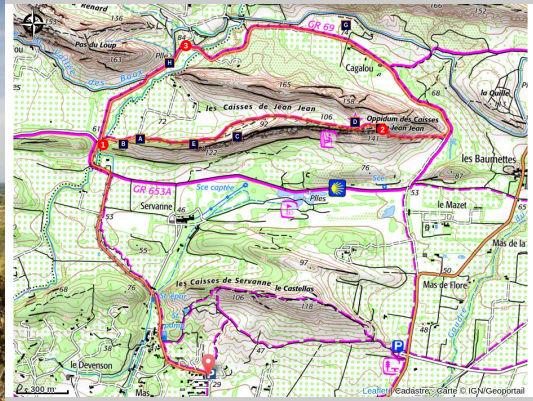


MOURIES - Caisses de Jean Jean

Mouriès



Caisses de Jean-Jean (©Orlane Fougeroux - PNR Alpilles)

A legendary tour of the Alpilles, take the time to discover the famous Caisses de Jean-Jean.

& Laquo; This loop is one of my favourite walks in the Alpilles. Here, we feel the presence of mankind through numerous imprints it has left. With greenhearts shaped by ivy on the picturesque cliffs and different landscapes, there is a very diversified fauna and flora. It is the kingdom of the European eagle-owl, but in winter a little remarkable climber also shows up regularly: , the Wallcreeper. & Raquo; Lisbeth Zechner, Project Manager LIFE Alpiller RNP.

Useful information

Practice : WALKING

Duration : 3 h

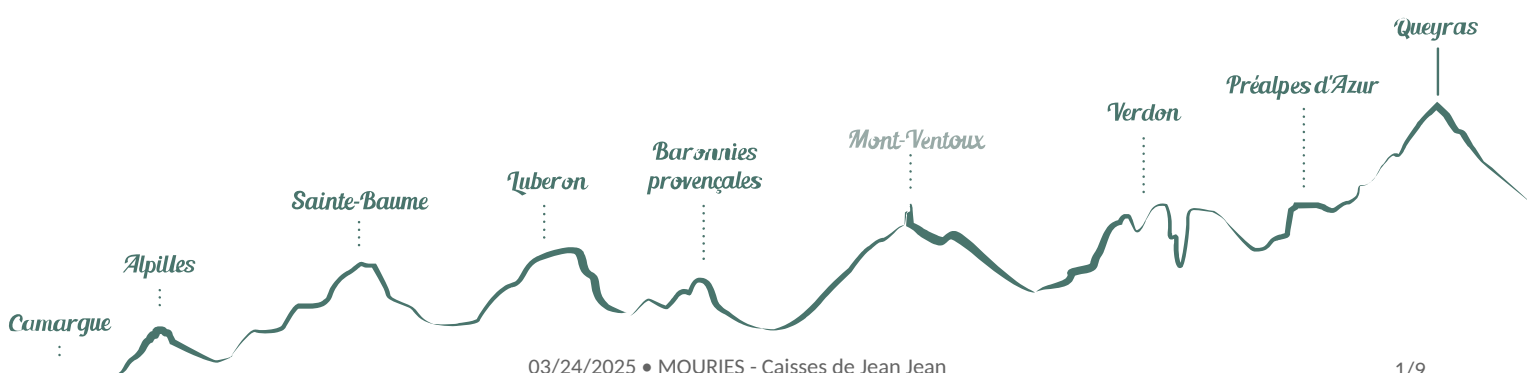
Length : 8.9 km

Trek ascent : 146 m

Difficulty : Easy

Type : Boucle

Themes : A lookout, a viewpoint, Fauna, Heritage and history



Trek

Departure : Car park of Castellás, Mouriès

Arrival : Car park of Castellás, Mouriès

Markings :  GR®  PR  PR local

From the car park, continue on the road to the golf course of Servanes. At the entrance of the golf courses, continue on the road to go around it. At the crossroads with two paths, continue on the road until the next junction.

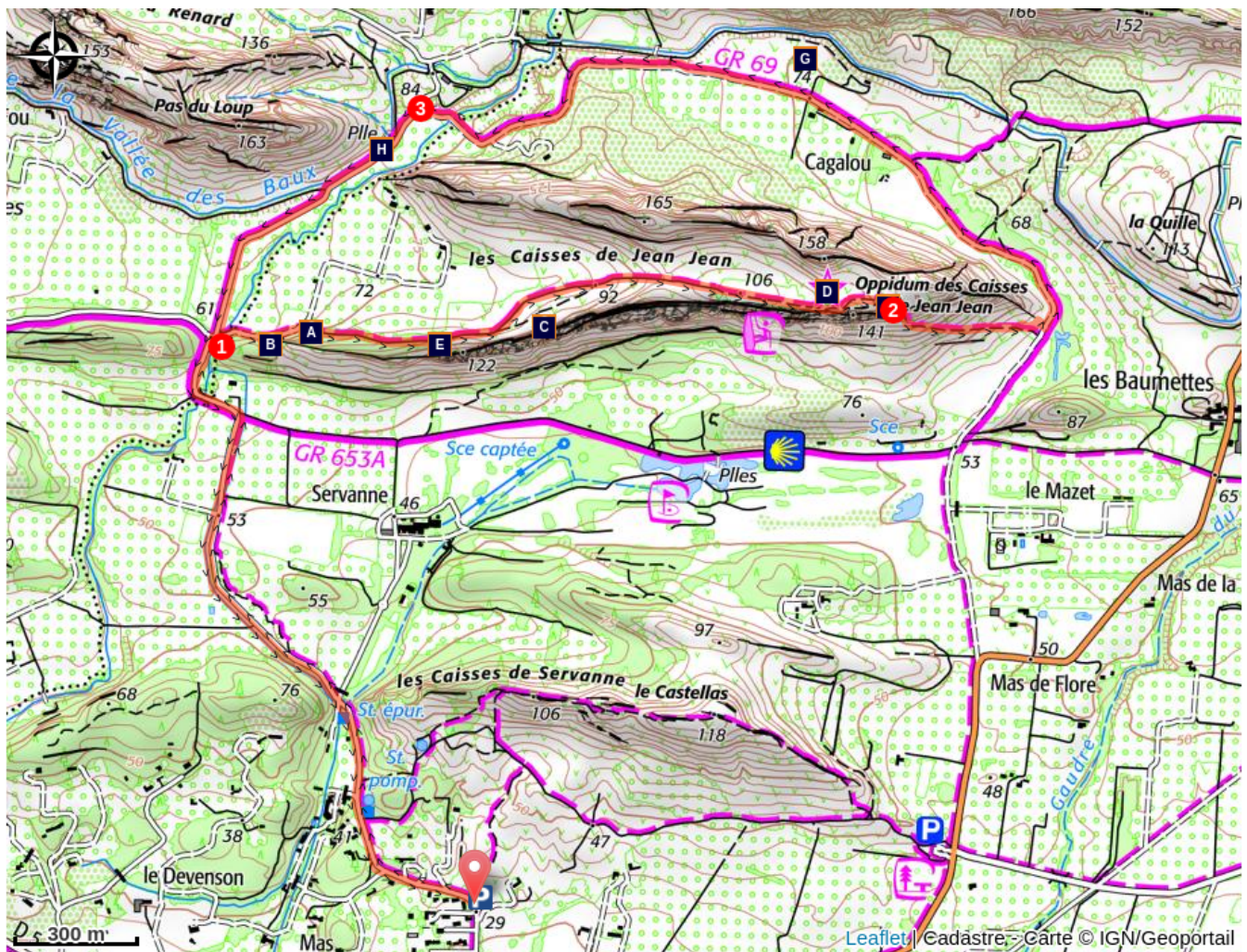
1 & Ndash; At the junction, follow the gravel path towards the car park for climbing "Les Caisses de Jean-Jean Nord". At 200m, pass the gate and continue until "Les Caisses de Jean-Jean". Continue on the footpath after the archaeological site.



2 - At the viewpoint, take the small stony steep path leading down to the country road. Once on it, turn left and continue into the forest then along olive groves and a few constructions by man. Stay on the path until the paved road.

3 - The road within sight, turn left and follow it until the next junction with the sign of the car park for climbing. The canal of the Baux valley, which first goes along the road, will make way for new olive groves which it supplies with water.

1 - Continue straight on the road until the starting point and end the tour.

On your path...



-  Chemin Faisan (A)
-  The round stone (C)
-  The European bee-eater (E)
-  The Great-Owl (G)
-  Vertical cliffs (B)
-  The Gallic oppidum (D)
-  The view of the Crau (F)
-  The Baux valley canal (H)

All useful information

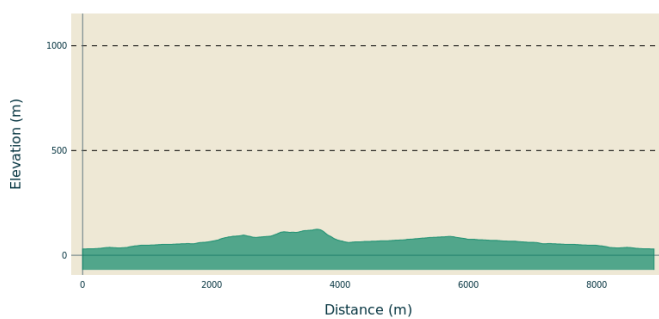
AdVICES

A booklet has been created and published by the association Chemin Faisan and the Alpilles Regional Nature Park. Don't forget to get it to discover the Caisses de Jean-Jean in a fun way!

Come rather early in the morning (7.00) or late afternoon (18.00) to enjoy the tranquillity of the area and to see and hear the birds sing.

Bring a pair of binoculars.

Altimetric profile



Min elevation 30 m
Max elevation 124 m

Access

From the centre of Mouriès, follow the direction of Eygalières. After the roundabout, turn left of the statue, towards Servanes. Continue straight to the car park which will be on the right.

Advised parking

Car park of Castellás, Mouriès

Information desks

House of the Alpilles Regional Nature Park



2, boulevard Marceau, 13210 Saint-Rémy-de-Provence

contact@parc-alpilles.fr

Tel : +33 (0)4 90 90 44 00

<http://www.parc-alpilles.fr/>

OTI Alpilles-en-Provence

Place Jean Jaurès, 13210 Saint-Rémy-de-Provence

saintremy@alpillesenprovence.com

Tel : +33 (0)4 90 92 05 22

<http://www.alpillesenprovence.com>

On your path...



Chemin Faisan (A)

As part of an educational action of the Park, the environmental education association Chemin Faisan has created a booklet which accompanies the milestones you can see, made by SEGPA classes (special needs educational division) of the René Cassin high school of Tarascon and 9 classes of the Mouriès school. The booklet along with the milestones allow the young audience to discover in an educational way the Caisses de Jean Jean and its heritage. Each colour present on the milestones symbolizes a theme explored in the book.

Attribution : ©Jason Gaydier - PNR Alpilles



Vertical cliffs (B)

200 million years ago, a gigantic ocean, Tethys, caused the formation of the rocks by its water movements. Following the collision of the African and Eurasian plates then new movements, these vertical rocks were formed. If we take a closer look at these rocks, it is still possible to find traces of shells, fossils which survived for millions of years, and are witnesses to this past.

Attribution : ©Alain Laforest - GAM



The round stone (C)

If you go into the scrubland to reach the cliff, you will see by looking, a round stone carved into the rock. In the past, man would carve into the cliff to create wheels for the mills to grind grains or to crush olives. This unfinished wheel has been around probably since the 17th century. It is said that cliff carving was done in the winter, stone carvers would put water into the holes around the stone. The water would freeze allowing the stone to break.

Attribution : ©Jason Gaydier - PNR Alpilles



The Gallic oppidum (D)

A Gallic oppidum (fortified village) stood here in the 6th century BC, date of the first rampart placed to protect the village. But there were two ramparts and cliffs protecting the several thousand Gauls then living in the Caisses. They had food through farming and crops they grew in the plains. Archaeological excavations have shown that this site has subsequently experienced the influence of the Romans and Greeks.

Attribution : ©Jason Gaydier - PNR Alpilles



The European bee-eater (E)

The European Bee-eater is characterized by its many colours: yellow and black head, brown back, abdomen ranging from blue-green to turquoise blue, green tail and red iris make up this magnificent bird. Often perched at the top of a dead tree, it can be mistaken when far away with a swallow because it flies in the same way, especially when hunting, where it will alternate flapping their wings and flying steady.

Attribution : ©Rémi Sérange - PNR Alpilles



The view of the Crau (F)

From this viewpoint, at the end of the Caisses de Jean-Jean, it is possible to admire not only the peak of Opies to the east, but especially the plain of Crau to the south, stretching before your eyes in an endless view. Here, you can distinguish a patchwork landscape composed the Golf de Servanes and different cultivations (olive groves, vineyards, fruit trees), separated by paths and multiple cypress hedges.

Attribution : ©Jason Gaydier - PNR Alpilles



The Great-Owl (G)

Who does not know the Grand Duke of Europe? Europe's largest owl, it nests all year in the cliffs and saw its population increase. Many grand dukes peacefully sleep during the day, waiting for the night to hunt. As the Bonelli's eagle, raptor is a super predator that feeds on small mammals such as hares, hedgehogs, and other birds.

Attribution : ©DR



The Baux valley canal (H)

This canal, measuring 53km long, was subject to a long process of reflection and design. Designed in 1792, the project will be launched over a century later, in 1914. In a landscape of steppe, it was important to develop human presence and the economy as a hydraulic network irrigates the territory to help the crops survive. This canal supplies all to itself the southern part of the Alpilles.

Attribution : ©Jason Gaydier - PNR Alpilles



- En aucun cas les auteurs des contenus de ce site ne sauraient être tenus pour responsables de problèmes ou d'accidents sur les itinéraires cités.
- Cependant, nous comptons sur vous pour signaler toutes contradictions importantes entre cette fiche et le terrain.
- Pensez également à signaler les éventuels problèmes rencontrés pendant votre balade sur <http://sentinelles.sportsdenature.fr> (erreur de balisage, panneau défectueux, pollution, conflit d'usages...).
- La vente de cette fiche est autorisée au coût d'impression.
- Ne pas jeter dans la nature.

L'outil Geotrek a été financé par l'Union européenne, le Parc national des Ecrins et le Parc national du Mercantour.

Le projet Chemins des Parcs est financé par la Région Provence-Alpes-Côte-d'Azur et les Parcs naturels régionaux des Alpilles, de Camargue, du Luberon, du Queyras et du Verdon.

Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

- The authors of this website will in no case be held responsible for problems or accidents on the routes mentioned.
- We count on you to point out any inconsistency between this content and the field itineraries
- Please report any problems encountered on the routes (route marking problems, defective panels, pollution, conflict of uses ...) on <http://sentinelles.sportsdenature.fr>
- The sale of this sheet is authorized at the cost of printing
- Please don't litter

The Geotrek tool was funded by the European Union, the Ecrins National Park and the Mercantour National Park.

The Chemins des Parcs project is funded by the Provence-Alpes-Côte-d'Azur Region and the regional nature parks of Alpilles, Camargue, Luberon, Queyras and the Verdon.

This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.

www.cheminsdesparcs.fr

*Tours et détours dans les Parcs naturels régionaux
de Provence-Alpes-Côte d'Azur*

Avec le soutien de

