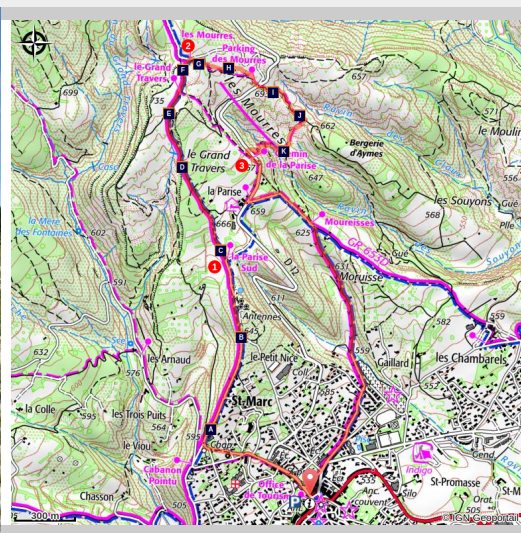


## The Rochers des Mourres

Forcalquier



Rochers des Mourres (Jacques Honoré - OTI PFML)

*A trail that joins the protruding and strange rocks of Mourres since the joyfull city of Forcalquier. A must-see!*

« Heads, mushrooms, arches or bridges ... We do not know on who to rely on! As an artist, erosion has washed away the softer rocks and then patiently perfected the limestone which was less soft to generate strange forms. An arid area, Mourres is also an environmentally sensitive area (ESA), where the flora and fauna adapt to drought.. Stéphane Legal, geologist at the Luberon RNP.

### Useful information

Practice : WALKING

Duration : 2 h 30

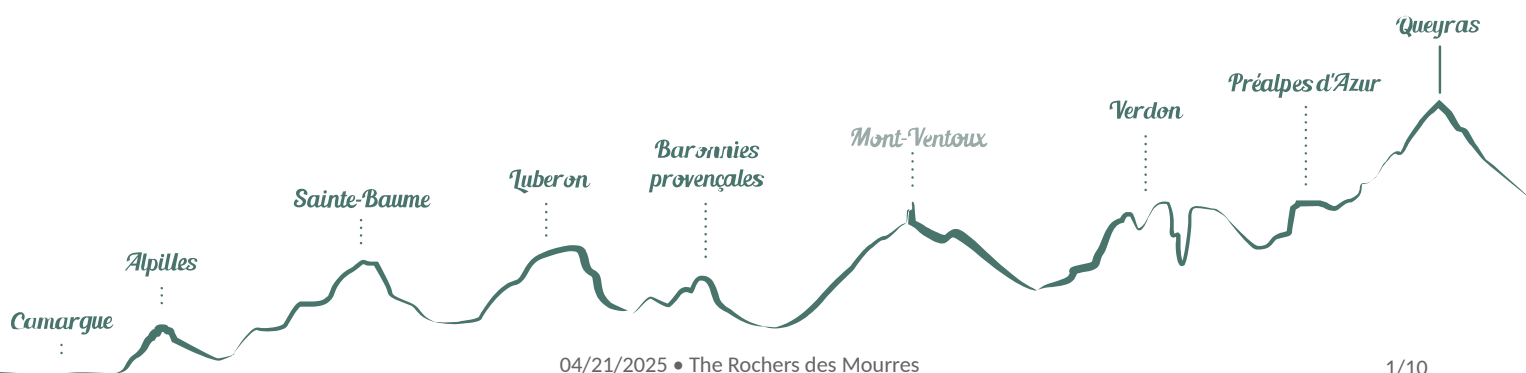
Length : 6.4 km

Trek ascent : 228 m

Difficulty : Easy

Type : Boucle

Themes : Flora, Geology, Heritage and history



# Trek

Departure : Tourist Office, Forcalquier

Arrival : Tourist Office, Forcalquier

Markings :  GR®  PR

With your back turned to the tourist office, at the Bourget town square, go left on the Marcel-André avenue and go straight until the intersection of the Route de Fontienne (D12). Continue across on the Saint-Marc avenue (RP). At the end of the 1st curve, go slightly to the right into a narrow street. Exceed the water tower that points to the left and cross a narrow passage between two walls. Turn right before the Saint-Marc chapel. Remain to the right on the ascending path. Pass the last houses and 200m further, go left to follow the trail that goes below the aerials (antennas). Reach lower down the crossroads "La Parise".

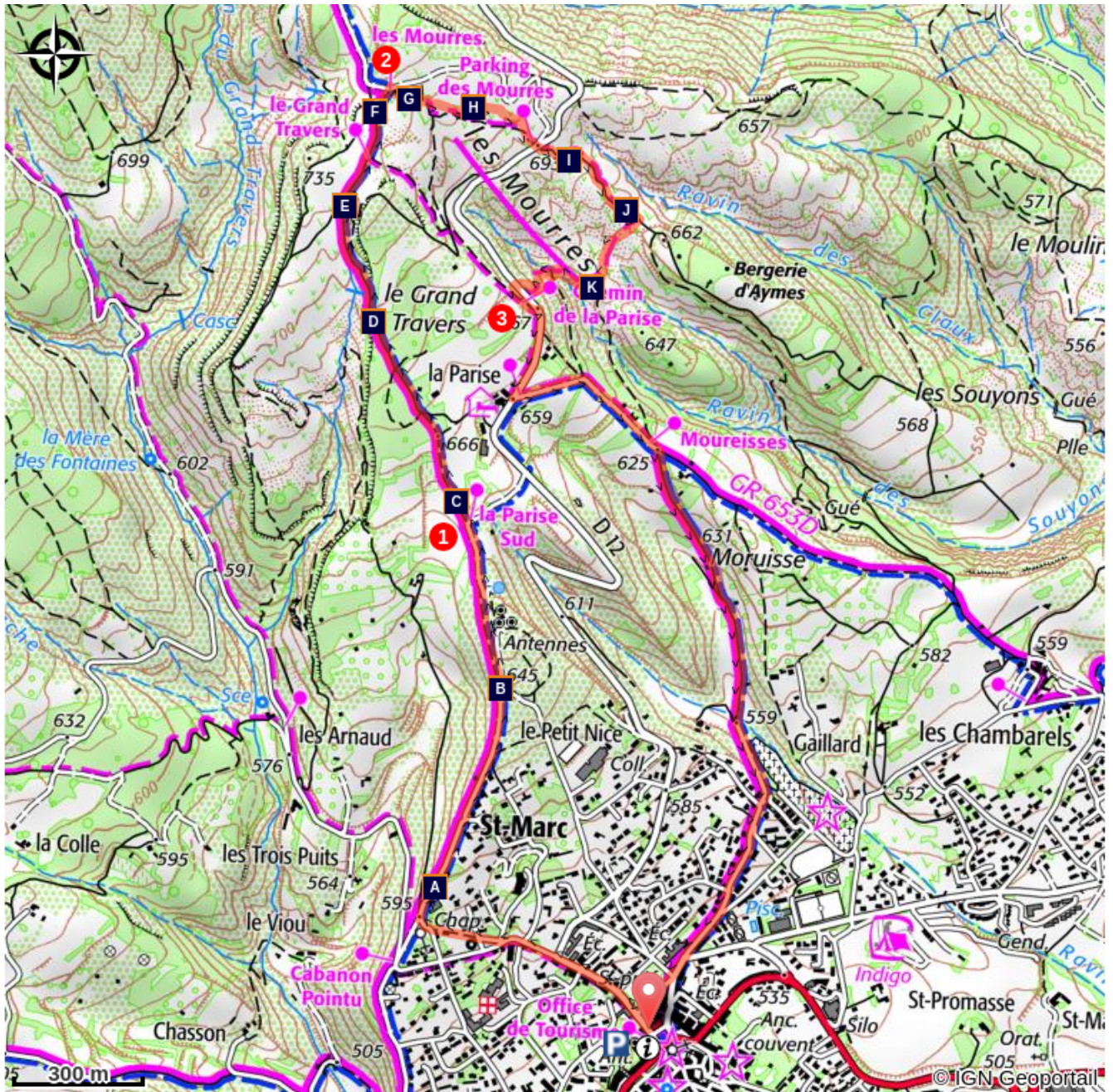
**1** - Continue straight. Quietly go up the trail, continue on a wider path and reach the crossroads "Le Grand Travers." Continue straight, pass the information panels and 70m further, reach the the crossroads of Mourres to the right.

**2** - Turn right and follow carefully the markings of the path between the rocks. Go towards the left and then down to the car park at the roadside (D12). Cross the road and go across on the path descending downstream on the Mourres site. Further down, do not to miss the path on the right (signpost). Reach the bottom of the ravine and cross. On the other side, advance 50m left on a clear path, then turn immediately right to climb the stony steep path (marking barely noticeable). Go up the winding paths and come out on the road. Go across and reach the crossroads "Ravin de La Parise" just above.

**3** - Take a sharp left, out on the D12, take a left turn on 250m in front of the farm. Lower down at the next intersection, continue down to the right along the olive groves and the cemetery to come out on Chemin des Moureisses. Go straight down, reach the Fontauris avenue. Turn right, go past a nursery school then turn left onto the L. Andrieux to return to the Bourget town square.



# On your path...



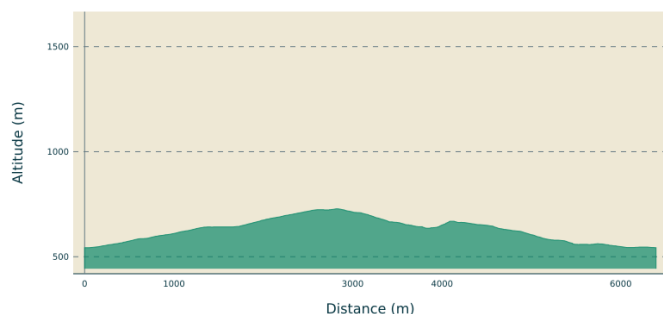
- |  |   |
|--|---|
|  Blue gold (A)                                      |  The "Blue Mountain" (B)                     |
|  Long live the dry stone! (C)                       |  The Marsh fritillary (D)                    |
|  Small garrigue (scrubland) in Genêt de Villars (E) |  Heads? Mushrooms? Les Mourres! (F)          |
|  Unusual structures of Mourres (G)                  |  The grass-leaved scabious (H)               |
|  A ruiniform landscape (I)                          |  Les Mourres, an inspiration for writers (J) |
|  A little trip to Iberia (K)                        |   |

# All useful information

## **AdVICES**

Caution with your ankles on the rocky areas. Make sure to stay on the track of the trail. ; The Mourres site is very sensitive to erosion. Refrain from any picking (flora, fossils).

## **Altimetric profile**



Min elevation 543 m

Max elevation 728 m

## **Transports**

Limitons les déplacements en voiture, pensons aux transports en commun et au covoiturage.

Tous les transports en commun sur [www.pacamobilite.fr](http://www.pacamobilite.fr)

## **Access**

At 23km north of Manosque, through the D13.

## **Advised parking**

Car park on Verdun avenue, below the tourist office

## **Source**



Luberon Géoparc mondial  
UNESCO

## **Information desks**

House of the Luberon Regional Nature Park



60, place Jean Jaurès, 84400 Apt

[accueil@parcduluberon.fr](mailto:accueil@parcduluberon.fr)

Tel : +33 (0)4 90 04 42 00

<https://www.parcduluberon.fr/>

Luberon UNESCO Global Geopark

60, place Jean Jaurès, 84400 Apt

[stephane.legal@parcduluberon.fr](mailto:stephane.legal@parcduluberon.fr)

Tel : +33 (0)4 90 04 42 00

<https://www.parcduluberon.fr/unesco-geoparc/>

OTI Forcalquier-Montagne de Lure

13, place du Bourguet, B.P. 15, 04301 Forcalquier

[bienvenue@haute-provence-tourisme.com](mailto:bienvenue@haute-provence-tourisme.com)

Tel : +33 (0)4 92 75 10 02

<http://www.haute-provence-tourisme.com/>



# On your path...

---



## Blue gold (A)

Here, between Forcalquier and the Lure mountain, water has always been a scarce resource. As a drier land than the neighbouring ones, man has had to work twice as hard to meet their needs and those of animals and crops. In this way, wells, cisterns, underground tanks, aqueducts or fountains mark the land. They are self-evident arrangements made by man to get this precious water flowing.

Attribution : David Tatin

---



## The "Blue Mountain" (B)

This is the nickname given by Jean Giono to the Lure mountain. It lets all four seasons wander through. Cool valleys and sunny lawns for exceptional hiking on sunny days and snow activities (skiing, snowshoeing, sledging (UK) / sledding (US)...) in winter. The Lure mountain offers many things to do all year round.

Attribution : OTI-PFML

---

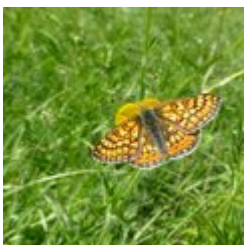


## Long live the dry stone! (C)

In Forcalquier, they can't be missed! Small walls, pens, retaining walls for terrace fields, or weird huts (bories). They are everywhere! The construction of these small dry stone structures began when man had to clear his land of stones in order to cultivate it. So what to do with this excess of stones? From there came the idea to pile them up in order to build pens, tame slopes or make shelters for men and tools.

Attribution : Eric Garnier - PNR Luberon

---



## The Marsh fritillary (D)

The Marsh fritillary (*Euphydryas aurinia subsp. provincialis*) is a butterfly named in French after its orange chequered pattern on its wings. As for the Devil's-bit scabious, it is one of the host plants for the caterpillar form of the Marsh fritillary. Although it is present in most of the country, the Marsh fritillary is usually rare and localized. In Provence, the subspecies "provincialis" is relatively common in places like Mourres and can be seen around April-May. This butterfly is protected in France.

Attribution : Laurent Michel - PNR Luberon

---



### Small garrigue (scrubland) in Genêt de Villars (E)

On this arid soil, you can see a discreet broom (shrub) against the ground: Villars broom (*Genista pulchella* subsp. *villarsii*). Its meagre look is an adjustment to sunny and dry environments: It sweats very little! Sharing space with some species which are also frugal, the Villars broom is the structuring element of a natural environment, rare and protected by Europe: from "heath to Villars broom".

Attribution : Laurent Michel - PNR Luberon



### Heads? Mushrooms? Les Mourres! (F)

What a strange landscape! With an unusual appearance, you can get a glimpse of heads, giant mushrooms, arches and bridges ... These are Les Mourres! A classified site resulting from the erosion of Miocene calcareous marl, here, fauna has managed to adapt to drought.

Attribution : Eric Garnier - PNR Luberon



### Unusual structures of Mourres (G)

The Rochers des Mourres look like mushrooms with a friable clayey-limestone base and a hard and even limestone cap. These structures were formed by the stabilisation and the encrusting of calcareous sediments through aquatic grass and green algae on lakefronts, 25 million years ago. They have been growing vertically, following the fluctuations of the water level. The shaping of these sculptures so beautiful of Mourres are due to erosion.

Attribution : Atelier Photo-Graphique - OTI PFML



### The grass-leaved scabious (H)

True local star, the grass-leaved scabious (*Lomelosia graminifolia*) is a plant found in the mountains of southern Europe. One can easily recognize its linear leaves such as grasses (its name has not been usurped!), by its beautiful blue flower heads blooming in late spring and summer, then by its fruits agglomerated into as many silver "cups".

Attribution : Laurent Michel - PNR Luberon



---

## A ruiniform landscape (I)

The ruiniform landscape (presenting the appearance of ruins) with unusual and unique shapes, allows everyone's imagination to drift leisurely. This intimate site, perfect for strolling, also opens up, for viewing pleasure, to a clear view, stumbling far away on the ridge of the Alps and the Lure mountain.

Attribution : Françoise Delville - PNR Luberon

---



## Les Mourres, an inspiration for writers (J)

These rocks, formed like heads, mushrooms, arches or bridges, have often inspired local writers by their strange appearance. Eugène Plauchud wrote, in Provençal, that they were men of stone. For Camille Arnaud, writing in French, they were the campsite of the Emir of the Moors. More recently, Georges Lautner shot there one of his films based on Pierre Magnan's novel, "La Maison assassinée" ».

Attribution : ©Jacques Honoré - OTI PFML

---



## A little trip to Iberia (K)

Often blooming from March, the Rock candytuft (*Iberis saxatilis*) is a subshrub (or dwarf shrub) recognizable by its white flower heads with its outer petals much larger than the others. Its species name ("saxatilis") represents it well because it is found clinging to the limestone rocks. Besides, it is the host plant of the caterpillar of a rare butterfly: : the Portuguese dappled white (*Iberochloe tagis*). This little butterfly with green and white marbled wings flies from February to June.

Attribution : Laurent Michel - PNR Luberon

---





- En aucun cas les auteurs des contenus de ce site ne sauraient être tenus pour responsables de problèmes ou d'accidents sur les itinéraires cités.
- Cependant, nous comptons sur vous pour signaler toutes contradictions importantes entre cette fiche et le terrain.
- Pensez également à signaler les éventuels problèmes rencontrés pendant votre balade sur <http://sentinelles.sportsdenature.fr> (erreur de balisage, panneau défectueux, pollution, conflit d'usages...).
- La vente de cette fiche est autorisée au coût d'impression.
- Ne pas jeter dans la nature.

L'outil Geotrek a été financé par l'Union européenne, le Parc national des Ecrins et le Parc national du Mercantour.

Le projet Chemins des Parcs est financé par la Région Provence-Alpes-Côte-d'Azur et les Parcs naturels régionaux des Alpilles, de Camargue, du Luberon, du Queyras et du Verdon.

Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

- The authors of this website will in no case be held responsible for problems or accidents on the routes mentioned.
- We count on you to point out any inconsistency between this content and the field itineraries
- Please report any problems encountered on the routes (route marking problems, defective panels, pollution, conflict of uses ...) on <http://sentinelles.sportsdenature.fr>
- The sale of this sheet is authorized at the cost of printing
- Please don't litter

The Geotrek tool was funded by the European Union, the Ecrins National Park and the Mercantour National Park.

The Chemins des Parcs project is funded by the Provence-Alpes-Côte-d'Azur Region and the regional nature parks of Alpilles, Camargue, Luberon, Queyras and the Verdon.

This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.

Avec le soutien de



Avec l'aide technique de :

- Luberon Géoparc mondial UNESCO