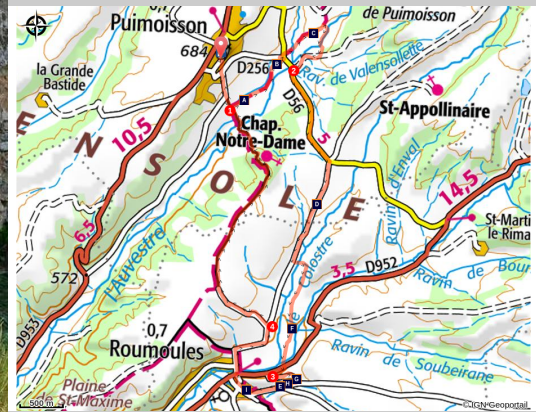


Mountain Biking Plateau Cabins

Puimoisson



Cabanon à l'abandon (Velo Loisir Provence)

On this walk you will discover cabins in the middle, fields of lavender, wheat, canola, and sunflower.

With a harmonious succession of stony roads, rolling trails, and quiet roads, discover the rich heritage of the Plateau de Valensole. Nestled amidst fields of wheat and lavender, cabins, and pigeon lofts dotting your way and offering you some shaded breaks. Sheltered from the traffic, decorated with superb panoramas, these routes invite you to take calm walks, nose in the air and a bounce in your step.

Useful information

Practice : MOUNTAIN BIKE

Duration : 3 h

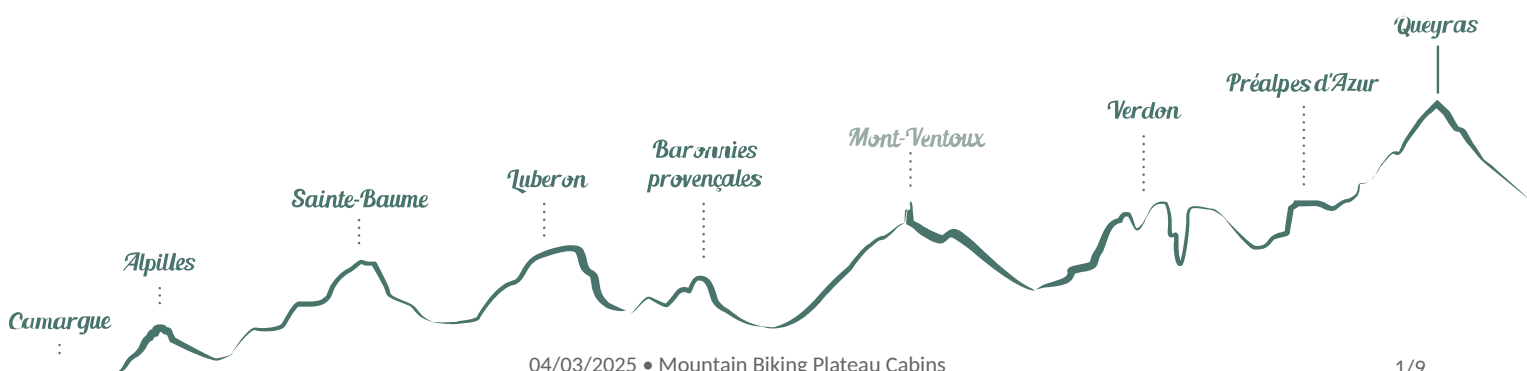
Length : 14.0 km

Trek ascent : 304 m

Difficulty : Easy

Type : Boucle

Themes : Heritage and history



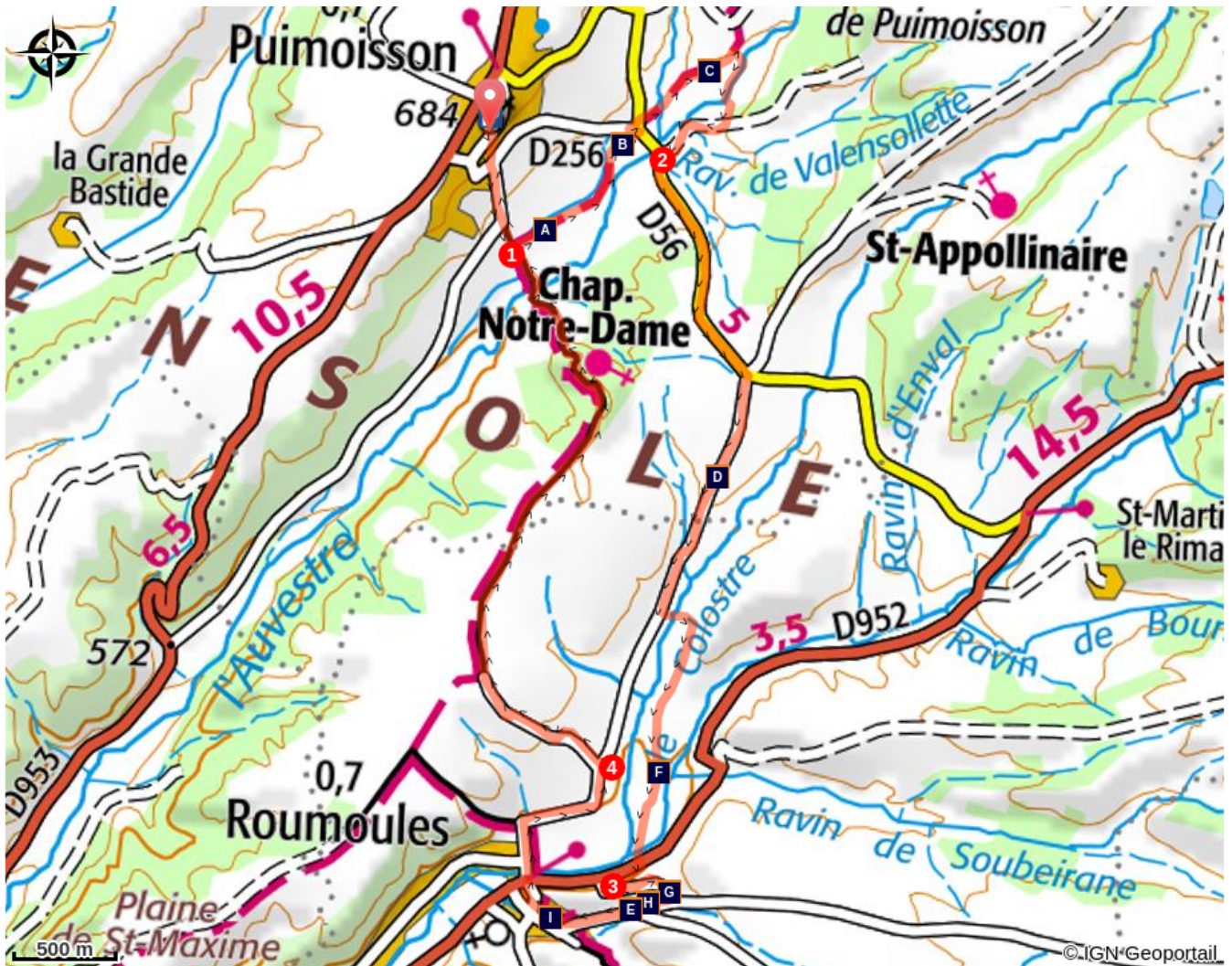
Trek










Departure : Puimoisson

Arrival : Puimoisson

The beginning of the path is the same as for loop 1, only the way back differs. From the junction, take direction Puimoisson indicated by a hiking sign. Circulating on a rolling trail allowing you to admire a clear landscape, in front of the crest of Montdenier. When you reach a fork, turn left to find the Notre-Dame chapel, in the heart of an oak forest. Go down again to the foot of Puimoisson using a cobble path (be careful!), Where a last effort is necessary to reach the village. Upstream of the fork which leads to the Chapel, a variant is possible (right) to reach the road.

On your path...



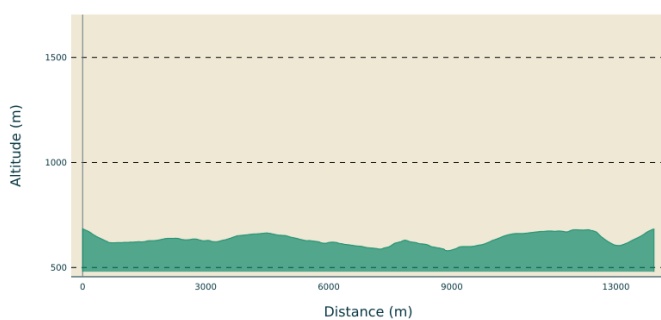
- | | |
|---|--|
|  The cabin in the field of the courtyard (A) |  The cabin of Ferrayes (B) |
|  The cabin of Envalenc (C) |  The dovecote of Beines (D) |
|  The covered well (E) |  The cabin of Carles (F) |
|  The dovecote on the road to Saint-Blaise (G) |  The cabin in the Saint-Blaise path (H) |
|  The flight grid (I) | |

All useful information

Advices

On the roads, follow the rules and be careful at intersections. - Do not attempt to enter the huts, they are private property! Be careful as you approach, some cabins can be dangerous (falling stones, snakes, & hellip;) - Be careful in the hot summer temperatures: take water in quantity and follow picnic tips: use of an ATV is recommended. Make sure you have all the necessary accessories/ equipment for a good hike: helmets, repair tools, air pump, anti-theft, maps, sunscreen.

Altimetric profile



Min elevation 580 m
Max elevation 684 m

Transports

Limitons les déplacements en voiture, pensons aux transports en commun et au covoiturage.
Tous les transports en commun sur www.pacamobilite.fr

Access

A 6,50 km au nord-est de Riez, par la D953.

Information desks

House of the Verdon Regional Nature Park



Domaine de Valx, 04360 Moustiers-Sainte-Marie

info@parcduverdon.fr

Tel : +33 (0)4 92 74 68 00

<http://www.parcduverdon.fr/>

OT Gréoux-les-Bains

7 place de l'hôtel de ville, 04800 Gréoux-les-Bains

greouxlesbains@tourisme-dlva.fr

Tel : +33 (0)4 92 78 01 08

<http://www.greoux-les-bains.com/greoux-les-bains/fr/40/office-de-tourisme.html>

OT Riez

Allées Louis Gardiol, 04500 Riez

tourisme.riez@wanadoo.fr

Tel : +33 (0)4 92 77 99 09

<http://www.ville-riez.fr/>

On your path...



The cabin in the field of the courtyard (A)

6 / This building, notable for the presence of a cypress, has a living room upstairs where the owner can warm up by the fireplace.

Attribution : ©Stefano Blanc - PNR Verdon



The cabin of Ferrayes (B)

8 / This cabin, which is very run down, allows visitors to see the material used: The pebbles, typical of Valensole, were filled with a mortar of lime before being covered with a protective lime coating.

Attribution : Gwenael Saby - PNR Verdon



The cabin of Envalenc (C)

9 / Metal plates are visible in each corner of the building. Smooth and slippery, they keep away predators, preventing them from holding on.

Attribution : Marjorie Salvarelli - PNR Verdon



The dovecote of Beines (D)

10 / The cone-shaped loft can be seen in the distance. Traces of a stone cornice remain, delimiting the old roof with a double offset.

Attribution : Marjorie Salvarelli - PNR Verdon



The covered well (E)

14 / Near the river, a covered well alongside the entrance to the remarkably restored shed.

Attribution : Marjorie Salvarelli - PNR Verdon



The cabin of Carles (F)

11 / Turn left and in 200m you will discover the cabin of Carles. Note the aesthetics of the Génoise tiling, which has two rows of tiles with rounded corners marrying the gable wall.

Attribution : Marjorie Salvarelli - PNR Verdon



The dovecote on the road to Saint-Blaise (G)

12 / Notice the frame of the window: It is made by the stack of solid bricks, cut with a notch which forms the rabbet. When better plastered, the shutters are more effective during windy days. Before the putlogs collapsed, you could still see a date inscribed in plaster: 1857.

Attribution : Marjorie Salvarelli - PNR Verdon



The cabin in the Saint-Blaise path (H)

13 / The cabin houses the gardening tools. Note the presence of an arbor supporting two vines.

Attribution : Marjorie Salvarelli - PNR Verdon



The flight grid (I)

15 / In front of the parking lot, there is hidden grid off behind a plane tree. It indicates a construction date "1847", the initials "LC", all decorated with trefoil hearts.

Attribution : Marjorie Salvarelli - PNR Verdon



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L'outil Geotrek a été financé par l'Union européenne, le Parc national des Ecrins et le Parc national du Mercantour.

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Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

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- Please don't litter

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This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.

www.cheminsdesparcs.fr

*Tours et détours dans les Parcs naturels régionaux
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