

The peak of Mount Crémon

Saint-Julien-du-Verdon



Le Crémon (Stefano Blanc - PNR Verdon)

Breathtaking view of Lake Castillon.

Early morning on a clear day, you can see from the top of Mount Cremon (1760m) Corsica, the gap from the Gorges of Verdon in the southwest and Mount Chiran with the observatory of Haute-Provence in the west.

Useful information

Practice : WALKING

Duration : 5 h

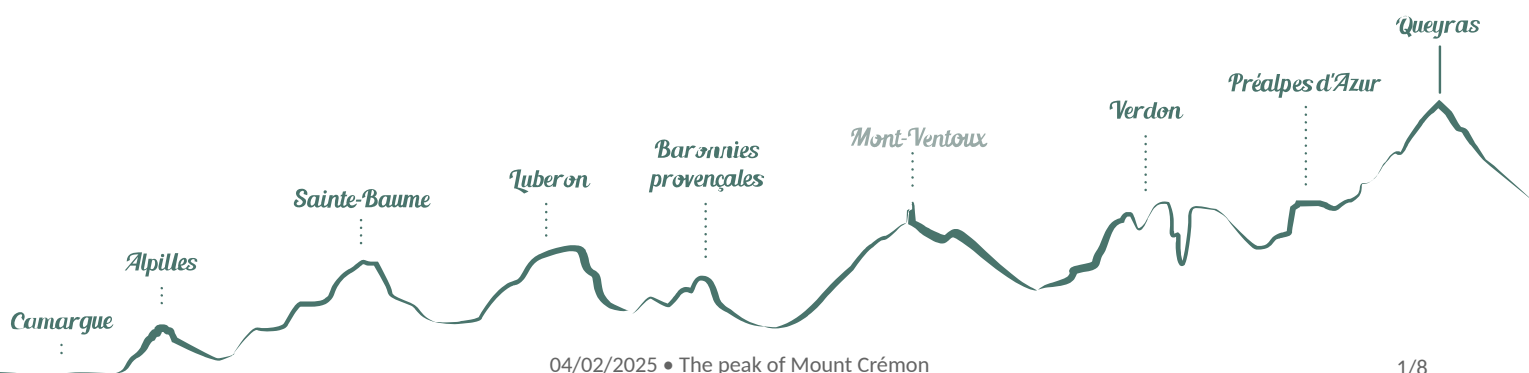
Length : 13.9 km

Trek ascent : 912 m

Difficulty : Difficult

Type : Aller-retour

Themes : A lookout, a viewpoint,
Geology, Peak



Trek

Departure : Picnic area D955, Saint Julien du Verdon

Arrival : Picnic area D955, Saint Julien du Verdon

Markings :  PR

1 - Take the trail rising above the road heading to Mount Crémon, across the picnic area. When coming out on a track, follow it at the rise, following a hairpin bend to the right. After 100m, take the left path. stroll under the pines and reach the track again (cross it). Then the climb becomes less steep. Follow the track under the larches and reach a large flat area at the border between the sunny and shaded slopes (a spring below, behind the slope of the track).

2 - Follow the track across for 50m, then exit it to the left and take a trail rising regularly in the slope parallel to the track. After crossing two ravines and following some hairpin bends, come out on the Demandolx mountain pass at 1.5km.


3 - At the mountain pass, follow the trail to the left for 1 km / less than a mile. Then leave it when reaching the right slope. Stroll along the route which remains flat for a good while. Reach the ridge of Mount Crémon.

4 - Leave the main trail and turn right onto a narrow path. Follow the route through the ridge and climb to the top. Perform the last 400m of vertical drop first in the undergrowth and then in the pastures. To the top of Mount Cremon at the mountain pass cycling milestone (1760m).

5 - The same route is used for the return.

On your path...



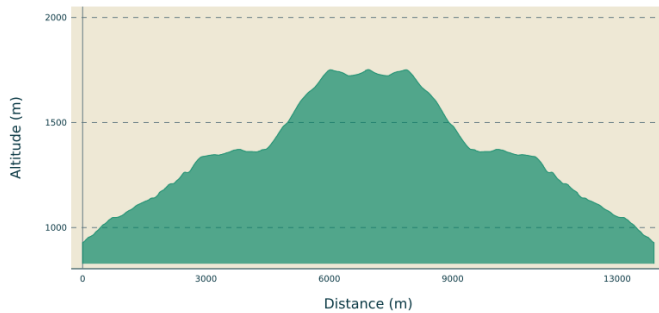
 Saint Julien du Verdon (A)

All useful information

Advices

Avoid high summer temperatures, leave early. We recommend: 2L of water per person, a hat and proper hiking shoes. An abyss at the ridge of the western slope.

Altimetric profile



Min elevation 928 m
Max elevation 1752 m

Transports

Limitons les déplacements en voiture, pensons aux transports en commun et au covoiturage.
Tous les transports en commun sur www.pacamobilite.fr

Access

At 1.5km south of St-Julien-du-Verdon, along the D955 (Castellane road), picnic area

Information desks

House of the Verdon Regional Nature Park



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On your path...



Saint Julien du Verdon (A)

The contemporary village of Saint-Julien is located only 9km from the capital city of Suetrii called Ducelia, then Salinae, the ancient city of Castellane. An ancient pre-Roman road linking Cimiez to Riez via Annot and Entrevaux crossed the lower area of the town, now submerged under the waters of the lake. The section linking Vergons (capital of Vergunii) to Castellane crossed the Verdon, between Saint-Julien and Castillon, with a bridge strangely named the Julien bridge.

Attribution : Stefano Blanc - PNR Verdon



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L'outil Geotrek a été financé par l'Union européenne, le Parc national des Ecrins et le Parc national du Mercantour.

Le projet Chemins des Parcs est financé par la Région Provence-Alpes-Côte-d'Azur et les Parcs naturels régionaux des Alpilles, de Camargue, du Luberon, du Queyras et du Verdon.

Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

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The Geotrek tool was funded by the European Union, the Ecrins National Park and the Mercantour National Park.

The Chemins des Parcs project is funded by the Provence-Alpes-Côte-d'Azur Region and the regional nature parks of Alpilles, Camargue, Luberon, Queyras and the Verdon.

This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.

www.cheminsdesparcs.fr

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