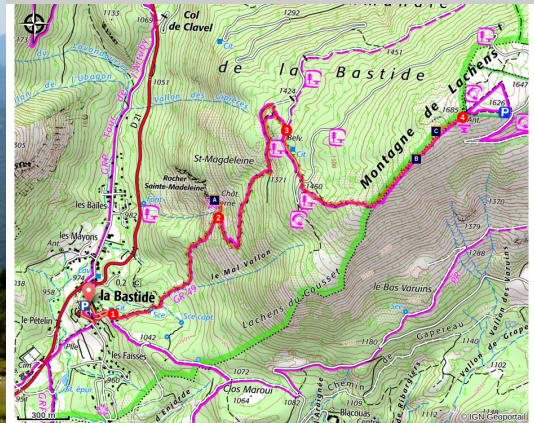


The peak of the Lachens Mountain

La Bastide



Montagne du Lachens (Stefano Blanc - PNR Verdon)

Conquering the highest peak in the Var the Lachens mountain With its ruined Castrum of Sainte-Madeleine and panoramas of endless views.

This athletic trek will make you want to reach for the sky while taking you to heights allowing you to contemplate exceptional panoramas. On this route you will see the pine forests, the flora of Haute-Provence and perhaps at the top, sheep herds grazing. At the top of Mount Lachens, Var's highest peak (1 715m); panoramic views of the Mediterranean Sea to the Alps. You will find a viewpoint allowing you to identify the main peaks of Provence.

Useful information

Practice : WALKING

Duration : 5 h

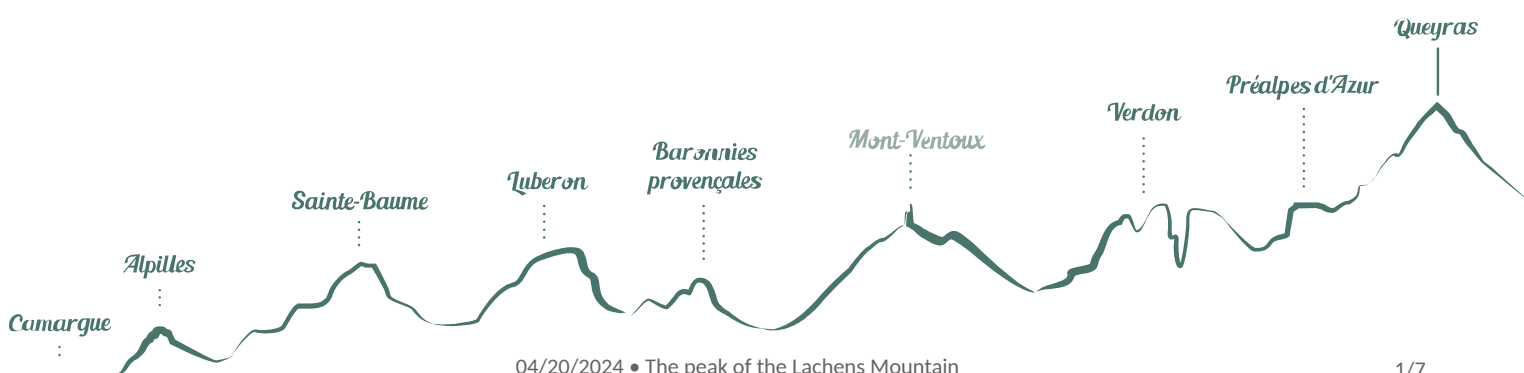
Length : 9.2 km

Trek ascent : 710 m

Difficulty : Difficult

Type : Aller-retour

Themes : A lookout, a viewpoint, Flora, Heritage and history, Peak



Trek

Departure : Place de l'église, La Bastide

Arrival : Place de l'église, La Bastide

Markings :  GR®  PR local

From the church square, go up the lane "Chemin de l'Aire" by following the markings of the GR49 (white and red marking). To the top of the village, at the end of the paved section, at 300m.

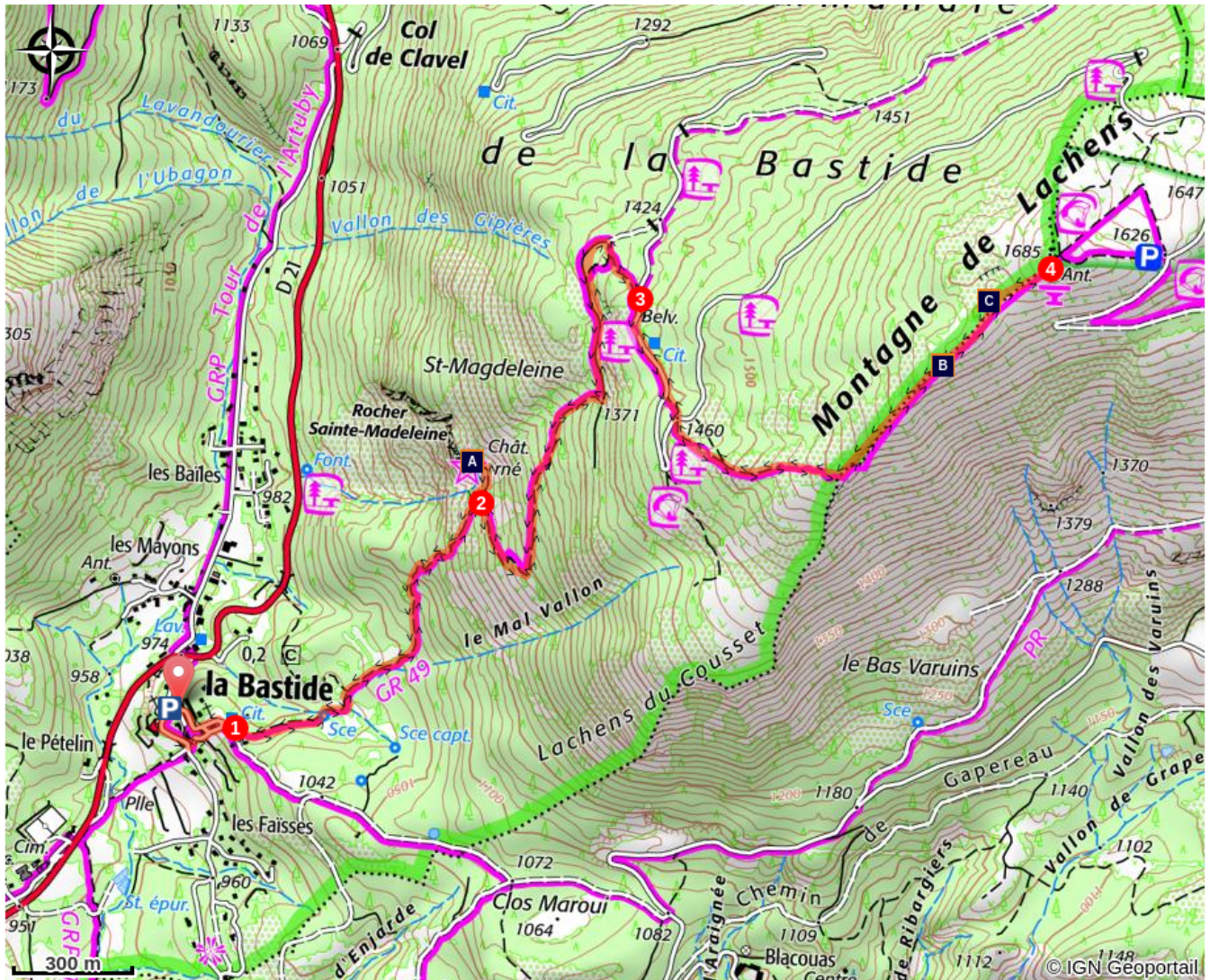
1 - Leave the GR and follow the path going left towards the top of Mount Lachens. Walk on the shaded path (light blue marking of the local RP), along the stone walls to the clearing. Leave it on the right and continue up the main road on the left towards the Ste-Madeleine rock (steep climb!). Quickly take the well-marked trail under the pine trees and exit the woods a little before the rock. Walk again under the pine trees and at a crossroads, reach the route leading to the top of Mount Lachens.



2 - Do not take the trail leading to the ruins of the castle (300m round trip) on the left and continue on the route marked in blue on the right. The winding trail rises above the plain of the Bruyère then rapidly goes into the woods, among boxwood, brooms (plants) and scots pines, until reaching a track (some steep sections!). Continue on this track 500m after passing a collar and just before a corner, take the poorly outlined path marked in blue, going up on the right. Reach further up the path leading to the peak of Mount Lachens


3 - Follow the road (white and red markings). Pass over a picnic area in front of a tank and take the path cutting the corner. Cross the road and continue up the path. Near the forest, continue the route on the ridge of Mount Lachens amid pastures and limestone pavements. Follow the ridge to the viewpoint.

4 - The tour ends at the top located at 1 685m, just opposite the peak of Mount Lachens (1 715m). The same route is used for the return.

On your path...



-  Sainte-Madeleine Castrum (A)
-  In the moon (C)

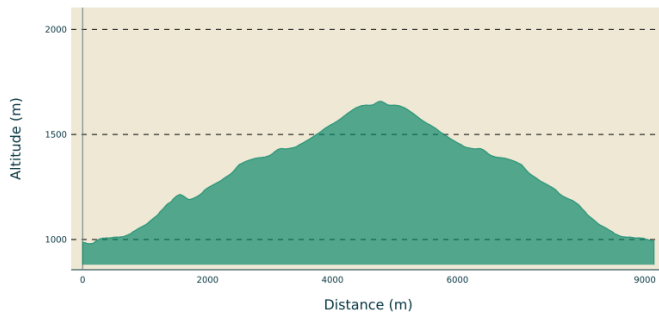
-  A flock of sheep on Mount Lachens (B)

All useful information

AdVICES

Eviter les fortes chaleurs estivales, partir tôt. Prévoir : 2L d'eau par personne, un chapeau et des chaussures de randonnée. Saisons privilégiées : été, printemps, automne. Ne dérangez pas les moutons habitués à la tranquillité de ces montagnes.

Altimetric profile



Min elevation 980 m
Max elevation 1658 m

Access

Route from the village of La Bastide.

Advised parking

A coté de l'église du village La Bastide

Information desks

House of the Verdon Regional Nature Park



Domaine de Valx, 04360 Moustiers-Sainte-Marie

info@parcduverdon.fr

Tel : +33 (0)4 92 74 68 00

<http://www.parcduverdon.fr/>

On your path...



Sainte-Madeleine Castrum (A)

Hanging on the western slope of Mount Lachens stands the rock of Sainte-Madeleine. This rocky peak is covered by almost inaccessible ruins which were once a castrum, built in the 11th century. This is all that remains of the original village, besieged in the 14th century by Raymond de Turenne and destroyed during the religious wars. The residents have then decided to descend into the plain to create the municipalities of La Bastide and La Roque-Esclapon.

Attribution : Annie Robert - PNR Verdon



A flock of sheep on Mount Lachens (B)

Sheep farming is still very present in Artuby and helps to maintain the landscape. You will definitely come across the flock while at the top of Mount Lachens.

Attribution : Stefano Blanc - PNR Verdon



In the moon (C)

Less than 1% of the surface of the Var exceeds 1500m. With its 1713m, Mount Lachens therefore has a dual climate originality. The first mountainous area to intercept depressions coming from the Gulf of Genoa, it is much wetter than the rest of the department, which enables, combined with low temperatures due to the altitude, the development of a remarkable mountain flora. This is how we are able to find the moonwort in the lawn which covers the top of Mount Lachens.

Attribution : Dominique Chavy - PNR Verdon



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- Cependant, nous comptons sur vous pour signaler toutes contradictions importantes entre cette fiche et le terrain.
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L'outil Geotrek a été financé par l'Union européenne, le Parc national des Ecrins et le Parc national du Mercantour.

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Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

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This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.

www.cheminsdesparcs.fr

*Tours et détours dans les Parcs naturels régionaux
de Provence-Alpes-Côte d'Azur*

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