

## The balconies of Aiguebrun by mountain bike

Buoux



Les falaises de l'Aiguebrun (©Julien Abellan)



*A stroll in the shape of a large 8, to be wandered as of the age of 8 years and up to 88 years, on a 8-speed mountain bike!*

« A biking trail suitable for first laps with the family! No real technical difficulty, a total distance and reasonable gradients, two steep but short paved climbs and a loop hole halfway. This pleasant walk also offers beautiful views of the Aiguebrun valley, the castle and Fort de Buoux». Eric Garnier, Head of Studies for outdoor sports at the Luberon RNP.

### Useful information

Practice : MOUNTAIN BIKE

Duration : 1 h 30

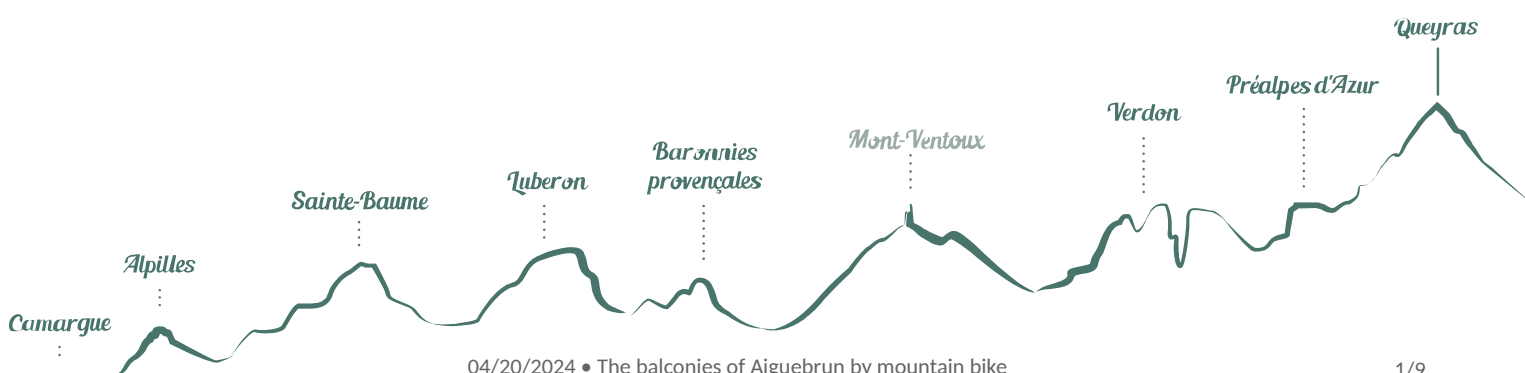
Length : 12.5 km

Trek ascent : 200 m

Difficulty : Very easy

Type : Boucle

Themes : Heritage and history



# Trek

Departure : Car park of the village, Buoux

Arrival : Car park of the village, Buoux

Markings :  GR®  GRP®  Non balisé  PR  VTT

From the car park at the northern entrance of the village, go right on D113 and turn left. Outside the town hall, turn right and climb the steep narrow road. Pass a hairpin turn and reach the plateau. In front of the Sainte-Marie chapel adjoining the cemetery, continue on the track to the right (GR®)). After a large field, take a quick left and hurtle down the slope to the farm of Jas (be careful!). Turn left along the small road, go through the farm and continue for 300m.

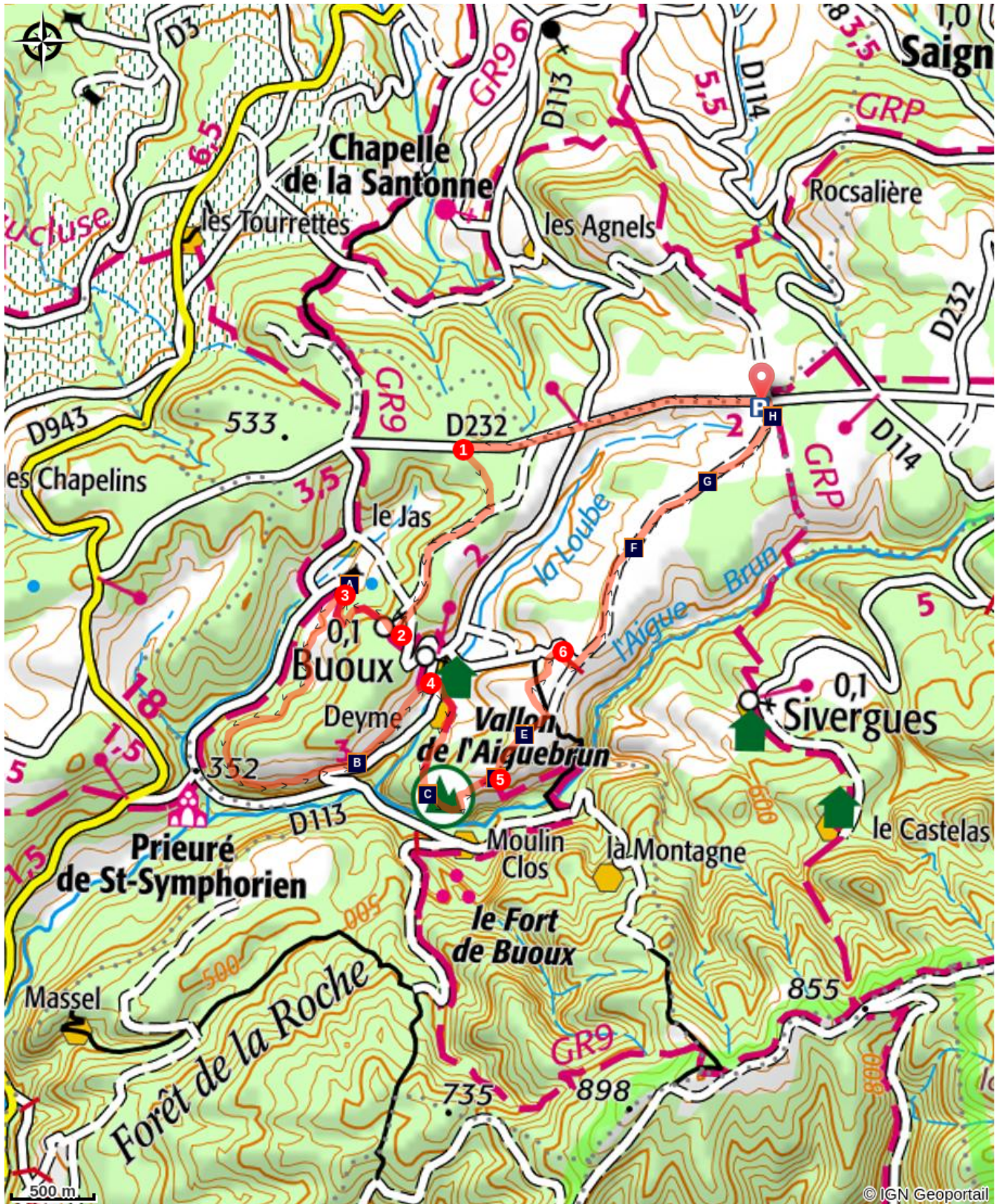
**1** - At the crossroads "Petit Auron", follow the road to the left, cross the bridge and turn left on the path that accesses the Château de l'Environnement. When arriving at the first buildings, turn right and walk the dirt road. At the next intersection (cross), continue straight on the shaded path. Continue the Chemin des Escoufines until Buoux by going around the hill.









**2** - Coming out on the D113, take the road across over 30m and at the corner of the inn, go down the path to the right. Come out on the D113 (traffic!), cross the bridge and go left until the hamlet of Deyme. Continue on the dirt road, then rise slowly towards the plateau.

**3** - At the crossroads "Les Ramades", continue straight first, and after a round trip of 300m, it's possible to reach the beautiful view of the cliff edge. Pass along the truffle fields, turn left in front of a house and 200m further, take the right track. At the crossroads "Chante Duc", turn left, hurtle down the 3 hairpin turns of the small road and reach Buoux nestled a little lower.



# On your path...



- |  |   |
|--|---|
|  The Castle of the environment (A)         |  Aiguebrun, so irrational! (B) |
|  Tree sheds (C)                            |  The fort of Buoux (D)         |
|  Truffle in the Luberon (E)                |  Lavender or lavandin? (F)     |
|  Stones, a true nightmare for farmers! (G) |  The Claparès plateau (H)      |

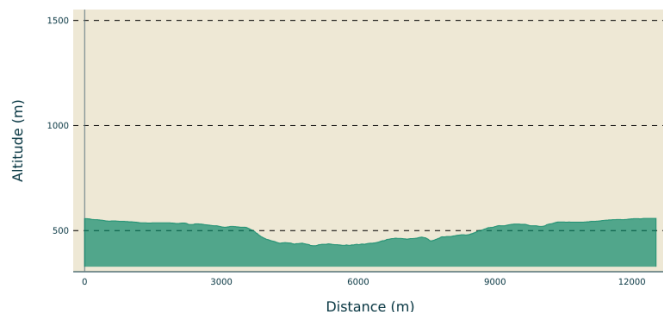


# All useful information

## ⚠️ **AdVICES**

- Après le point 2 : PRUDENCE dans la partie la plus technique du circuit ! La section amont de la descente ravinée par les orages est caillouteuse et jonchée de racines, puis la section aval, plus roulante, est agrémentée de deux marches qu'il convient de négocier avec sagesse. # VARIANTE : possibilité d'éviter cette descente technique de la Chapelle Sainte-Marie, en dévalant directement du point 2 au point 4 par la petite route revêtue qui plonge sur le village de Buoux.
- Point 3 : ATTENTION ZONE PASTORALE à proximité et alentours de la ferme du Jas. En présence de chiens de protection venus à ma rencontre, je ne les caresse pas ni ne les menace. Je m'arrête, puis j'attends patiemment la fin du "contrôle" avant de reprendre calmement mon chemin en contournant le plus possible le troupeau. De préférence, ne pas emmener son chien et, sinon, bien le tenir en laisse.
- ATTENTION : bien maîtriser sa vitesse en descente ; vous n'êtes pas seul sur ces sentiers !
- Vigilance aux carrefours pour bien suivre votre itinéraire, car le circuit VTT balisé n°60 au départ d'Apt, emprunte une grande partie également de ce circuit VTT n°59 (+ d'info sur l'[espace VTT-FFC Provence Luberon Lure](#)).

## Altimetric profile



Min elevation 428 m  
Max elevation 558 m

## Access

At 8km south of Apt by the D113 and 12km north of Lourmarin by the D943 and D113.

## Advised parking

car park at the entrance of the village

## Information desks

House of the Luberon Regional Nature Park



60, place Jean Jaurès, 84400 Apt

[accueil@parcduluberon.fr](mailto:accueil@parcduluberon.fr)

Tel : +33 (0)4 90 04 42 00

<https://www.parcduluberon.fr/>

OTI Pays d'Apt Luberon

788 avenue Victor Hugo, 84400 Apt

[oti@paysapt-luberon.fr](mailto:oti@paysapt-luberon.fr)

Tel : +33 (0)4 90 74 03 18

<http://www.luberon-apt.fr/>

Vélo Loisir Provence

[info@veloloisirprovence.com](mailto:info@veloloisirprovence.com)

Tel : +33 (0)4 90 76 48 05

<https://www.veloloisirprovence.com/>

# On your path...

---



## The Castle of the environment (A)

The Château de Buoux, of medieval origin (12th and 13th centuries), is now an educational centre of the Luberon Regional Nature Park.

Attribution : ©Jérémie Haye - PNR Luberon

---



## Aiguebrun, so irrational! (B)

The Aiguebrun takes its source of the north side of the Luberon to flow into the Durance on the south side! Three explanations to this illogical route: 1) The weakened zone, faulted and collapsed between Grand and Petit Luberon will collect run-off waters to the south. 2) The Luberon mountain, by rising, caused the depression of the river that was already there (antecedence phenomenon). 3) The drying up of the Mediterranean Sea, about 6 million years ago, will further accentuate this depression.

Attribution : ©Pierre Duret

---



## Tree sheds (C)

With their straight bills, woodpeckers drill through tree barks for nesting purposes or for extracting wood-eating insects (woodborers). In the Luberon, the Great Spotted Woodpecker (black, white with red dots) mixes with the Lesser Spotted Woodpecker (smaller with less red), the European green woodpecker and the Black Woodpecker (rarer, resembles a crow with a red cap). True social housings for insects and bats, these older trees host a multitude of inhabitants in woodpecker holes, the cracks of branches, under the ivy...

Attribution : ©Laurent Michel - PNR Luberon

---



## The fort of Buoux (D)

Across, on its rocky spur, the Fort of Buoux has been, for a very long time, the cornerstone of the defence system of all communication through the Luberon. Occupied since prehistoric times, it was fortified in the Middle Ages. Never stormed, it sheltered a garrison and civilians until it was dismantled on order of Louis XIV in 1660, to prevent it from falling completely into the hands of Protestants during the religious wars.

Attribution : ©Stéphane Legal - PNR Luberon

---



## Truffle in the Luberon (E)

Truffle, "Rabasso" in Provençal, is a fungus that lives on the roots of holm oaks, white oaks but also Aleppo pines... It was a farmer from Saint Saturnin-les-Apt, not far from there, who started the cultivation of truffles by transplanting oak trees known to host truffles in their root system. In winter, truffle hunters and their dog go out in search of the famous "black diamond".». The Vaucluse department is all the same the first French producer and Provence produces more than three-quarters of the national production.

Attribution : ©OTI Luberon Sud Tourisme



## Lavender or lavandin? (F)

Spike Lavender (commonly known as French Lavender) (*Lavandula latifolia*), with broad white leaves, is a Mediterranean plant. The English lavender (*Lavandula angustifolia*) with narrow leaves, is more of a mountainous plant (up to 1500m). Although the English lavender is sometimes cultivated in the mountains, it is usually the Lavandin, a hybrid of the two species and more productive, that we see in the fields. Warning, these crops are the result of hard farm work, please do not pick!

Attribution : ©PNR Luberon



## Stones, a true nightmare for farmers! (G)

The small stone huts or bories you see everywhere in the Luberon were built with stones extracted from the fields by the farmers at the time. Today it is still the same problem for farmers of the Luberon, who have to clear their fields of stones several times a year. And even if the sale of stones allows them to earn some money, these stones are a scourge for agricultural equipment, breakage and wear being common.!

Attribution : ©Magali Amir



## The Claparèdes plateau (H)

The name Claparèdes comes from "clapas" which means "pile of rocks" in Provençal. Many dry stone huts are on this plateau which goes from Castellet to Lacoste on about 10km. An old cereal land, the cultivation of lavender is now the most widespread on the plateau.

Attribution : Eric Garnier - PNR Luberon



- En aucun cas les auteurs des contenus de ce site ne sauraient être tenus pour responsables de problèmes ou d'accidents sur les itinéraires cités.
- Cependant, nous comptons sur vous pour signaler toutes contradictions importantes entre cette fiche et le terrain.
- Pensez également à signaler les éventuels problèmes rencontrés pendant votre balade sur <http://sentinelles.sportsdenature.fr> (erreur de balisage, panneau défectueux, pollution, conflit d'usages...).
- La vente de cette fiche est autorisée au coût d'impression.
- Ne pas jeter dans la nature.

L'outil Geotrek a été financé par l'Union européenne, le Parc national des Ecrins et le Parc national du Mercantour.

Le projet Chemins des Parcs est financé par la Région Provence-Alpes-Côte-d'Azur et les Parcs naturels régionaux des Alpilles, de Camargue, du Luberon, du Queyras et du Verdon.

Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

- The authors of this website will in no case be held responsible for problems or accidents on the routes mentioned.
- We count on you to point out any inconsistency between this content and the field itineraries
- Please report any problems encountered on the routes (route marking problems, defective panels, pollution, conflict of uses ...) on <http://sentinelles.sportsdenature.fr>
- The sale of this sheet is authorized at the cost of printing
- Please don't litter

The Geotrek tool was funded by the European Union, the Ecrins National Park and the Mercantour National Park.

The Chemins des Parcs project is funded by the Provence-Alpes-Côte-d'Azur Region and the regional nature parks of Alpilles, Camargue, Luberon, Queyras and the Verdon.

This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.



[www.cheminsdesparcs.fr](http://www.cheminsdesparcs.fr)

*Tours et détours dans les Parcs naturels régionaux  
de Provence-Alpes-Côte d'Azur*

Avec le soutien de

