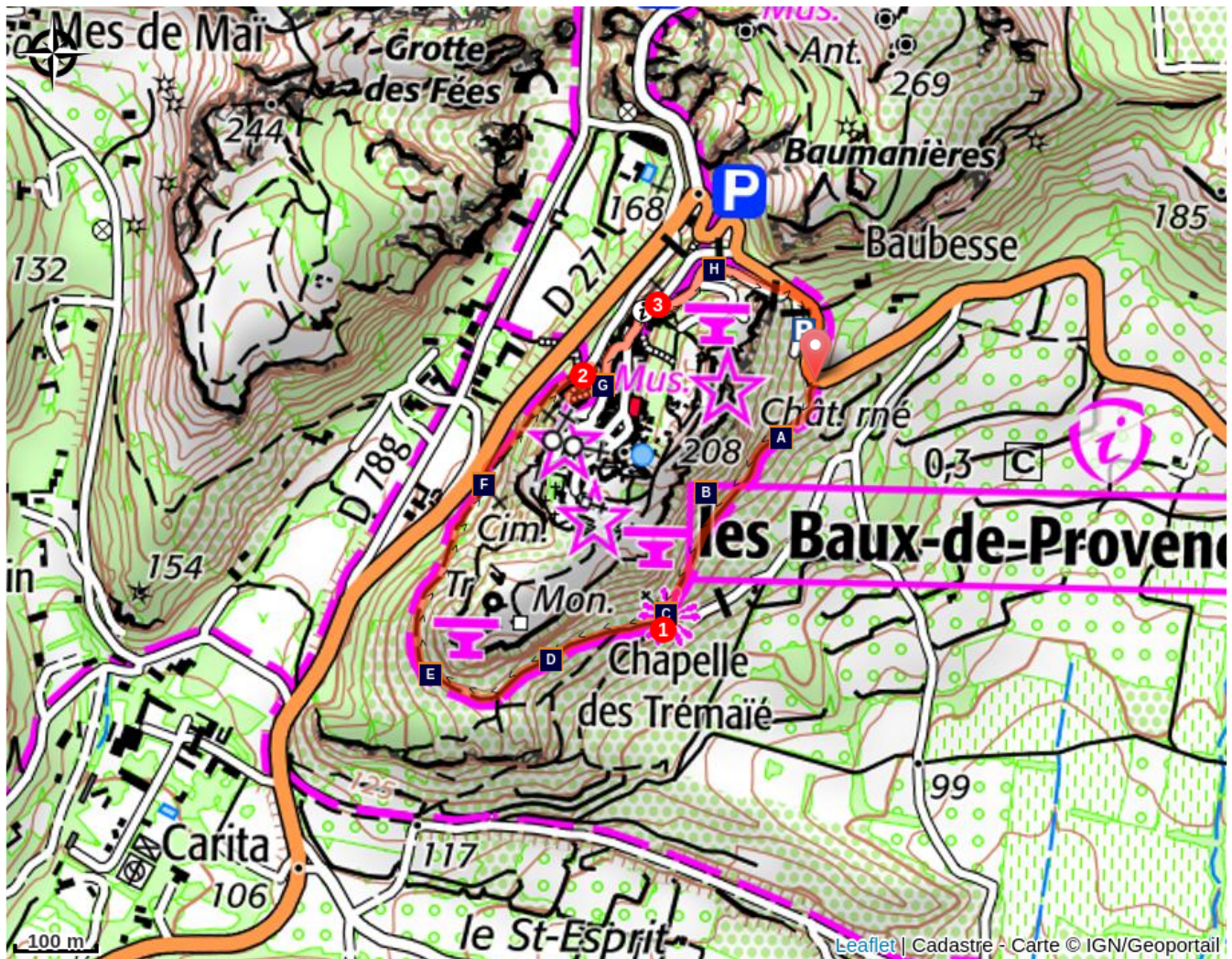
Markings :  PR





From the car park, take a left on the path that goes around the curve, below the castle. At the sign "Chapelle de Trémaïé", continue on the path to bypass the village of Les Baux-de-Provence. After the short descent, pass the Black Madonna of Baux-de-Provence. Then go up the stairs towards the village.





1 - When reaching the car park, turn right and climb the stairs. Once through the door of the ramparts and the last steps, continue straight and leave the ecomuseum on your left. At the next intersection, turn left.

2 - Once out of the village, turn right and climb the road. Go straight to reach the D27a and follow it until the car park from the starting point.

On your path...



-  A mosaic of landscapes (A)
-  Chapel Trémaïé (C)
-  The Wallcreeper (E)
-  The Baux de Provence (G)

-  The crag (B)
-  The Blue Rock Thrush (D)
-  The Black Madonna of Baux (F)
-  The Alpine Accentor (H)

All useful information

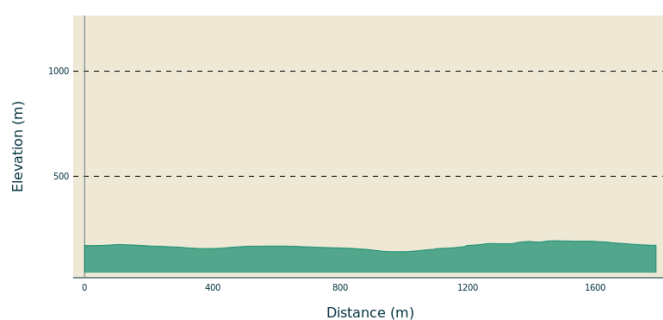
Advices

You can go hiking during the winter season to watch the birds hibernate in the rocks.

Come rather early in the morning (7.00 / 7am) or late afternoon (18.00 / 6pm) to enjoy the tranquillity of the area and to see and hear the birds sing.

Toll car park.

Altimetric profile



Min elevation 141 m

Max elevation 193 m

Transports

Search for the public transport timetables on the website www.lepilote.com in the municipality of Baux-de-Provence.

Access

At 10km south-southwest of St-Remy-de-Provence through the D5 and D27a. Park along the D27a.

Advised parking

Park along the D27A, Les Baux-de-Provence

Information desks

House of the Alpilles Regional Nature Park



2, boulevard Marceau, 13210 Saint-Rémy-de-Provence

contact@parc-alpilles.fr

Tel : +33 (0)4 90 90 44 00

<http://www.parc-alpilles.fr/>

OT Les Baux-de-Provence

Rue Porte Mage, Maison du Roy, 13520 Les Baux-de-Provence

tourisme@lesbauxdeprovence.com

Tel : +33 (0)4 90 54 34 39

<http://www.lesbauxdeprovence.com/>

On your path...



A mosaic of landscapes (A)

Look away from the Baux rock can admire the panorama. The way, it is possible to contemplate the landscape mosaic that overlooks the castle of Les Baux for centuries. This mosaic is the result of man, who has fashioned his own way, through its many activities. Hedges, groves structure the plain which is surrounded by Baumayrane north and south Entreconque rocks.

Attribution : ©Jason Gaydier - PNR Alpilles



The crag (B)

The swallow rocks, like the Wallcreeper, lives in rocky areas up to 2000 m altitude, but returns the winter at lower mass to enjoy milder temperatures. Unlike the swallow that one meets more often (in white and black plumage), it is rather dark, with a spotted neck. Small, it shows very little, which makes it more difficult to observe.

Attribution : ©DR



Chapel Trémaïé (C)

The chapel dates from the 19th century, and was the place of pilgrimage for many Christians. It was erected in honor of the stele, which is above its roof, which according to Christian tradition, represents the Holy Mary Magdalene, Mary Jacobe, and Mary Salome, who came to Saintes-Maries-de-la-Mer to convert the region. It is said that it was actually three Roman characters, which included the general Caius Marius and his wife Julia, aunt of Julius Ceasar.

Attribution : ©Jason Gaydier - PNR Alpilles



The Blue Rock Thrush (D)

The Blue Rock Thrush is a bird that takes its name from the color of its plumage. If the male is completely blue, the wings being darker, this is not the case of the female is brown. This bird likes rocky environments in the northern part of the Mediterranean. It feeds mainly on insects, but also varied diet with lizards and berries. He loves to fly back and forth between two areas of the cliff.

Attribution : ©Artemy Volkhansky



The Wallcreeper (E)

The Wallcreeper is a mountain bird, which is easily recognized by its rounded wings and red spotted. It is a bird that lives in rocky environments, where it can easily be hidden by the color of his head and his body is intertwined with that of the stone. Its long bill allows it to feed on insects. This bird is visible in the Alpilles only in winter, when it comes a few months to enjoy the warmer weather.

Attribution : ©S. Wroza



The Black Madonna of Baux (F)

At the end of the trail is the Black Madonna of Baux, in the shadow of the rock on which is built the village. The statue, representing St. Mary of Baux, was erected in 1860. It was during the pilgrimage from May 25 to Trémaïé a necessary stop when the procession was the complete tour of Les Baux rock.

Attribution : ©Jason Gaydier - PNR Alpilles



The Baux de Provence (G)

Les Baux-de-Provence, which has the label most beautiful villages in France, is the only village located in the heart of massive, atop a rocky outcrop. Les Baux-de-Provence are characterized primarily for the castle there, witness the power of the family of Baux. Feel free to wander the narrow cobbled streets of the village and discover the history of this place where the occupations of men have followed.

Attribution : ©Sarah Boggio-Pola - PNR Alpilles



The Alpine Accentor (H)

The Alpine Accentor is a bird who used to nest in mountain environments, up to 4000 m altitude. The village of Les Baux-de-Provence is an ideal spot for all those birds who spend the winter at lower altitudes. Nesting in the crevices of rocks, one can recognize him with his gray body and red wings, black and white.

Attribution : ©Lisbeth Zechner - PNR Alpilles



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Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

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This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.

www.cheminsdesparcs.fr

*Tours et détours dans les Parcs naturels régionaux
de Provence-Alpes-Côte d'Azur*

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