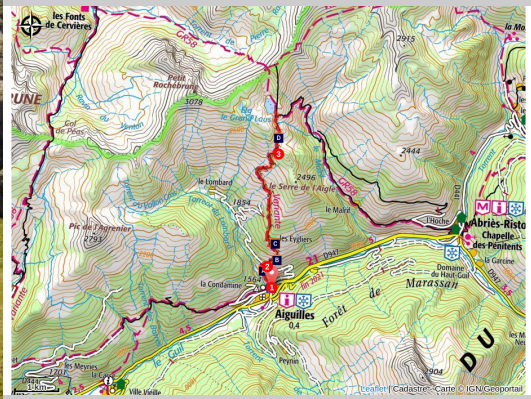


Malrif lakes

Aiguilles



Le grand Laus vue depuis le col du Malrif (Luc Soulié)

*Beautiful views for these three lakes
each offering everyone their own
atmosphere*

Three lakes for three atmospheres, the first, the Grand Laus is a prerequisite of the GR58, it offers panoramic views of Mount Viso. The second, Lake Mezan is smaller and much friendlier. The greenery and the cottongrass around it give a feeling of comfort and flexibility. And finally the Petit Laus, the smallest, is characterized by an alpine and mineral environment.

Useful information

Practice : WALKING

Duration : 6 h

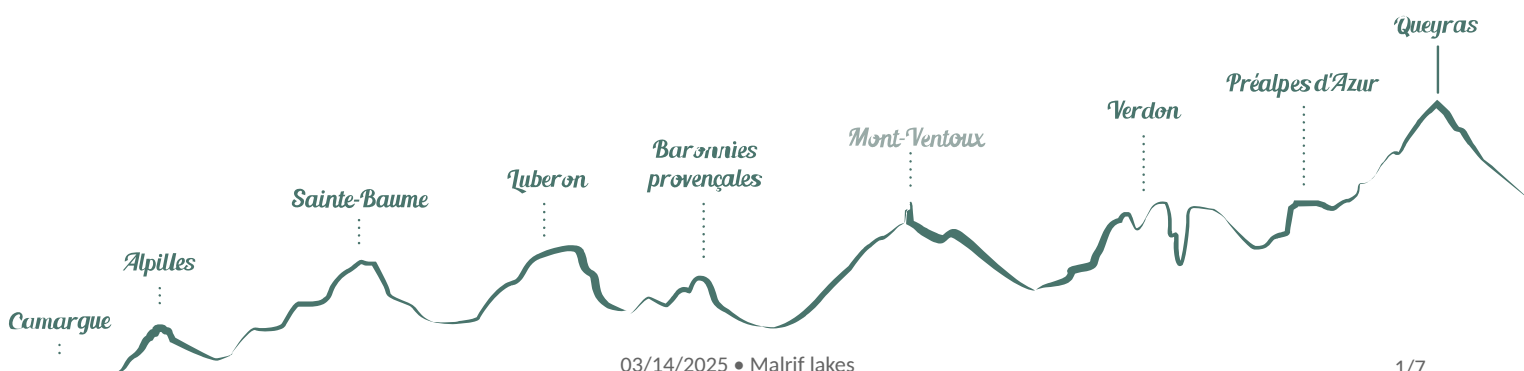
Length : 12.1 km

Trek ascent : 1105 m

Difficulty : Medium

Type : Aller-retour

Themes : A lookout, a viewpoint, Fauna



Trek

Departure : Aiguilles

Arrival : Aiguilles

Markings :  GR®

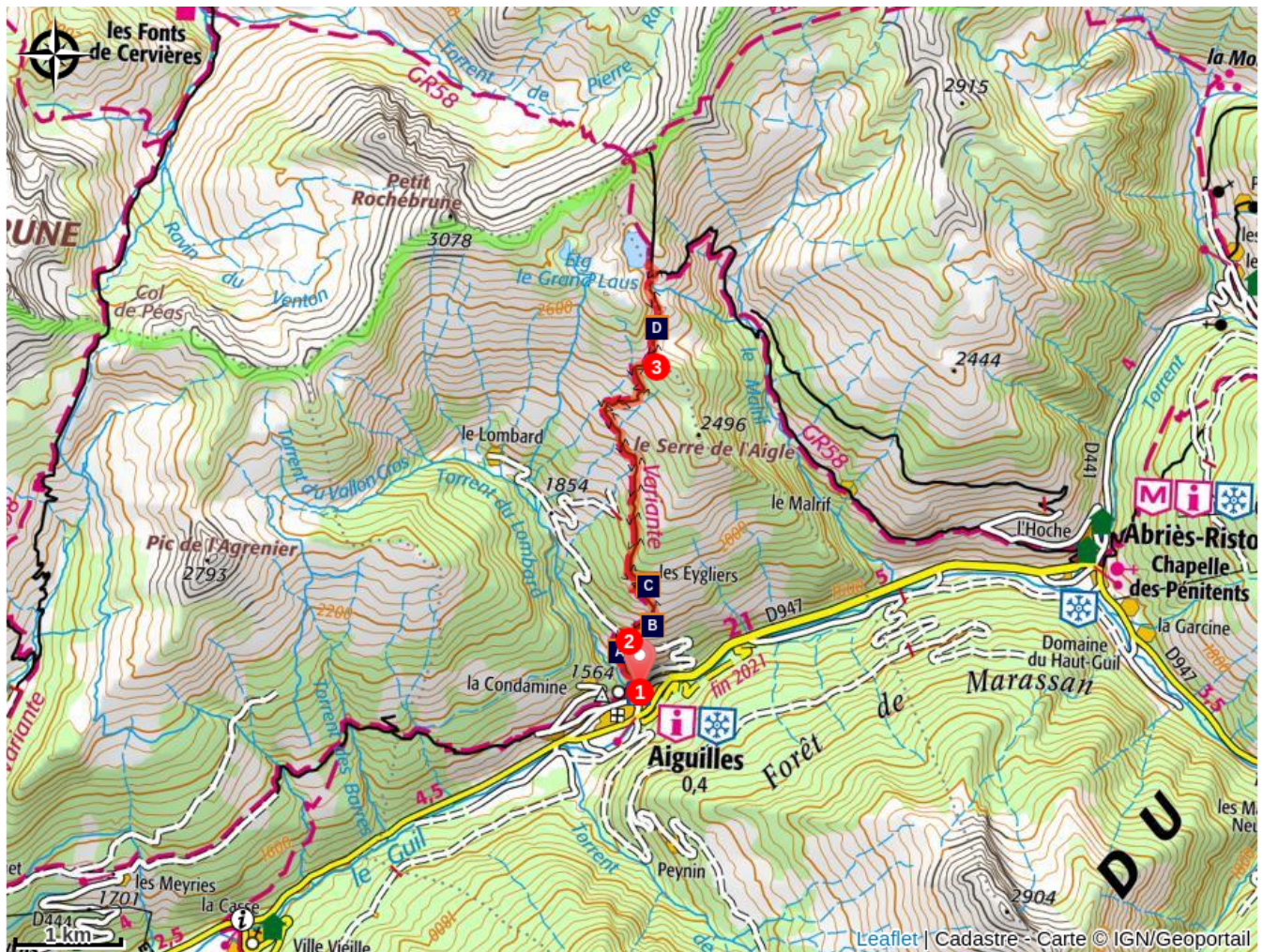
From the top of the car park, turn right and cross a bridge.

1 - Go left between the houses and leave the village. Take the left path and continue on the main road until you reach a house. Cross the road to access the house and go up a steep path for a few metres before reaching a track.

2 - Turn left on the track and a fast right onto a path. Move up the curves, leave the ruins of Eygliers on the right and continue the ascent. Cross a track and a path, keep climbing until you reach the crest of the Serre de l'Aigle.

3 - Pass through the valley of Malrif, turn left on the levelled path at the beginning and at the ascent to reach the end which leads to the first of the lakes of Malrif: Grand Laus (many cattle tracks make orientation a little difficult to follow the red and white marks of the GR). When reaching this first lake, turn left to reach the other two. The same route is used for the return.

On your path...



Pastoralism and biodiversity (A)



The Saint Louis Chapel (C)



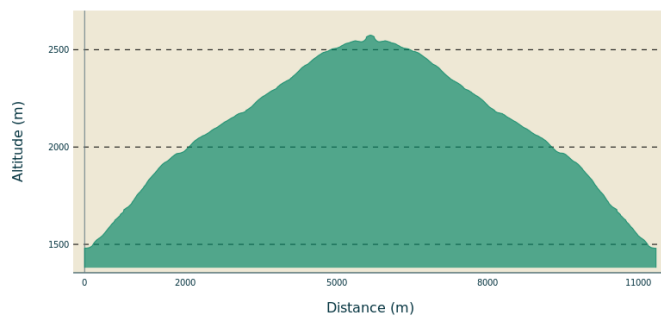
The Guil valley (B)



Chamois (D)

All useful information

Altimetric profile



Min elevation 1480 m
Max elevation 2575 m

Transports

05 Voyageur: 04 92 502 505 Tourist Office of Queyras: 04 92 46 76 18

Access

Go through Aiguilles by the D 947 until crossing the bridge over the stream of Lombard. Turn left and go to the village. Take the first road to the left and go back across the Lombard. The car park is right after the bridge, on the right.

Advised parking

Parking du Bourg, rive droite du torrent du Lombard, dans le centre du village d'Aiguilles

Information desks

House of the Queyras Regional Nature Park



3580 Route de l'Izoard, 05350 Arvieux

pnrq@pnr-queyras.fr

Tel : +33 (0)4 92 46 88 20

<http://www.pnr-queyras.fr/>

OTI du Guillestrois et du Queyras

Maison du Tourisme du Queyras, 05350 Château-Ville-Vieille

info@guillestroisqueyras.com

Tel : +33 (0)4 92 46 76 18

<http://www.guillestroisqueyras.com>

On your path...



Pastoralism and biodiversity (A)

Sheeps play a key role in maintaining the biodiversity. Indeed, the landscapes have been shaped by their presence and their needs in grazing areas and in mowing meadows. The environment has gradually evolved, the large forests have lost in land by giving way to grasslands and biodiversities. Today, without pastoralism, the areas tend to close up and lose their diversity. Careful, excessive exploitation also causes a decrease in biodiversity. A good organization of pastures requires regular monitoring and respecting the life cycle of plants.

Attribution : Benjamin Musella - PNR Queyras



The Guil valley (B)

From the slope, the view opens up to the lower valley of the Guil. To the left we see the snow-covered Roche des Clots and following on is the Sommet Bucher. At the back, the Point de la Saume and the Pic d'Escreins are also visible.

Attribution : B. Musella - Parc naturel régional du Queyras



The Saint Louis Chapel (C)

Following the donation of Louis XIV to embed Catholicism in the Queyras, several chapels were built. They are all built in the same style: the bell tower is built into a wall, the choir is to the east. They are built on an elongated ground plan, with an A-frame roof in schist.

Attribution : Benjamin Musella - PNR Queyras



Chamois (D)

In spring, the chamois leave the forest which fed and protected them during the winter. Little by little, they go in search of the first tufts of grass. The males find their solitary life they will lead until the rutting (early November). As for the females, they isolate themselves in June to give birth. They prefer ridges and steep and difficult places of access where predators will have a hard time getting to. After a week, the female and the kid join the herd.

Attribution : Alain Bloc - PNR Queyras



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Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

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This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.

www.cheminsdesparcs.fr

*Tours et détours dans les Parcs naturels régionaux
de Provence-Alpes-Côte d'Azur*

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